



PONNAIYAH RAMAJAYAM INSTITUTE OF SCIENCE & TECHNOLOGY (PRIST)

Declared as DEEMED-TO-BE-UNIVERSITY
U/s 3 of UGC Act, 1956

3.6.2: Number of extension and outreach programs conducted by the institution through organized forums like NSS/NCC with involvement of community year wise during the last five years

Geo-tagged Photographs and other supporting documents



**PONNAIYAH RAMAJAYAM INSTITUTE OF
SCIENCE & TECHNOLOGY (PRIST)**

Declared as DEEMED-TO-BE-UNIVERSITY
U/s 3 of UGC Act, 1956



**EXTENSION AND OUTREACH PROGRAMMES
CONDUCTED THROUGH**

NATIONAL SERVICE SCHEME

**PONNAIYAH RAMAJAYAM INSTITUTE OF SCIENCE &
TECHNOLOGY (PRIST) DEEMED UNIVERSITY**

**LIST OF ACTIVITIES
ACADEMIC YEAR
2022-2023**

NSS REGULAR ACTIVITY DETAILS

S.NO	PROGRAMME	DATE
1	BLOOD DONATION CAMP	03 rd June, 2022
2	INTERNATIONAL YOGA DAY	21 st June, 2022
3	BLOOD DONATION CAMP	26 th June 2022
4	VACCINATION CAMP AT VALLAM PUTHUR	15 th July 2022
5	DENTAL CAMP FOR SCHOOL STUDENTS	19 th July 2022
6	SWACHTA PAKHWADA ACTIVITIES	7 th Aug 2022
7	TREE PLANTATION ACTIVITY AT VILLAGE SCHOOLS	8 th Aug 2022
8	AWARENESS DAY AGAINST DRUG ABUSE	10 th Aug 2022
9	ENTREPRENEURSHIP DEVELOPMENT PROGRAM FOR VILLAGERS	16 th Aug 2022
10	ENTREPRENEURSHIP DEVELOPMENT PROGRAM FOR STUDENTS	15 th Sep 2022
11	MEEMDUM MANJAPAI AWARENESS PROGRAMME	19 th Sep 2022
12	BLOOD AWARENESS RALLY WALKATHAN	1 st Oct 2022
13	FREE EYE CAMP FOR SCHOOL STUDENT	5 th Oct 2022
14	HEALTH AND HYGIENE AWARENESS PROGRAMME	7 th Oct 2022
15	WOMEN AND CHILD WELFARE AND CYBER CRIME AWARENESS PROGRAMME (VIOLENCE AGAINSED WOMEN)	14 th Oct 2022
16	WORLD ETHICAL DAY	31 th Oct 2022
17	CANCER AWARENESS PROGRAMME	4 th Nov 2022
18	INTERNATIONAL DAY OF THE ELIMINATION OF VIOLENCE AGAINST WOMEN	25 th Nov 2022
19	LEPROSY ERADICATION AWARENESS PROGRAMME	29 th Nov 2022
20	SCHOOL RENOVATION WORK AT ADOPTED VILLAGE	1 st Dec 2022
21	AIDS AWERENESS PROGRAMME	14 th Dec 2022
22	VOTER AWARENESS RALLY	25 th Jan 2023
23	CELEBRATION OF INTERNATIONAL MOTHER LANGUAGE DAY	21 st Feb 2023

24	DENGUE AWARENESS PROGRAMME	23 rd Feb, 2023
25	FREE EYE CAMP FOR UNDER PRIVILEGED PEOPLE	23 rd Mar, 2023
26	VOTER'S AWARENESS PROGRAMME	24 th Mar, 2023
27	TUBERCLOSIS AWARENESS PROGRAMME	25 th Mar, 2023
28	ONE STUDENT-ONE TREE PROGRAMME	27 th Mar 2023
29	HEALTH AWARENESS PROGRAMS AND MEDICAL CAMP	28 th Mar 2023
30	SWACHTA BHARATH ACTIVITIES	15 th Apr 2023
31	GENERAL HEALTH CAMP FOR WOMEN	19 th Apr 2023

BLOOD DONATION CAMP

The National Service Scheme (NSS) of our University in associate with Thanjavur Raja Mirasudhar Hospital organized a Blood Donation program on 03.06.2022. Dr.Akilan Block medical Officer Vallam, Mr.Artheswaran Health Inspector, has inaugurated the event. Around 100 units of blood were collected in this blood donation event. Blood Donation Camp starts at 8 a.m. More than 150 volunteers of NSS participated in this mega event. Every donor was duly taken care of by the volunteers of the NSS group. All the donors were accompanied by the NSS volunteers to the refreshment, breakfast and awarded a blood donation certificate for donating blood and saving lives. The functioning of the camp went great by the sincere and disciplined efforts of the volunteers of each group present there and the event yet more exuberant.



NSS volunteers involved blood donating



பாராட்டுச் சான்றிதழ்

திரு / திருமதி / செல்வி அவர்கள் உயிருக்குப் போராடும் நோயாளிகளுக்கு உயிர் கொடுத்துதவும் வகையில், தானாகவே முன்வந்து நன்கொடையாக இரத்தத்தை அளித்துள்ளார், அவருடைய இந்தச் சிறந்த செயலினைப் போற்றும் விதத்தில் பாராட்டுச் சான்றிதழ் வழங்கப்படுகிறது.

இரத்தத்தை நன்கொடையாக வழங்குபவருக்கு, இதனால் எவ்வித தீங்கும் நேராது என்பதையும் பிறிதோர் உயிரைக் காப்பாற்றும் நற்பேறு பெற்றவர் ஆகிறார் என்பதையும் இவருடைய செயல் தெளிவாகப் புலப்படுத்துகிறது.

இவரது மானுடப்பணி மிகுந்த பாராட்டுக்குரியதாகும்.

Certificate of Appreciation

Thiru / Tmt. / Miss **N. E. JAAS** is awarded this certificate of honour with hearty congratulations and sincere appreciation for his / her voluntary blood donation in service to suffering patients.

He / she has rendered a splendid Social Service of High Order.

Grateful thanks are given for his/her noble gesture

BLOOD GROUP: B+ve

DONATED ON : 03 / 06 / 2022



Hanuman
Blood Bank Medical Officer,
MEDICAL OFFICER,
BLOOD BANK,
C. R. M. H.
THANJAVUR.



TAMIL NADU STATE AIDS CONTROL SOCIETY
&
TAMIL NADU STATE BLOOD TRANSFUSION COUNCIL



417, Pantheon Road, Egmore, Chennai - 600 008.

Website : www.tngovbloodbank.in / email : bloodsafetytansacs@gmail.com

INTERNATIONAL YOGA DAY

International Yoga Day was organized by NSS Unit from our University. 165 volunteers participated in the activity on the occasion of 8th International Yoga Day on 21st June, 2022. The International Day of Yoga has been celebrated annually on 21 June since 2015, following its inception in the United Nations General Assembly in 2014. Despite being times of the quarantine, the volunteers celebrated the true spirit of Yoga by practising Yoga at home. The volunteers performed various yoga asanas at convenient time between 5 AM and 8 AM in the morning. The photographs of volunteers and staff members are performing yoga asanas in university auditorium. Volunteers expressed that they had a wonderful and refreshing experience of peace through Yoga, the amalgamation of the fitness of the mind, body and soul.



Volunteers are engaged the yoga practices

BLOOD DONATION CAMP

The National Service Scheme (NSS) of PRIST Deemed to be University in associate with Thanjavur Medical College organized a Blood Donation program on 26.07.2022. Dr.Velmurugan Medical Officer Thanjavur Medical College has inaugurated the event. Around 140 units of blood were collected in this blood donation event. Blood Donation Camp starts at 8 a.m. More than 200 volunteers of NSS participated in this mega event. All the donors were accompanied by the NSS volunteers to the refreshment, breakfast and awarded a blood donation certificate for donating blood and saving lives.



NSS volunteers involved blood donating



பாராட்டுச் சான்றிதழ்

திரு / திருமதி / செல்விV.:சுன்ரிஜய்..... அவர்கள் உயிருக்குப் போராடும் நோயாளிகளுக்கு உயிர் கொடுத்துதவும் வகையில், தானாகவே முன்வந்து நன்கொடையாக இரத்தத்தை அளித்துள்ளார். அவருடைய இந்தச் சிறந்த செயலினைப் போற்றும் விதத்தில் பாராட்டுச் சான்றிதழ் வழங்கப்படுகிறது.

இரத்தத்தை நன்கொடையாக வழங்குபவருக்கு, இதனால் எவ்வித தீங்கும் நேராது என்பதையும் பிறிதோர் உயிரைக் காப்பாற்றும் நற்பேறு பெற்றவர் ஆகிறார் என்பதையும் இவருடைய செயல் தெளிவாகப் புலப்படுத்துகிறது.

இவரது மானுடப்பணி மிகுந்த பாராட்டுக்குரியதாகும்.

Certificate of Appreciation

Thiru / Tmt. / MissV.:Sanjay..... is awarded this certificate of honour with hearty congratulations and sincere appreciation for his / her voluntary blood donation in service to suffering patients.

He / she has rendered a splendid Social Service of High Order.

Grateful thanks are given for his/her noble gesture

BLOOD GROUP: O positive

(Subject to Confirmation at BB)

DONATED ON: 26/07/2022

Shiny



Dr. Venuya
Blood Bank Medical Officer



TAMIL NADU STATE AIDS CONTROL SOCIETY
&
TAMIL NADU STATE BLOOD TRANSFUSION COUNCIL



417, Pantheon Road, Egmore, Chennai - 600 008.

Website : www.tngovbloodbank.in / email : bloodsafetytansacs@gmail.com

VACCINATION CAMP AT VALLAM PUTHUR ON 15.07.2023

The NSS units of our University have arranged Vaccination camp at our adopted village Vallam Puthur. Public have benefited by this event. Dr.Akilan Block medical Officer Vallam, Mr.Artheswaran Health Inspector, Village President has inaugurated the event. This campaign mainly organized in order to prevent the fellow beings of public people to be not get affected by Covid-19 diseases. Totally 150 peoples are benefitted. More than 50 volunteers of NSS participated in this mega event.



Vaccine Drive At Adopted Village

DENTAL CAMP FOR SCHOOL STUDENTS

A sparkling smile depicts a healthy heart. The NSS units of PRIST Deemed to be University have arranged organized a Dental Checkup Camp for village school students. The aim of the camp was to check, regulate and maintain the dental wellness of the students and spread awareness regarding dental health and hygiene. Following the motto “prevention is better than cure,” the teachers and medical instructors told the students to follow a schedule that keeps them fit orally and what sort of food provides better health. The event was held in the school premises and lasted for three hours, starting from 10:30 am to 01:30 pm. The medical team comprised two dentists and dental hygienists, who conducted the oral check-up of the children.

Activities:

The dental camp comprised various activities to make children feel comfortable and enthusiastic about oral health. The event began with a brief orientation session, where the children were taught about the importance of maintaining good oral hygiene. The dental professionals demonstrated the right way to brush, floss and clean the tongue to prevent tooth decay and gum disease. After the orientation session, the children underwent an oral check-up. The dental professionals examined the children’s teeth, gums, and mouth for any signs of decay, cavities, or other dental issues.

The dental medical camp was a huge success. The children enjoyed the event and actively participated in the activities. The dental team examined around 200 children, out of which 20% had some form of dental issue. The dental professionals provided guidance to the parents of these children to seek timely dental treatment. Overall, the dental medical camp was an excellent initiative to promote oral health awareness among young children. The event helped the children learn about the importance of maintaining good oral hygiene and provided them with the necessary tools to take care of their teeth. The school authorities and the dental team Lead by Dr.Abirami Vallam Government Hospital are commended for their efforts in organizing and conducting the dental medical camp.



Dr.Abirami gave the advice to students

SWACHTA PAKHWADA ACTIVITIES

NSS organized Swachh Bharat activities on 07.08.2022 within the University campus. On the day of Swachh Bharat Fortnight inauguration, students and faculty members took pledge of cleanliness. A signature campaign was also organized to create awareness on keeping the campus clean and green. Further to the inaugural event, a seminar was conducted on “Awareness on Green Environment”. More than 100 students and volunteers engaged themselves in various activities including cleaning the surroundings of library building, hostel buildings, department buildings and administrative building. Apart from these, students were involved in removal of mesquite trees from the University campus and planting saplings in both academic and residential campuses. Awareness programmes and competitions were also conducted for students to bring about visible changes in the surroundings and to efficiently deal with waste disposal.

The NSS volunteers gathered to clean the surroundings of the individual buildings in the campus. NSS volunteers enthusiastically collected plastic wastes, tea cups, weeds, and dry leaves spread over the surrounding areas. The volunteers gathered all the waste and trash bags to the place where the university arranged for the removal of collected wastes. The whole cleaning drive was quite inspiring and motivating for the NSS team members.

Collection of Garbage from the University campus: The NSS volunteers gathered to clean the surroundings of the individual buildings in the campus. NSS volunteers enthusiastically collected plastic wastes, tea cups, weeds, and dry leaves spread over the surrounding areas. The volunteers gathered all the waste and trash bags to the place where the university arranged for the removal of collected wastes. The whole cleaning drive was quite inspiring and motivating for the NSS team members.

Removal of mesquite trees from the University campus: Invasion of mesquite trees in the University campus has been a long concern. Its encroachment reduces herbaceous resources and causes land dryness by sucking ground water. Our NSS volunteers actively took initiative to remove mesquite from the University campus.



University Campus Cleaning Drive



Garbage And Life Litters Collection From The University Campus

TREE PLANTATION ACTIVITY AT VILLAGE SCHOOLS

Tree Plantation programme was organized by The NSS units of PRIST Deemed to be University at Government model school Vallam, on 08-08-2022. NSS Volunteers, students are plant saplings in School premises. Our faculty had also explained about the trees and the importance of tree plantation. At the end of programme there was a photo session with Dean, faculty and students.



NSS Volunteers, students are plant saplings in School premises

AWARENESS DAY AGAINST DRUG ABUSE

The PRIST NSS Cell conducted a campaign as a part of Awareness day against DRUG ABUSE on 10th August 2022 to spread awareness and to eradicate drug abuse among youth. The volunteers were involved in Guest lecture/ awareness on drug abuse by Dr. Akilan and Dr. Abirami, where the volunteers were given heightened awareness. At the end of the session, the volunteers took an oath by telling the pledge against drug abuse.



The Volunteers Took an Oath

ENTREPRENEURSHIP DEVELOPMENT PROGRAM FOR VILLAGERS

With this noble prospective in mind PRIST NSS Cell has organized an Entrepreneurship Development Program on 16.08.2023 at Coir Board Thanjavur. Interested village people from adopted villages like Munnayampatti, Kuruvadipatti and Vallam pudhur have participated in the Entrepreneurship Development Program .they have shown their enthusiasm and active participation during the program. All experts have delivered contents in interesting way.



ENTREPRENEURSHIP DEVELOPMENT PROGRAM

In the present period of cut esophagus competition limited job opportunities are available and hence thesis high time to think about alternative option of job. An individual can become self-assured by giving his/her efforts in the direction of Entrepreneur. They play a vital role in the country's economic growth and also create employment opportunity for others.The PRIST NSS Cell has organized an Entrepreneurship Development Program on 15.09.2022 at Coir Board Thanjavur.



Entrepreneurship Development Program

MEENDUM MANJAPAI VIZHIPUNARVU

Tamil Nadu Chief Minister MK Stalin launched an environment-friendly initiative called Meendum Manjapai Vizhipunarvu Iyakkam. This awareness campaign on using 'yellow' cloth bag or 'manjapai' is aimed at encouraging people to return to the use of this eco-friendly bag and discard the plastic bags.

The NSS units of PRIST Deemed to be University create awareness programme jointly Organized with District collector office to promote the scheme to common people.

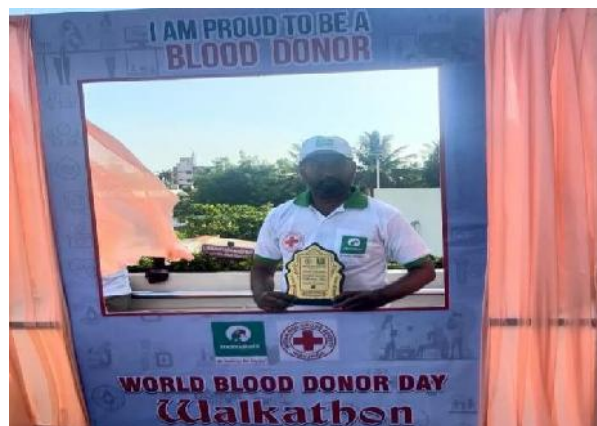


BLOOD AWARENESS RALLY WALKATHON

The National Service Scheme (NSS) of our University in associate with Thanjavur Medical College organized a Blood Donation program on 01.10.2022. Around 500 units of blood were collected in this blood donation event. Blood Donation Camp starts at 8 a.m. More than 170 volunteers of NSS participated in this mega event. Every donor was duly taken care of by the volunteers of the NSS group. All the donors were accompanied by the NSS volunteers to the refreshment, breakfast and awarded a blood donation certificate for donating blood and saving lives. The functioning of the camp went great by the sincere and disciplined efforts of the volunteers of each group present there and the event yet more exuberant.



NSS volunteers given Blood donation awareness



NSS coordinator received awards

FREE EYE CAMP FOR SCHOOL STUDENT

The National Service Scheme of PRIST Deemed to be University in hands with Lion's club Thanjavur organized a one-day free eye camp for the benefit of school students on 05.10.2022. The eye screening camp was conducted with the objective to promote eye health among school children. A six-member medical team including a doctor and nurses were engaged in this camp. A total of 120 students were benefited from this eye screening camp and children with minor problems, like trouble in reading (eye-sight) and itchy eyes, were given appropriate suggestion for further examination.



Eye screening camp

HEALTH AND HYGIENE AWARENESS PROGRAMME: (HEALTH CAMP FOR WOMEN)

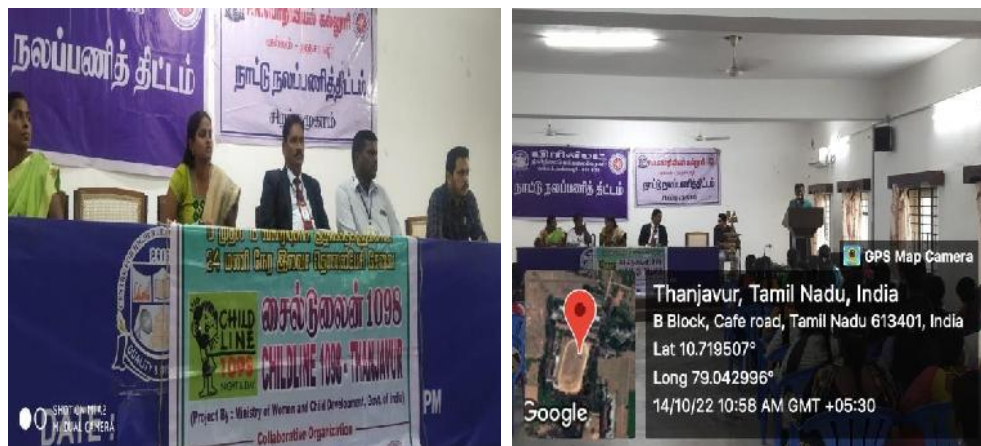
A Health Awareness programme was organized last 7th October 2021 our University premises. The eminent and famous doctors of our locality were invited and they took part in this programme. The well-known dietitian of the locality Dr. Malarvizhi, was selected President of the camp. All the doctors emphasized the necessity for personal health and hygiene. The doctors advised the students to eat healthy balanced food and to keep him or her clean. Most of the doctors highlighted the need for sleeping inside mosquito nets at night and to drink boiled water to prevent diseases like malaria, dengue and enteric diseases. The students were told not be lured by fast food, colored drinks, cold drinks and cut fruits. The doctors also emphasized the need for taking physical exercise daily. Regular physical exercise makes one's body healthy and stout. They guest doctors also focused on the need for keeping oneself clean and on keeping hands cleaned and washed. They said that the students need to keep themselves free from any kind of unhealthy materials. Totally 50 housekeeping workers and 20 volunteer's involved in this programme.



Doctor gave instructions

WOMEN AND CHILD WELFARE AND CYBER CRIME AWARENESS PROGRAMME on 14.10.2022

PRIST University NSS Cell jointly organized with District Social Welfare Office and Ministry of Women and Child Development to create awareness among the College students about all the citizens of India have right to live quality life. Bharatiya Stree Shakti strives for gender equality and women empowerment so that women could live in peace and harmony in Indian society. The infamous “Nirbhaya” case generated widespread outrage and was widely condemned in India and abroad. The Ministry of Women and Child Development (MWCD), Government of India, investigated the impact of changed policies and laws. The research project “**Tackling Violence against Women: A Study of State Intervention Measures**” aimed at documenting the changes in registration of the cases of violence against women after the policy level changes and to compare the national scenario related to the violence against women. The awareness given by Mrs.M.VIMALA District Social Welfare Officer. Mrs.A.Juliya field officer, Mrs.N.Elamathi MWCD coordinator. Totally 150 girls students involve the programme.



Awareness given by Mrs.M.VIMALA District Social Welfare Officer

WORLD ETHICS DAY CELEBTATION ON 31.10.2022

WORLD ETHICS DAY CELEBRATIONS



PRIST SCHOOL OF ARTS & SCIENCES
along with
National Service Scheme (NSS)



Welcome Address : Dr. R. Manikandan
NSS Coordinator

Presidential Address : Dr. L. Chinnappa
Dean, School of Arts & Sciences

Special Address : Dr. Raj Bharath, M.B.B.S., M.D.,
Amala Annai Hospital, Thanjavur

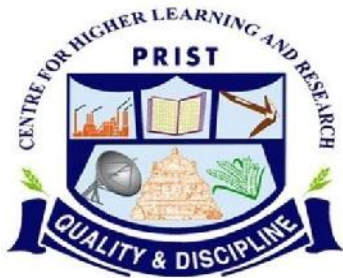
Vote of Thanks : Dr. T. Veeramani
NSS Programme Officer

Venue : CRD Seminar Hall - II

Date : 31-10-2022

Time : 11.30 A.M.





PRIST
DEEMED TO BE
UNIVERSITY
THANJAVUR - 613 403, TAMIL NADU



BREASTCANCERANDCERVICALCANCERA WARNESSPROGRAMME

4.11.2022



Organizer
Dr.S.AMBIGA
&Dr.R.MANIKANDA
N

Organizedby
DEPARTMENT OF
BIOCHEMISTRY SCHOOL OF ARTS
AND SCIENCE
&
NATIONAL SERVICE SCHEME
(NSS) PRIST DEEMED TO BE
UNIVERSITY THANJAVUR, TAMILNADU

**BREAST CANCER AND CERVICAL CANCER
AWARENESS PROGRAMME**



**DEPARTMENT OF BIOCHEMISTRY
along with
NATIONAL SERVICE SCHEME (NSS)**



Welcome Address : Dr. R. Manikandan
NSS Coordinator

Presidential Address : Dr. L. Chinnappa
Dean, School of Arts & Sciences

Introduction of Speaker : Dr. S. Ambiga
Head, Department of Biochemistry

Special Address I : Dr. A. Asmitha Banu, M.B.B.S., MS.,
Consultant - Obstetrics and Gynaecology
Srikamatchi Medical Centre, Thanjavur

Special Address II : Mr. Mathavan Krishnan
Chief Marketing Officer
Srikamatchi Medical Centre, Thanjavur

Vote of Thanks : Prof. J. Subarna
NSS Programme Officer

Venue : CRD Seminar Hall

Date : 04-11-2022

Time : 11.00 A.M.

BREASTCANCERANDCERVICALCANCERAW ARNESSPROGRAMME

Introduction

The posters provide awareness among students, regarding the types of cancer, early symptoms, diagnostic methods and preventive methods, and motivate them to avoid habits that increase the risk of cancer. The importance of cancer awareness has been emphasized as a means of ensuring behavior that facilitates early detection, whereas the absence of cancer awareness has been seen as a detriment to this end. Delay in health-seeking is also attributed to factors such as illiteracy, financial constraints, as well as myths and superstitions along with lack of awareness and this go hand-in-hand, most of the time. Screening is an important preventive measure in cancer control. Even though the national programme in India has a screening component, it is yet to take root in most part of the country. At present, most of the screening tests are available at higher centers only.

OBJECTIVES:

- Create cancer awareness and remove the stigma and fear attached.
- Help people recognize early signs and symptoms of cancer, thus enabling them to seek at an early stage.
- Educate students about the key risk factors, since more than 30% of cancer cases could be prevented by modifying lifestyle or avoiding the risk factor.
- Inform women about mammograms, clinical breast exam and breast self-exam
- Inform students about the importance of regular screening and check-ups

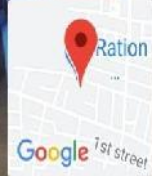
Organizingmembers

- Dr.S.Ambiga
- Dr.R.Manikandan–NSS coordinator
- Dr.A.Bakrudeenaliahmed
- Dr.S.Sathishkumar
- MR.R.Viswalingam

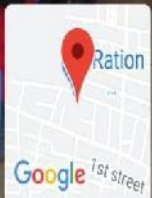
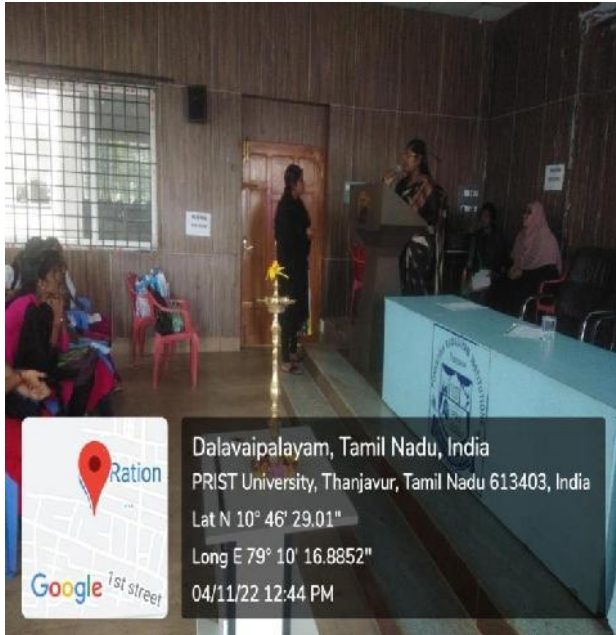




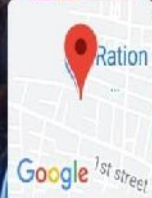
Dalavaipalayam, Tamil Nadu, India
 PRIST University, Thanjavur, Tamil Nadu 613403, India
 Lat N 10° 46' 29.01"
 Long E 79° 10' 16.8852"
 04/11/22 12:45 PM



Dalavaipalayam, Tamil Nadu, India
 PRIST University, Thanjavur, Tamil Nadu 613403, India
 Lat N 10° 46' 29.01"
 Long E 79° 10' 16.8852"
 04/11/22 12:44 PM



Dalavaipalayam, Tamil Nadu, India
 PRIST University, Thanjavur, Tamil Nadu 613403, India
 Lat N 10° 46' 29.01"
 Long E 79° 10' 16.8852"
 04/11/22 12:44 PM



Dalavaipalayam, Tamil Nadu, India
 PRIST University, Thanjavur, Tamil Nadu 613403, India
 Lat N 10° 46' 29.01"
 Long E 79° 10' 16.8852"
 04/11/22 12:44 PM



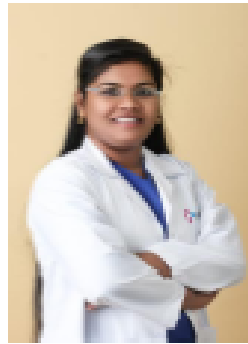
Dalavaipalayam, Tamil Nadu, India
 PRIST University, Thanjavur, Tamil Nadu 613403, India
 Lat N 10° 46' 29.01"
 Long E 79° 10' 16.8852"
 04/11/22 12:23 PM



Dalavaipalayam, Tamil Nadu, India
 PRIST University, Thanjavur, Tamil Nadu 613403, India
 Lat N 10° 46' 29.01"
 Long E 79° 10' 16.8852"
 04/11/22 12:23 PM



DOCTOR'S PROFILE



Dr. A. ASMITHA BANU
Consultant - Obstetrics and Gynaecology

- She is working as a consultant - Obstetrics and Gynaecology at Srikamatchi Medical Centre - Thanjavur
 - She completed her graduation (MBBS) from Chennai Medical College Hospital & Research Centre - Trichy
 - She got her Mater of Surgery in Obstetrics and Gynaecology from Dr.S.N. Medical College Hospital & Research Centre - Jodhpur
 - She has in-depth knowledge and good clinical acumen in managing various women's related health disease and disorders
 - She has received young Scholar Award from ASI organised by Torent Pharma Ltd
 - She has published many medical articles in National journals, and participated in many national and international level Conferences, Seminars & Workshops
 - She keen interest in Post Caesarean Section and Preventive Women's Health.
-



MATHAVAN KRISHNAN

**CHIEF MARKETING OFFICER
SRIKAMATCHI MEDICAL CENTRE- THANJAVUR**

He graduated in Pharmacy (B. Pharm) from the prestigious institution JSS COLLEGE OF PHARMACY - OOTY (1993) and Post Graduated in Master of Business Administration (MBA) in 1996 with specialisation in Marketing and Hospital Management from UNIVERSITY OF MADRAS.

He has received "THE GEM OF YEAR INDIA" award from The Management Council- New Delhi for innovative marketing strategies at national level.

Dynamic, Result Oriented Marketing Leader with an ability to exceed objectives in challenging environments through the deployment of strategic marketing initiatives.

Over a career spanning 25 + years, have worked with multiple organizations across leading corporate hospital groups such as APOLLO, GLOBAL & AMRI in India.

Expert in defining Strategy, Brand Development, Product Management, Media Relations, Launch Execution and expertise in Building, Integrating, and leading high performance teams in an open, honest and fun-working environment.

The Department of Biochemistry & NSS CELL had organized “Breast cancer and Cervical cancer awareness programme” on 4th **NOVEMBER** 2022. Welcome address given by **Dr. R. Manikandan, NSS Coordinator**, Department of Chemistry, Presidential address Dr. L. **Chinnappa** Dean, School of Arts and Science, PRIST University, Introduction to Chief Guests given by **Dr. S. Ambiga**, Associate Professor, Department of Biochemistry, PRIST University. Awareness programme given by the resource persons **Dr. A. Asmitha Banu M.B.B.S., M.S., Consultant-Obstetrics and Gynecology, Srikamatchi Medical Centre, Thanjavur**. Vote of thanks given by Prof. J. Subarna, NSS Programme Officer, Assistant Professor, Department of English, PRIST University, Vallam, Thanjavur, Tamil Nadu. Total participated members 100 among that 10 Female Faculty members from the Department of Biochemistry, Biotechnology Microbiology, English, Chemistry, Physics, Computer Science, BCA and Maths 100 students were participating in this event. Invited speakers are enlightening the students regarding the above topic. Students were asked so many questions and get clarification from the resource person. This awareness programme was very useful for students and it was highly appreciated by all students and faculty.

INTERNATIONAL DAY OF THE ELIMINATION OF VIOLENCE AGAINST WOMEN

Date: 25.11.2022
Hall

Time: 11:00 am

Venue: Seminar

Jointly Organized by:

Social Welfare & Women Rights, District Social Welfare, Govt. of Tamil Nadu.

Chief Guest:

Ms. RAVALI PRIYA, IPS
Superintendent of Police,
Thanjavur.

Special Invitee:

Mr. G. Perumal Sami
Joint Secretary,
Central Social Welfare Board, Ministry of WCD, Govt. of India

Other Invitees:

Ms. Vijayalakshmi,
Assistant Program Director, Tamil Nadu Rural Livelihoods Movement,
Govt. of Tamil Nadu

Ms. M. Vimala,
Central Administrator,
Integrated Services Centre, Thanjavur

Ms. A. Divya,
Director,
Integrated Services Centre, Thanjavur

Ms. Fathima Raj,
Director,
SET India, Thanjavur

Participants:

Teaching Faculty, Non-Teaching Staff, Students, Govt. Officials.

PROGRAMME EVENTS:

Ms. Ravali Priya, IPS, Superintendent of Police, Thanjavur was the Chief Guest of the programme. In her speech, she had emphasized the importance of conducting such programmes particularly to both genders and appreciated the administration of Institution.

Mr. G. Perumal Sami, Joint Secretary, Central Social Welfare Board, Ministry of WCD, Govt. of India was the special invitee for the programme. Other Dignitaries from the Department of Women Welfare, Govt. of Tamil Nadu participated in the event.

The Programme highlighted on the topics like 'Protecting the Women rights, Prevention of violence against women, Protection of women, Empowerment of women'. The invitees created awareness to the audience on the above topics, which were well received by the audience.

The programme was attended by about 250 staff members and 800 students. It was a one-day programme.

PHOTOGRAPHS:



Mr. G. Perumal Sami, Joint Secretary, Central Social Welfare Board, Ministry of WCD, Govt. of India gave Special address.



Ms. Ravali Priya, IPS, Superintendent of Police, Thanjavur gave Presidential address



Honor the Chief Guest

LEPROSY ERADICATION AWARENESS PROGRAMME.

Leprosy eradication awareness programme rally was held on 29 th November 2022 at our adopted village Vallam puthur, Under the leader ship of District health inspector Mr.Singaravelu and Mr.Artheeswaran on behalf of PRIST Deemed to be University NSS Cell.



Leprosy Eradication awareness

SCHOOL RENOVATION WORK AT ADOPTED VILLAGE

Kuruvadipatti primary school is an elementary school, with grade 1 to 5. There is also a pre-primary unit in the school. The total student population is about 300. There are currently 8 teachers. The school is located about 5 kilometers from Vallam town, Thanjavur.

Assessment of the infrastructural needs

Considering that there were only 3 usable classrooms for the primary (elementary) classes of grade 1 to 5, there was a lack of 2 classrooms. The block of 3 dilapidated classrooms also needed some workmanship in order to make it learning – friendly. As it was, there were holes on the Asbestos and iron roof that obviously allowed water to leak through during the rainy season. The walls had apparent cracks and were not plastered. The windows had no cover. The floor was either dusty or with huge potholes. There were also few desks for the pupils. There was, therefore, a need to create 2 new classrooms and renovate the block of 3 dilapidated classrooms. Our PRIST NSS Cell made all kinds of work.



PRIST NSS in School renovation work at adopted village (Kuruvadipatti)

THE AWARENESS PROGRAMME ON AIDS

The awareness programme on HIV/AIDS was held on 14/12/2022. In this programme Dr.Reavthi, Adolescent Counsellor was gracing the programme and delivered her valuable speech on HIV/AIDS. About 200 nos. of students in government school of vallam participated and they were listening very carefully to all speaker.



Counsellor delivered him valuable speech

VOTER AWARENESS RALLY ON 25.01.2023

The district administration organized a voter awareness rally on 25.01.2023 to spread the message among people about the value of voting. Students of PRIST Deemed to be University Thanjavur participated in it to create importance of voting, besides increasing the voting percentage.

The awareness event was organized under District Collector Mr.Dinesh Ponraj Aliver. The rally passed through the Entire city, where the students carried placards and spoke slogans for making people know about the importance and need of voting.



தஞ்சாவூர் மாநகராட்சி இரயில் நிலையம் அருகே இன்று (25.01.2023) 13வது தேசிய வாக்காளர் தினத்தினை முன்னிட்டு தேசிய வாக்காளர் தின விழிப்புணர்வு பேரணியினை மாவட்ட ஆட்சித்தலைவர் திரு.தினேஷ் பொன்ராஜ் ஆலிவர் இ.ஆ.ப அவர்கள் கொடியசைத்து துவக்கி வைத்து கலந்துகொண்டார். கூடுதல் ஆட்சியர் (வருவாய்) மரு.என்.ஓ.ககபுத்ரா இ.ஆ.ப அவர்கள், மாநகராட்சி ஆணையர் திரு.சரவணகுமார், வருவாய் கோட்டாட்சியர் திரு.ரஞ்ஜித், மாவட்ட ஆட்சியரின்களின் நேர்முக உதவியாளர் (பொது) திரு.செங்கராஜன் மற்றும் பலர் உடன் உள்ளனர்.



Our NSS Coordinator Lead the rally

CELEBRATION OF INTERNATIONAL MOTHER LANGUAGE DAY

International Mother Language Day was celebrated in our University, 21st February 2023 by the members of the Literary Club. This was to promote awareness among the students of linguistic and cultural diversity and foster love for the Mother language, in the disappearances of languages across the world.

பிப்ரவரி 21 உலகத் தாய்மொழி நாளை முன்னிட்டு

தமிழகப் பெண்கள் செயற்களம்
தமிழரண் மாணவர்கள்

இணைந்து நடத்தும்

**" தாய்மொழி நாள் உறுதி ஏற்பு விழா,
தமிழாசிரியர்கள் சிறப்பித்தல்,
தமிழில் கையொப்பமிடும் நிகழ்வு "**

காலை 8 மணிக்கு
மாநகராட்சி மேல்நிலைப்பள்ளி
(தென் கீழ் அரங்கம்)

காலை 11.30 மணிக்கு
பொன்னையா இராமஜெயம்
நிகர்நிலைப் பல்கலைக்கழகம்

DENGUE AWARENESS CAMPAIGN 23.02.23

With the aim of combating the disease Dengue, PRIST NSS Cell and primary Health Centre Vallam Jointly organized a special DENGUE AWARENESS CAMPAIGN at Vallam. The day saw volunteers and programme officers of NSS Cell participating enthusiastically, joining hands against the terror of Dengue. Under the guidance of the Block Medical Officer Dr.Akilan, a special rally was flagged off to spread awareness among the masses about Dengue and its preventive measures. Students did door to door campaigning, advocating the message- 'We can win against Dengue'. Students vociferated slogans and distributed informative pamphlets to the passersby to spread awareness.



FREE EYE CAMP AT ADOPTED VILLAGES ON 23.03.2023

Eye check up camp was held by our University NSS team members. Our PRIST NSS Cell jointly organised with Maxi Eye Vision Hospital to conducted this eye camp for the villagers and govt school students of Munnaiyampatti. This camp helped the students to dagonise their eye sight to correct the vision related problemes in future. 120 villagers and Many school students were benifitted by this camp.



Doctors screening the eyes



Paper news in Tamil Daily

VOTER'S AWARENESS PROGRAMME

PRIST NSS team members and coordinators conducted an awareness programme about the voting right on kuruvadipatti Govt School on 24.03.2022. In this programme the chief guest Mr.Kannan, electoral officer, Thanjavur has participated and gave his valuable advice to the future voters. Then our college NSS coordinatoer Dr.R.Manikandan delivered an effective speech among the school students. Then our college NSS students gave the awareness pamphlets on voting rights to the villagers.



NSS Volunteers create the awareness door by door

TUBERCULOSIS AWARENESS PROGRAMME

PRIST NSS team members, staffs and students conducted the Tuberculosis awareness conference on 25.03.2023. Our chief guest Mr. A.G.Kannan Tuberculosis prevention officer, Thanjavur and Mr.Rajkumar Tuberculosis prevention officer, Budalur has participated in that programme and they explained about the various reasons and prevention measures to control tuberculosis. Many of our Students were participated and got awareness by that conference. Dr.Malathi Director Tuberculosis Thanjavur, joined the programme as a chief guest to give awareness among the students.



ONE STUDENT-ONE TREE PROGRAMME

Trees represent life, growth, peace and nature. They produce oxygen, clean soil, prevent drought, control flood related disasters, prevent soil erosion, improve physiological, mental and spiritual health, and also reduce carbon footprints. Keeping this in mind the campaign for the One-Student One-Tree programme was initiated by the PRIST NSS Cell at Kuruvadipatti Village on 27th March 2023.

The students also took the Oath: “I will plant a tree sapling and take care of the sapling such that it grows into a mature tree”

We hope that such activities shall sensitize and encourage the students to “Love the trees until their leaves fall Off, then encourage them to try again next year”.



PRIST NSS volunteers planted tree saplings in the Kuruvadipatti village.

HEALTH AWARENESS PROGRAMS AND MEDICAL CAMP ON 28.03.2023

Health promotion is one of the most important activities to promote health. PRIST NSS Cell organizes health Awareness programs in its Adopted villages. This program educates them in prevention. People attend the sessions and become aware of water borne and air borne diseases. They also wash their hands and use the hand kerchief when they sneeze. People are also given medicines as they attend camps.



Doctor gave advice to the villager

SWACHTA BHARATH ACTIVITIES

NSS Cell organized Swachh Bharat activities at Adopted villages on 15.04.2023. On the day of Swachh Bharat Fortnight inauguration, students and faculty members took pledge of cleanliness. A signature campaign was also organized to create awareness on keeping the village clean and green. Further to the inaugural event, a seminar was conducted on “Awareness on Green Environment”.



Cleaning drive

GENERAL HEALTH CAMP FOR WOMEN

The NSS wing of PRIST Deemed to be University along with Meenakshi Hospital and Rotary Club of Thanjavur Delta organized a general health camp for women in adopted village Kuruvadipatty on 19.04.2023. Around 80 village womens attended the camp and checked their Hemoglobin content and those who got lower levels received medical advices from the Doctor regarding their diet and medicines.



Doctor gave the advice to villagers



PRIST
DEEMED TO BE
UNIVERSITY
NAAC ACCREDITED
THANJAVUR- 613 403 - TAMIL NADU



EXTENSION AND OUTREACH PROGRAMMES

CONDUCTED THROUGH

NATIONAL SERVICE SCHEME

**PONNAIYAH RAMAJAYAM INSTITUTE OF SCIENCE & TECHNOLOGY
(PRIST) DEEMED UNIVERSITY**

LIST OF ACTIVITIES

ACADEMIC YEAR

2021-2022

NSS REGULAR ACTIVITY DETAILS

S.NO	PROGRAMME	DATE
1.	World no tobacco day activity	31 st May 2021
2.	Celebrated International Day of Yoga	21 st June 2021
3.	Vaccination awareness programme	6 th Sep 2021
4.	COVID-19 awareness programme	22 st Sep 2021
5.	Tree plantation program	24 th Sep 2021
6.	Health awareness programme to school students	14 th Oct 2021
7.	Book donation to village school	21 th Oct 2021
8.	National Unity Day pledge taking	31 th Oct 2021
9.	Public environmental awareness	21 th Nov 2021
10.	World AIDS awareness day	1 st Dec 2021
11.	National youth day	12 th Jan 2022
12.	Create the voter awareness to public	23 rd Feb 2022
13.	Health awareness programme for school students	09 th March 2022
14.	World TB day march-24	22 nd March 2022
15.	Tree plantation	31 st March 22
16.	Swatch bharaat- campus cleaning	31 st March 22
17.	Women empowerment program	15 th April 2022
18.	Health camp for village people after COVID-19	28 th April 2022
19.	Entrepreneurship development program	29 th April 2022
20.	Pond cleaning activity at munnayampatty	30 th April 2022
21.	World environment day	5 th June 2021
22.	Vaccination awareness programme	6 th September 2021
23.	Health awareness programme for school students at budhalur	09 th March 2022
24.	National vaccination day	16 th March 2022
25.	Women empowerment program	15 th April 2022
26.	Eye camp for village people	25 th May 2022
27.	Blood donation camp	03 rd June, 2022
28.	International yoga day	21 st June, 2022
29.	Blood donation camp	26 th June 2022
30.	Swacchta pakhwada activities	07 th June 2022
31.	Blood awareness rally walkathon	1 st October 2022
32.	Health and hygiene awareness programme	7 th October 2022
33.	Cancer awareness programme	11 th November 2022
34.	Leprosy eradication and dengue awareness	25 th November 2022

World No Tobacco Day activity

Duration in days: One day

Date: 31/05/2021

Name of the event: World No Tobacco Day

Organized by: NSS

Venue: Students home place

Number of participant-: 105

Objective: Human Health

Details:

Tobacco causes 8 million deaths every year. Quitting can be challenging, especially with the added social and economic stress that have come as a result of the pandemic, but there are a lot of reasons to quit. Worldwide around 780 million people say they want to quit, but only 30% of them have access to the tools that can help them do so. The benefits of quitting tobacco are almost immediate. After just 20 minutes of quitting smoking, your heart rate drops. Within 12 hours, the carbon monoxide level in your blood drops to normal. Within 2-12 weeks, your circulation improves and lung function increases. Within 1-9 months, coughing and shortness of breath decrease. Within 5-15 years, your stroke risk is reduced to that of a non-smoker. Within 10 years, your lung cancer death rate is about half that of a smoker. Within 15 years, your risk of heart disease is that of a non-smoker. Students of every class had taken No Tobacco pledge with students in their online classes.

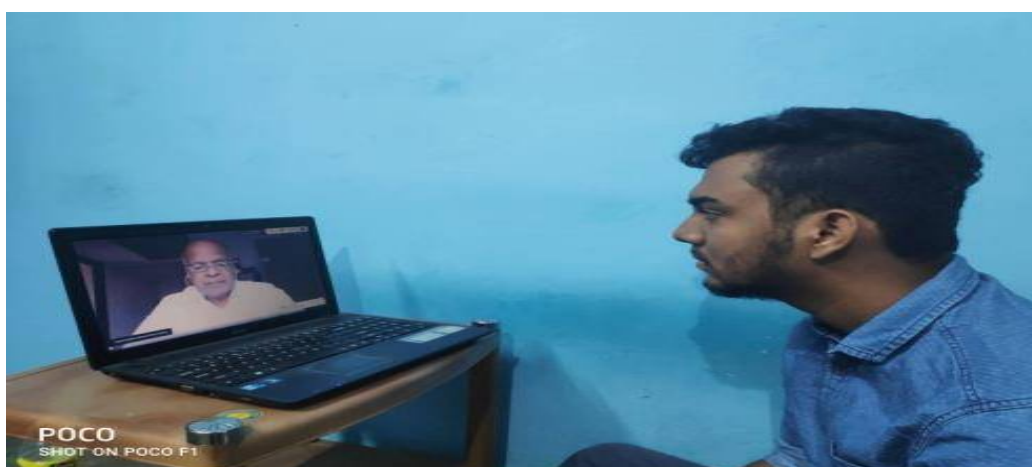
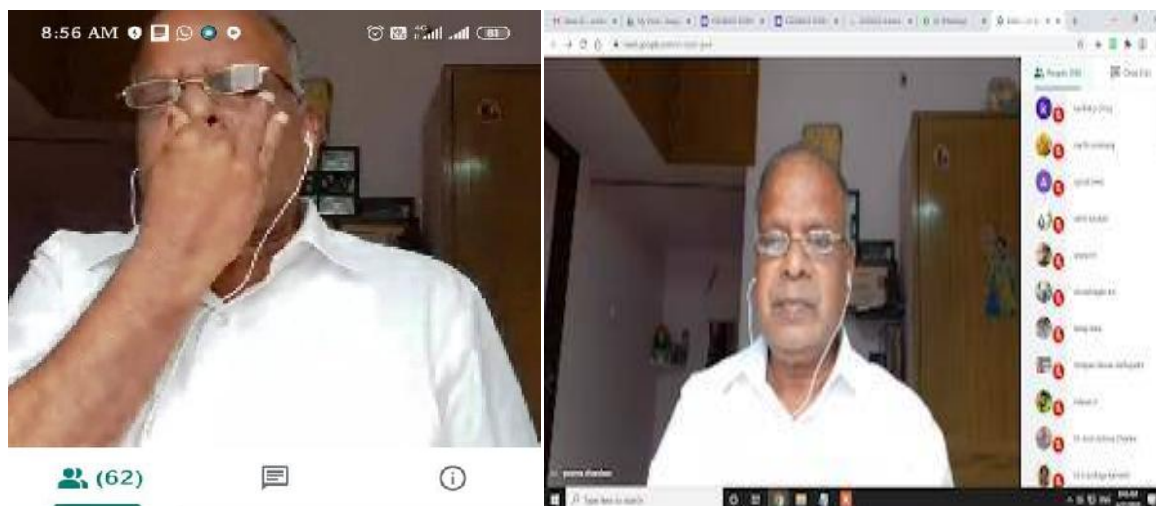
Outcome of the program: 105 students participated in this activity.

Glimpses:



CELEBRATED INTERNATIONAL DAY OF YOGA

PRIST Deemed to be University NSS Cell Celebrated International Day of Yoga in the institution through online in “Google Meet” App on 21st June 2021. In this programme, Yoga demonstration given to the faculty members, staff, students and Public, around 235 participants are participated this event. The Welcome address was delivered by Dr.S.Sukumar, NSS Coordinator. On this occasion, Prof.S.Poornachandran, Sky Yoga, Thanjavur was the chief guest of this function. In his address, he gave lecture on topic of “Yoga as a Life- Safe Guard Medicine”. He also emphasized the importance of yoga in day today life for strengthen our mental health and physical fitness, and how to increase the body flexibility and reduces stress and also given Yoga Training.



Yoga practices - Respiration

VACCINATION AWARENESS PROGRAMME

NSS volunteers organized National vaccination day awareness program on 06.09.2021 and contributed actively for successful implementation of COVID-19 vaccine rollout activities such as mobilization and community engagement, dissemination of the message about benefit of vaccine and building confidence among the community regarding vaccine safety through by various mediums like social media, door to door awareness, public announcement, wall painting, posters etc. 150 NSS volunteers from encouraged people to adopt COVID-19 appropriate behavior and worked on environment building of vaccine acceptability throughout the country. For successful implementation of this nationwide campaign,



Vaccination awareness created by our volunteers



PONNAIYAH RAMAJAYAM INSTITUTE OF SCIENCE AND TECHNOLOGY
PRIST UNIVERSITY
Under Section 3 of UGC Act.1956
THANJAVUR 613 403, TAMIL NADU, INDIA



Vaccination for everyone

ABOVE

18 YEARS

OF AGE


Free vaccine to all 18+ citizens at Govt. vaccination centers

Walk in both Government and private vaccination centers

For more details visit [cowin.gov.in](https://www.cowin.gov.in)

**Together let us defeat covid19,
Get yourself vaccinated as per your turn**

 **1075 toll free**
(National helpline number one
ministry of health and family welfare)

 **18046110007**
Helpline number of NIMHANS for
Psychological support

COVID-19 AWARENESS PROGRAMME

The Faculty and Students of PRIST Deemed to be University NSS Cell participated in awareness campaign on prevention of COVID – 19 on 22.09.21. Distributed Pamphlets, demonstrated hand washing technique, health talk regarding COVID -19. Total Population Covered and handouts distributed is about 1550. Total areas covered are around 25 kms. Total Places covered are Thirumalaisamuthiram, Munnaiyampatti, Ayyasamipatti, Vallam puthur, Kuruvadipatti.



Create awareness among villagers

Celebration of NSS Day - Tree plantation program

(75th Independence Year Celebration, AZADI KA AMRIT MAHOTSAV)

The NSS units of PRIST Deemed to be University celebrated NSS Day in grand manner by organizing a tree plantation program on 24/09/2021 at adopted village Kuruvadipatti, Vallam. Totally 100 NSS students volunteers of PRIST NSS Cell actively participated in this tree plantation program 180 trees planted in the presence of chief guests by the students and with few professors of different departments



Tree plantation program

HEALTH AWARENESS PROGRAMME TO SCHOOL STUDENTS.

DATE: 14/10/2021

TIME 10.00 am To 11.30 am

VENUE: Government model school Vallam

TOTAL STUDENTS 154

The PRIST Deemed to be University NSS Cell to create awareness among school children about World Food Day and importance of Healthy diet was organized on 14.10.2021 in the school campus. Health awareness talk regarding Healthy diet and ill effects of skipping breakfast was given for 20 minutes to students using PowerPoint by Senior Resident and Assistant Professor, Department of Chemistry and Life Science. All the students participated in the programme were acknowledged with e- certificate. The students were advised to share the information to their family members and neighbors. Dr.Abirami participated as the chief guest.



Create awareness among school children

OCTOBER 2021- BOOK DONATION (WORLD STUDENTS' DAY)

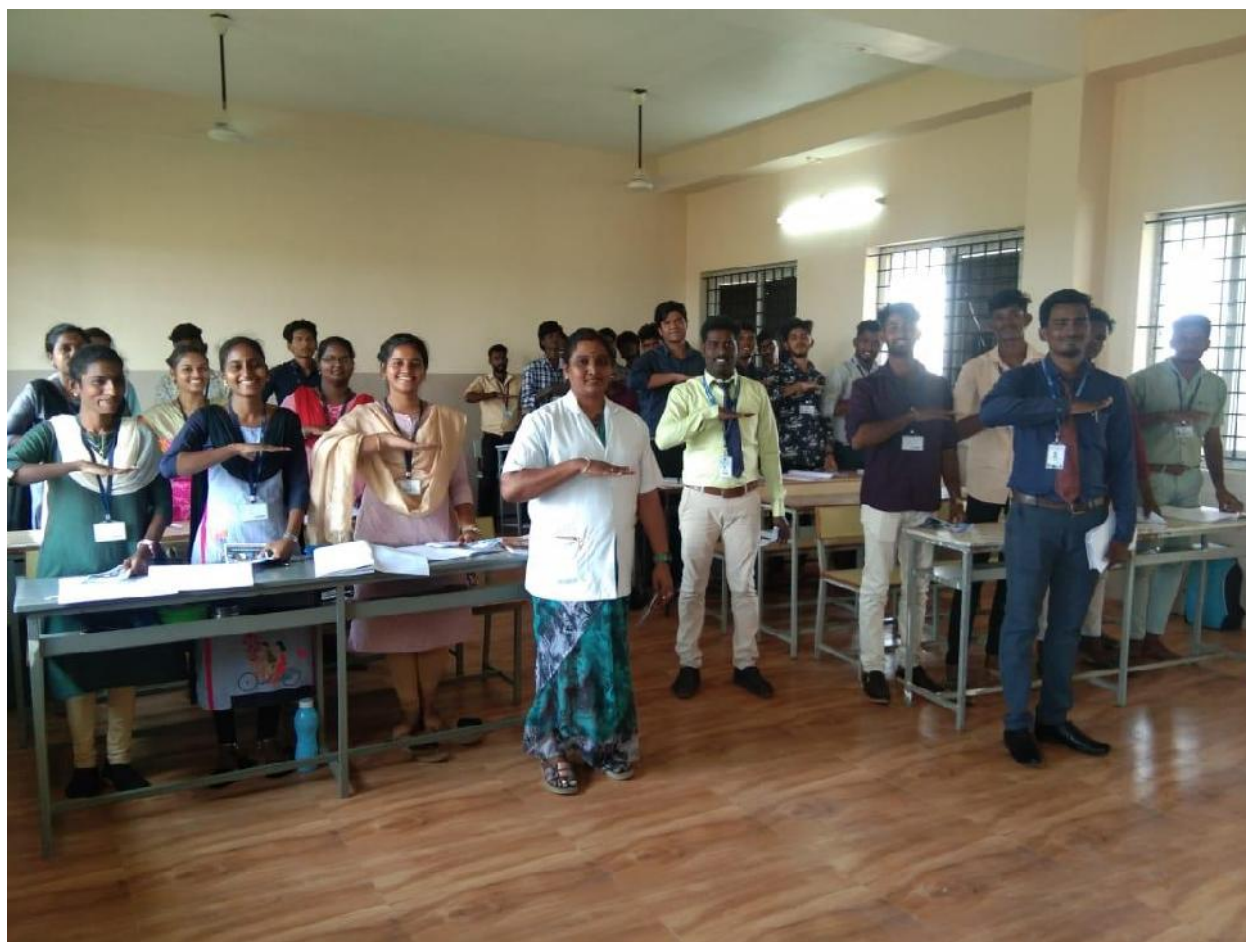
National Service Scheme of PRIST Deemed to be University. Owing to the Occasion of World Students' day which is celebrated as a tribute to Dr APJ Abdul Kalam, our NSS Cell decided to donate APJ's books to the Government School Vallam. In this connection our programme officers donate 50 numbers of books to the Headmaster Government Higher Secondary School Vallam.



Donate the books to the Headmaster

31- OCTOBER 2021-NATIONAL UNITY DAY

National Service Scheme of PRIST Deemed to be University, Vallam –Thanjavur, observed the National Unity Day commemorating the birth anniversary of Sardar Vallabhbhai Patel. Several Programmes were conducted to imply the significance of the occasion. All NSS volunteers took Part in the oath taking ceremony for the unity of the nation.



Volunteers took pledge

PUBLIC ENVIRONMENTAL AWARENESS ON 21.11.21

Public Environmental Awareness and Other Activities Awareness is the basic tool for protection of the environment. The Public Environmental Awareness programme aims at creating awareness amongst general public and different segments of the society for minimizing and controlling pollution. Campaign activities are planned and executed under this plan scheme. These include:

- Anti-Littering and Anti Plastic Bag Campaign including waste minimization and management.
- Anti-Fire Crackers Campaign on the occasion of Diwali festival.
- Prohibiting burning of leaves campaign.
- All other environmental & pollution control related issue.

The PRIST Deemed to be University NSS Cell creates awareness by adopting Villages Thirumalaisamuthiram, Munnaiyampatti, Ayyasamipatti, Vallam puthur, Kuruvadipatti.



Volunteers collecting Plastic Bags

WORLD AIDS AWARENESS DAY

Duration in days: One day Date: 01/12/2021

Name of the event: World AIDS Awareness Day

Organized by: NSS Venue: adopted village (Kuruvadipatti)

Number of participant- Male: 50 Female: 50 Total: 100

Objective: To create awareness

Details:

HIV remains a major public health issue that affects millions of people worldwide.

Although the world has made significant progress in recent decades, important global targets for 2020 were not met. Division, disparity and disregard for human rights are among the failures that allowed HIV to become and remain a global health crisis. Now, COVID-19 is exacerbating inequities and disruptions to services, making the lives of many people living with HIV more challenging. The theme of World AIDS Day 2021 is “End inequalities. End AIDS”. With a special focus on reaching people left behind, WHO and its partners are highlighting the growing inequalities in access to essential HIV services.

5 HIV FACTS

1 People on effective HIV treatment can't pass it on

Effective treatment for HIV suppresses the virus to such low levels that it can't harm you and you can't pass it on.

2 HIV can't be passed on through day-to-day contact

HIV can't be passed on through things like touching, kissing, sharing cutlery or glasses.

HIV can be passed on through sex without a condom but only if a person is not on effective treatment. It can also be passed on through sharing needles and during pregnancy (but in the UK this is extremely rare because we have great treatment).

3 HIV can affect anyone

Some groups of people are affected by HIV more than others, but it can be passed on to anyone.

4 People living with HIV can live long and healthy lives

There isn't a cure for HIV, but there is excellent treatment. If you are diagnosed in good time and take your medication, you can have as long and healthy a life as everyone else.

5 There are many ways to prevent HIV

- Getting regularly tested for HIV if you are sexually active
- Taking PrEP or PEP (tablets which prevent HIV either before or just after you've been exposed to it)
- Using condoms
- Never sharing needles
- Taking your medication if you are living with HIV



**NATIONAL
AIDS
TRUST**
Securing rights
Stopping HIV

www.nat.org.uk

NATIONAL YOUTH DAY

Duration in days: One Day

Date: 12/01/2022

Name of the event: National Youth Day

Organized by: NSS

Venue: PRIST – Vallam

Number of participant-:150

Objective: Examine of knowledge of students towards our manifestation.

Details: - The PRIST Deemed to be University NSS Cell had organized Quiz on Swami Vivekananda on occasion of their birth anniversary and National Youth Day. For this activity more than 150 students participated. The activity was coordinated by Student's coordinator S.Kannan and Dr.T.Veeramani the Quiz was conducted to test the knowledge about the great supremacies.

Outcome of the program: Students has been participated in this quiz.



STUDENTS HAS BEEN PARTICIPATED IN THIS QUIZ

CREATE THE VOTER AWARENESS 23.02.2022

PRIST Deemed To Be University NSS Cell Along With Collector Office Which create the Voter Awareness Short Film Advertisement With Sophisticated Electronic Vehicle On 100% Turnout In Urban Local Government General Elections As Per Tamilnadu State Election Comission Order on 23.02.2022



DISTRICT COLLECTOR COMMENCE THE VOTER AWARENESS SHORT FILM ADVERTISEMENT

HEALTH AWARENESS PROGRAMME FOR SCHOOL STUDENTS AT BUDHALUR

NSS Programme Officer educated and created awareness about a very important disease that has been declared as a Pandemic by WHO- Corona virus disease (COVID 19) among the 125 NSS volunteers and NSS Programme Officers of our University. Awareness programme was conducted on 09.03.2022. Awareness was created regarding risk factors, high risk areas, symptoms, signs, diagnosis, treatment, complications, and most importantly the methods of prevention and precautions to be taken to safeguard oneself. The myths created on social media were also busted. They were made aware about the importance of using masks, the people at high risk who require the use of masks and that not everybody needs to wear a mask. They were also told that panic will not help in any way, but being aware of the problem, taking up the responsibility of creating awareness to peers and other family members to tackle the situation, approaching the healthcare providers and hospitals in case of any suspicion, is the key to control such a pandemic. Hand hygiene and its importance were also discussed. The programme continued till around 3:45 pm, followed by questions and answers session for the student volunteers and teachers/POs to clarify any doubts. The students enthusiastically participated in this discussion and asked their queries which were answered.



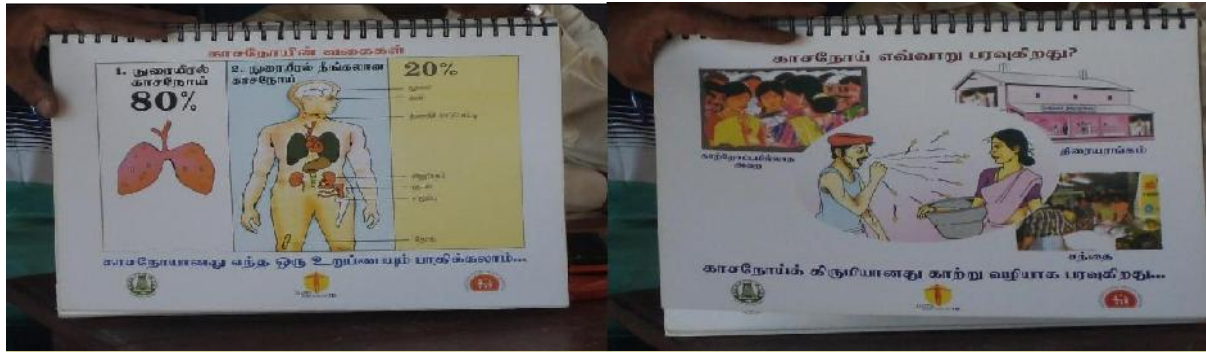
a. Students practice on respiration



b. Demo for proper Hand cleaning

WORLD TB DAY MARCH

The community Health Nursing Department with NSS CELL from PRIST University was created TB awareness program to the public through skit, puppet show in Munnaiyampayyi village. 120 students was participated in this programme. The program was felicitated by Dr. Joymarryja cquelinebmo, Thanjavur, Dr. Punithavathi Head, Mr. A. G. Kannan Field publicity officer, Mr. R. RAjkumar, Field TB awareness nodel officer Buthalur & NSS Coordinator PRIST University.



Lecturer for – TB day event

TREE PLANTATION

On 31st March, 2022, PRIST University successfully completed the event of Tree Plantation under the National Service Scheme at college campus. Trees are the foremost source for producing the oxygen in environment, they helps to reduce the level of CO₂. As we all know that the whole world is facing the problem of global warming and to recover from such problem planting the trees is become one of the most important aspects today. The event was began with the welcoming of guest Honorable, Dean Dr L.Chinappa,. PRIST University Welcome speech has been given by the Programme Officer Dr.T.Veeramani at that time Dean Advice to

volunteers to think differently for the Society to make positive changes and to make improvement.



TREE PLANTATION

SWATCH BHARAT-CAMPUS CLEANING

Swachh Bharat was observed in the month of at the Along with the NSS volunteers, service minded faculty members and staffs of the university, participated in the inaugural ceremony and pledged to take part in the cleanliness campaign.

The NSS volunteers gathered to clean the surroundings of the individual buildings in the campus. 105 NSS volunteers enthusiastically collected plastic wastes, tea cups, weeds, and dry leaves spread over the surrounding areas. The

volunteers gathered all the waste and trash bags to the place where the university arranged for the removal of collected wastes. The whole cleaning drive was quite inspiring and motivating for the NSS team members.







Campus cleanliness drive conducted by NSS volunteers of PRIST Deemed University

WOMEN EMPOWERMENT PROGRAM

PRIST NSS Cell Organized Women empowerment programme at Kuruvadipatti Village on 15th

April 2022. 50 NSS volunteers and staff members along with 25 women's from nearby village are got Tailoring training from our University.



While Women's are engaged training

HEALTH CAMP FOR VILLAGE PEOPLE AFTER COVID-19

NSS wing organized the Health camp for COVID-19 awareness program on 28th April 2022.

Health screening inspection was engaged in village peoples including children. The doctors of Meenatchi hospital Thanjavur accepted the request made by NSS Unit of our University and deputed a team of staff members and 120 student including doctors in a mobile van in to the village.



Health inspection

ENTREPRENEURSHIP DEVELOPMENT PROGRAM

In the present era of cut throat competition limited job opportunities are available and hence thesis high time to think about alternative option of job. An individual can become self-assured by giving his/her efforts in the direction of Entrepreneur. They play a vital role in the country's economic growth and also create employment opportunity for others.

With this noble prospective in mind PRIST NSS Cell has organized an Entrepreneurship Development Program on 29.04.2022 at Coir Board Thanjavur. Interested village people from adopted villages like Munnayampatti , Kuruvadipatti have participated in the Entrepreneurship Development Program .they have shown their enthusiasm and active participation during the program. All experts have delivered contents in interesting way.



Experts have delivered contents in interesting way

POND CLEANING ACTIVITY AT MUNNAYAMPATTY

As part of cleaning activity of The PRIST Deemed to be University NSS Cell, 50 volunteer cleaned the Village pond located at Munnaiyam patty. The pond was out grown with weeds and unwanted plants by our volunteers.



Volunteers remove unwanted plants

WORLD ENVIRONMENT DAY - 2021

In the connection of World Environment Day -2021, 05.06.2021 Online Quiz competition was conducted by Intach, Little Scholar Matric School, Clean Thanjavur Movement and National Green Corps,Thanjavur. EDUCATION DISTRICT conducted at Palace Campus. 120 students was participated in the competition. Prince Bhabaji Bhonsle, convenor, INTACH presided over the programme .DR.RADHIKA MICHAEL, President CTM awarded the prizes to winners Programme was conducted by following up Corona awareness, Protection Government Guidelines.



Students were participated the Environmental awareness program

VACCINATION AWARENESS PROGRAMME

NSS volunteers organized National vaccination day awareness program on 06.09.2021 and contributed actively for successful implementation of COVID-19 vaccine rollout activities such as mobilization and community engagement, dissemination of the message about benefit of vaccine and building confidence among the community regarding vaccine safety through by various mediums like social media, door to door awareness, public announcement, wall painting, posters etc. 150 NSS volunteers from encouraged people to adopt COVID-19 appropriate behavior and worked on environment building of vaccine acceptability throughout the country. For successful implementation of this nationwide campaign,



Vaccination awareness created by our volunteers

NSS Programme Officer educated and created awareness about a very important disease that has been declared as a Pandemic by WHO- Corona virus disease (COVID 19) among the 125 NSS volunteers and NSS Programme Officers of our University. Awareness programme was conducted on 09.03.2022. Awareness was created regarding risk factors, high risk areas, symptoms, signs, diagnosis, treatment, complications, and most importantly the methods of prevention and precautions to be taken to safeguard oneself. The myths created on social media were also busted. They were made aware about the importance of using masks, the people at high risk who require the use of masks and that not everybody needs to wear a mask. They were also told that panic will not help in any way, but being aware of the problem, taking up the responsibility of creating awareness to peers and other family members to tackle the situation, approaching the healthcare providers and hospitals in case of any suspicion, is the key to control such a pandemic. Hand hygiene and its importance were also discussed. The programme continued till around 3:45 pm, followed by questions and answers session for the student volunteers and teachers/POs to clarify any doubts. The students enthusiastically participated in this discussion and asked their queries which were answered.



a. Students practice on respiration



b. Demo for proper Hand cleaning

WORLD TB DAY MARCH

The community Health Nursing Department with NSS CELL from PRIST University was created TB awareness program to the public through skit, puppet show in Munnaiyampayyi village. 120 students was participated in this programme. The program was felicitated by Dr. Joymarryja cquelinebmo, Thanjavur, Dr. Punithavathi Head, Mr. A. G. Kannan Field publicity officer, Mr. R. RAjkumar, Field TB awareness nodel officer Buthalur & NSS Coordinator PRIST University.



Lecturer for – TB day event

WOMEN EMPOWERMENT PROGRAM

100 NSS volunteers and staff members organized women empowerment program on 15th April 2022, In our University campus, totally 25 women's from near village are got training from our university.



While Women's are engaged training

NSS wing organized the Health camp for COVID-19 awareness program on 28th April 2022. Health screening inspection was engaged in village peoples including children. The doctors of Meenatchi hospital Thanjavur accepted the request made by NSS Unit of our University and deputed a team of staff members and 120 student including doctors in a mobile van in to the village.



Health inspection

EYE CAMP FOR VILLAGE PEOPLE

Free Eye Treatment to underprivileged Rural People on 25th May 2022. Vasan Eye Care Hospital-Thanjavur accepted our request of our NSS Unit and deputed a team of doctors in a mobile van into the village. Totally 350 peoples are benefited with the Eye camp. 100 Nss volunteers involved the eye camp.



Free eye screening to the villagers

BLOOD DONATION CAMP

The National Service Scheme (NSS) of our University in associate with Thanjavur Raja Mirasudhar Hospital organized a Blood Donation program on 03.06.2022. Around 100 units of blood were collected in this blood donation event. Blood Donation Camp starts at 8 a.m. More than 150 volunteers of NSS participated in this mega event. Every donor was duly take care of by the volunteers of the NSS group. All the donors were accompanied by the NSS volunteers to the refreshment, breakfast and awarded a blood donation certificate for donating blood and saving lives. The functioning of the camp went great by the sincere and disciplined efforts of the volunteers of each group present there and the event yet more exuberant.



NSS volunteers involved blood donating

INTERNATIONAL YOGA DAY

International Yoga Day was organized by NSS Unit from our University. 165 volunteers participated in the activity on the occasion of 8th International Yoga Day on 21st June, 2022. The International Day of Yoga has been celebrated annually on 21 June since 2015, following its inception in the United Nations General Assembly in 2014. Despite being times of the quarantine, the volunteers celebrated the true spirit of Yoga by practising Yoga at home. The volunteers performed various yoga asanas at convenient time between 5 AM and 8 AM in the morning. The photographs of volunteers and staff members are performing yoga asanas in university auditorium. Volunteers expressed that they had a wonderful and refreshing experience of peace through Yoga, the amalgamation of the fitness of the mind, body and soul.



Volunteers are engaged the yoga practices

BLOOD DONATION CAMP

The National Service Scheme (NSS) of PRIST Deemed to be University in associate with

Thanjavur Medical College organized a Blood Donation program on 26.07.2022. Around 140 units of blood were collected in this blood donation event. Blood Donation Camp starts at 8 a.m. More than 200 volunteers of NSS participated in this mega event. All the donors were accompanied by the NSS volunteers to the refreshment, breakfast and awarded a blood donation certificate for donating blood and saving lives.



NSS volunteers involved blood donating

SWACHTAPAKHWADA ACTIVITIES

NSS organized Swachh Bharat activities on 07.08.2022 within the University campus. On the day of Swachh Bharat Fortnight inauguration, students and faculty members took pledge of cleanliness. A signature campaign was also organized to create awareness on keeping the campus clean and green. Further to the inaugural event, a seminar was conducted on “Awareness on Green Environment”. More than 200 students and volunteers engaged themselves in various activities including cleaning the surroundings of library building, hostel buildings, department buildings and administrative building. Apart from these, students were involved in removal of mesquite trees from the University campus and planting saplings in both academic and residential campuses. Awareness programmes and competitions were also conducted for students to bring about visible changes in the surroundings and to efficiently deal with waste disposal.

The NSS volunteers gathered to clean the surroundings of the individual buildings in the campus. NSS volunteers enthusiastically collected plastic wastes, tea cups, weeds, and dry leaves spread over the surrounding areas. The volunteers gathered all the waste and trash bags to the place where the university arranged for the removal of collected wastes. The whole cleaning drive was quite inspiring and motivating for the NSS team members.

Collection of Garbage from the University campus: The NSS volunteers gathered to clean the surroundings of the individual buildings in the campus. NSS volunteers enthusiastically collected plastic wastes, tea cups, weeds, and dry leaves spread over the surrounding areas. The volunteers gathered all the waste and trash bags to the place where the university arranged for the removal of collected wastes. The whole cleaning drive was quite inspiring and motivating for the NSS team members.

Removal of mesquite trees from the University campus: Invasion of mesquite trees in the University campus has been a long concern. Its encroachment reduces herbaceous resources and causes land dryness by sucking ground water. Our NSS volunteers actively took initiative to remove mesquite from the University campus.



a. Garbage and life litters collection from the University campus



b. University campus cleaning drive

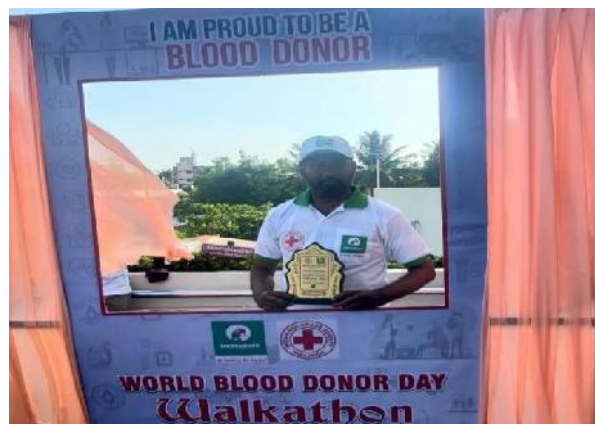
BLOOD AWARENESS RALLY WALKATHON

The National Service Scheme (NSS) of our University in associate with Thanjavur Medical College organized a Blood Donation program on 01.10.2022. Around 500 units of blood were collected in this blood donation event. Blood Donation Camp starts at 8 a.m. More than 170 volunteers of NSS participated in this mega event. Every donor was duly taken care of

by the volunteers of the NSS group. All the donors were accompanied by the NSS volunteers to the refreshment, breakfast and awarded a blood donation certificate for donating blood and saving lives. The functioning of the camp went great by the sincere and disciplined efforts of the volunteers of each group present there and the event yet more exuberant.



NSS volunteers given Blood donation awareness



NSS coordinator received awards

HEALTH AND HYGIENE AWARENESS PROGRAMME:

A Health Awareness programme was organized last 7th October 2021 our University premises. The eminent and famous doctors of our locality were invited and they took part in this programme. The well-known dietitian of the locality Dr. Malarvizhi, was selected President of the camp. All the doctors emphasized the necessity for personal health and hygiene. The doctors advised the students to eat healthy balanced food and to keep him or her clean. Most of the doctors highlighted the need for sleeping inside mosquito nets at night and to drink boiled water to prevent diseases like malaria, dengue

and enteric diseases. The students were told not be lured by fast food, colored drinks, cold drinks and cut fruits. The doctors also emphasized the need for taking physical exercise daily. Regular physical exercise makes one's body healthy and stout. They guest doctors also focused on the need for keeping oneself clean and on keeping hands cleaned and washed. They said that the students need to keep themselves free from any kind of unhealthy materials. Totally 50 housekeeping workers and 20 volunteer's involved in this programme.

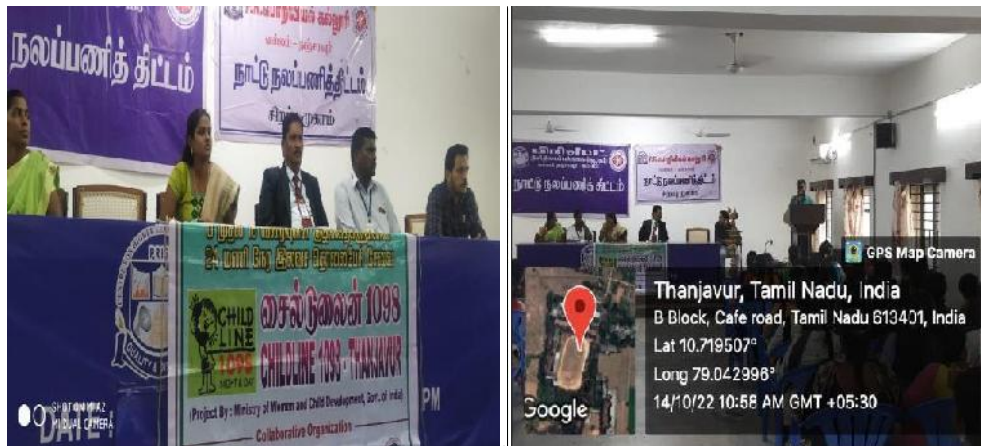


Doctor gave instructions

WOMEN AND CHILD WELFARE AND CYBER CRIME AWARENESS PROGRAMME on 14.10.2022

PRIST University NSS Cell jointly organized with District Social Welfare Office and Ministry of Women and Child Development to create awareness among the College students about all the citizens of India have right to live quality life. Bharatiya Stree Shakti strives for gender equality and women empowerment so that women could live in peace and harmony in Indian society. The infamous “Nirbhaya” case generated widespread outrage and was widely

condemned in India and abroad. The Ministry of Women and Child Development (MWCD), Government of India, investigated the impact of changed policies and laws. The research project “**Tackling Violence against Women: A Study of State Intervention Measures**” aimed at documenting the changes in registration of the cases of violence against women after the policy level changes and to compare the national scenario related to the violence against women. The awareness given by Mrs.M.VIMALA District Social Welfare Officer. Mrs.A.Juliya field officer, Mrs.N.Elamathi MWCD coordinator. Totally 150 girls students involve the programme.



Awareness given by Mrs.M.VIMALA District Social Welfare Officer

WORLD ETHICS DAY CELEBTATION ON 31.10.2022

WORLD ETJDCS DAY CELEBRATIONS



PRJSH SRINOM. OF ARTS & SCIENCES
along with
National Service Scheme (NSS)



WMcome dd:res5' : Dr. R. Manikandan
NSS Officer

Presendenll I Add.re s : D " L Obinnappa
Dean. School of Arts & Sciences

Spe.dal Adde : Dr. Raj.Ramkrishna M.D.R. • M.D.,
Ameila A. Poat Ho pltlf, ThajitYur

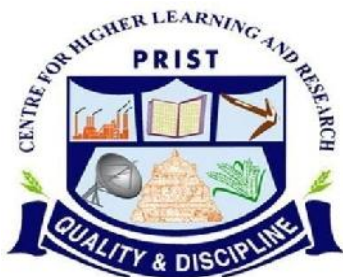
Vote of Thanks : Dr. T. Veermani
S.S Programme Officer

Venue : CRD S mhi .r Hall - n

Date : m - .10 - 022:

Time : 11.30 A.M.





PRIST
DEEMED TO BE
UNIVERSITY
THANJAVUR - 613 403, TAMIL NADU



BREAST CANCER AND CERVICAL CANCER AWARENESS PROGRAMME

4.11.2022



Organizer
Dr. S.AMBIGA
&
Dr.R.MANIKANDAN

Organized by

**DEPARTMENT OF BIOCHEMISTRY
SCHOOL OF ARTS AND SCIENCE
&
NATIONAL SERVICE SCHEME (NSS)
PRIST DEEMED TO BE UNIVERSITY
THANJAVUR, TAMILNADU**

**BREAST CANCER AND CERVICAL CANCER
WILSON'S ROGRAMM**



DEPARTMENT OF BIOCHEMISTRY
along with
NATIONAL SERVICE SCHEME (NSS)



Welcome Address : **Dr. K. Manikandan**
NSS Coordinator

Presidential Address : **Dr. L. Chinnappa**
Dean, School of Arts & Science

Inauguration Speaker : **Dr. S. Ambiga**
Head, Department of Biochemistry

Special Address by : **Dr. A. A. Smitha Banu, PhD B.S., MS.,**
Consultant - Obstetrics and Gynaecology
Srikanth Medical Centre, Thiruvananthapuram

Special Address by : **Mr. Matha. van kribsnan**
Chief Marketing Officer,
Srikanth Medical Centre, Thiruvananthapuram

Vote of Thanks : **Prof. J. Subarna**
NSS Programme Officer

Venue : CRJ Seminar Hall

Date : 04-11-2022!

Time : 11.00 A.M.

**Event organized: Department of
Biochemistry & NSS**

BREAST CANCER AND CERVICAL CANCER AWARNESS PROGRAMME

Introduction

The posters provide awareness among students, regarding the types of cancer, early symptoms, diagnostic methods and preventive methods, and motivate them to avoid habits that increase the risk of cancer. The importance of cancer awareness has been emphasized as a means of ensuring behavior that facilitates early detection, whereas the absence of cancer awareness has been seen as a detriment to this end. Delay in health-seeking is also attributed to factors such as illiteracy, financial constraints, as well as myths and superstitions along with lack of awareness and this go hand-in-hand, most of the time. Screening is an important preventive measure in cancer control. Even though the national programme in India has a screening component, it is yet to take root in most part of the country. At present, most of the screening tests are available at higher centers only.

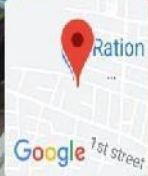
OBJECTIVES:

- Create cancer awareness and remove the stigma and fear attached.
- Help people recognize early signs and symptoms of cancer, thus enabling them to seek at an early stage.
- Educate students about the key risk factors, since more than 30% of cancer cases could be prevented by modifying lifestyle or avoiding the risk factor.
- Inform women about mammograms, clinical breast exam and breast self-exam
- Inform students about the importance of regular screening and check-ups

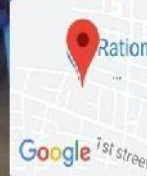
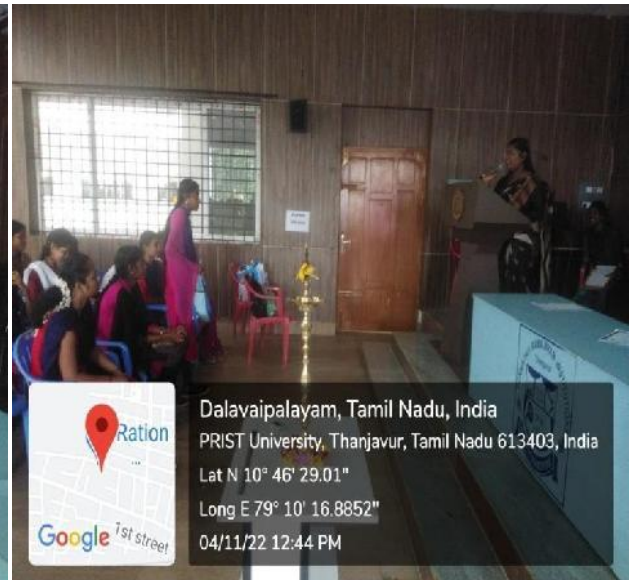
Organizing members

- Dr.S.Ambiga
- Dr.R.Manikandan – NSS coordinator
- Dr. A. Bakrudeen ali ahmed
- Dr.S.Sathishkumar
- MR.R.Viswalingam

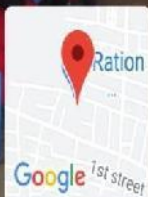
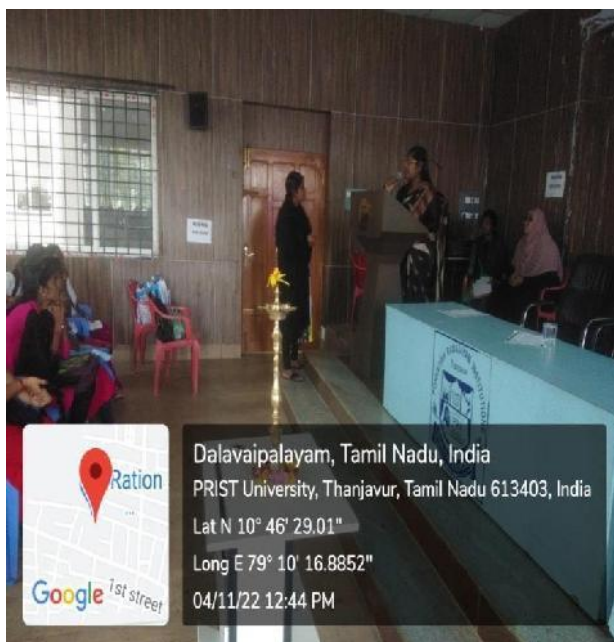




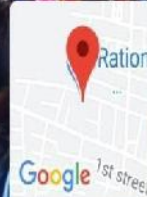
Dalavaipalayam, Tamil Nadu, India
PRIST University, Thanjavur, Tamil Nadu 613403, India
Lat N 10° 46' 29.01"
Long E 79° 10' 16.8852"
04/11/22 12:45 PM



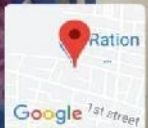
Dalavaipalayam, Tamil Nadu, India
PRIST University, Thanjavur, Tamil Nadu 613403, India
Lat N 10° 46' 29.01"
Long E 79° 10' 16.8852"
04/11/22 12:44 PM



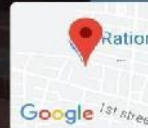
Dalavaipalayam, Tamil Nadu, India
PRIST University, Thanjavur, Tamil Nadu 613403, India
Lat N 10° 46' 29.01"
Long E 79° 10' 16.8852"
04/11/22 12:44 PM



Dalavaipalayam, Tamil Nadu, India
PRIST University, Thanjavur, Tamil Nadu 613403, India
Lat N 10° 46' 29.01"
Long E 79° 10' 16.8852"
04/11/22 12:44 PM



Dalavaipalayam, Tamil Nadu, India
PRIST University, Thanjavur, Tamil Nadu 613403, India
Lat N 10° 46' 29.01"
Long E 79° 10' 16.8852"
04/11/22 12:23 PM



Dalavaipalayam, Tamil Nadu, India
PRIST University, Thanjavur, Tamil Nadu 613403, India
Lat N 10° 46' 29.01"
Long E 79° 10' 16.8852"
04/11/22 12:23 PM



NOCROW-S. MOHt



Dir. A., AS HA BANUI

Colli51Ultant - Obstet iri cs cB:lim Gyn | e | f | logv

- She is a for i g a s a o is l a s t i c s a i d G , a e c o l - at Sri a matehi e d l i c a i l C e n t r e - T h a 1 1 j v r
 - She compe:e he _ grad .ati (JmBSJ o **Chennai** e i c a l o l e g e s . p i l & I R ! e . s . e a c C e n t e . - T ' i c
 - She got er . ater of u 1 1 e r y i n o b s t e : i c s a d i G ' U ' a e c o l . t ; U Dr . . r i . J . e d i c a i l C o l l e g e H a : s p a l & e s e a r c h C e n t r e - J o d h p . r
- She has i -depth Imo' edge and g | -od clinicaill ac me | in ma _ a g i g v a i r i a . s . H a m e n * s r e . l a t e d i e a l t d i s e a : s e a i d d i s ; o e r s .**
- **She has received ' ng Scholar Award from ASI organised b Tore nt P arma tldl**
 - She s p b l i S e e l a i n ' U ' m e d l i c a i l a i c l e s i N a t i n a l j o m l s . d p a i c i a t e d i n n a t i 1 1 l a n d i r r e n a n t , a l l e ' U ' e l C a r r f e r e c e s , S e i . a r s & s h a p s
 - She - e . e n i t e r e s . i P a s t C a e s e a n e c t i a d P r e v e n t i v e W ' o e n ' s H e a i l . .



HAVAN KRISHNA

CHIEF MARKETING OFFICER

RJKMACHINDIA LIMITED - NTR - NIAVJR

He graduated in Pharmacy (B. Pharm) from the prestigious institution JSS (OIL & GAS PHARMACEUTICALS - 1993) and Post Graduate in Master of Business Administration (MBA) in 1996 with specialization in Marketing and Management.

He has received 'THE GEM OF INDIA' award from The Management Course, New Delhi for innovative marketing strategies; at national event.

He has been a member of the committee, with an ability to exceed objectives in the field of marketing. He is currently working as Chief Marketing Officer at RJKMACHINDIA LIMITED.

Over his career spanning 15 years, he has worked in multiple organizations across leading corporate hospitals/groups such as AJPOUD, GtOBAL & AMR in India.

Expert in defining Strategy, Brand Development, Product Management, Marketing, Sales, and Distribution. He has worked in leading high performance teams and open, honest and challenging environment.

The Department of Biochemistry & NSS CELL had organized “Breast cancer and Cervical cancer awareness programme” on 4th **NOVEMBER** 2022. Welcome address given by **Dr. N.Manikandan, NSS coordinator**, Department of Chemistry, Presidential address Dr. L. **Chinnappa** Dean, School of Arts and Science, PRIST University, Introduction to Chief Guests given by **Dr. S. Ambiga**, Associate Professor, Department of Biochemistry, PRIST University. Awareness programme given by the resource persons **Dr. A. Asmitha Banu M.B.B.S., M.S., Consultant-Obstetrics and Gynecology, Srikamatchi Medical Centre, Thanjavur**. Vote of thanks given by Prof. J.Subarna, NSS Programme Officer, Assistant Professor, Department of English, PRIST University, Vallam, Thanjavur, Tamil Nadu. Total participated members 100 among that 10 Female Faculty members from the Department of Biochemistry, Biotechnology Microbiology, English, Chemistry, Physics, Computer Science, BCA and Maths 100 students were participating in this event. Invited speakers are enlightening the students regarding the above topic. Students were asked so many questions and get clarification from the resource person. This awareness programme was very useful for students and it was highly appreciated by all students and faculty. Leprosy eradication and dengue awareness programme. leprosy eradication and dengue awareness programme rally was held on 25 th november2022 under the leader ship of District health inspector on behalf of PRIST Deemed to be University NSS Cell.

LEPROSY ERADICATION AND DENGUE AWARENESS PROGRAMME.

Leprosy eradication and dengue awareness programme rally was held on 25 th November 2022 at our adopted village vallam puthur, Under the leader ship of District health inspector on behalf of PRIST Deemed to be University NSS Cell.



a. Leprosy Eradication awareness



b. Dengue Awareness in Village



PRIST
DEEMED TO BE
UNIVERSITY
NAAC ACCREDITED
THANJAVUR- 613 403 - TAMIL NADU



**EXTENSION AND OUTREACH PROGRAMMES
CONDUCTED THROUGH**

NATIONAL SERVICE SCHEME

**PONNAIYAH RAMAJAYAM INSTITUTE OF SCIENCE &
TECHNOLOGY (PRIST) DEEMED UNIVERSITY**

**LIST OF ACTIVITIES
ACADEMIC YEAR
2020-2021**

NSS REGULAR ACTIVITY DETAILS

S.NO	PROGRAMME	DATE
1	LECTURE RELAY ON "WORLD ENVIRONMENTAL DAY	05 th June 2020
2	HEALTH AWARENESS PROGRAMME	12 th June 2020
3	COVID-19 AWARENESS PROGRAMME	12 th June 2020
4	CAREER GUIDANCE PROGRAMME	20 th December 2020
5	ENVIRONMENT AWARENESS PROGRAMME	21 st Nov 2020
6	VACCINATION AWARENESS PROGRAMME	6 th Sep 2021
7	CELEBRATED INTERNATIONAL DAY OF YOGA	21 st June 2021
8	CONSERVATION OF BIOBIVERSITY (NATIONAL BIRDS DAY)	21 st November 2021
9	VACCINATION AWARENESS PROGRAMME	10 th December 2021
10	WORLD TB DAY MARCH 24	24 th March 2021



PRIST
DEEMED TO BE
UNIVERSITY
NAAC ACCREDITED
THANJAVUR – 613 403 - TAMILNADU

PRIST N.S.S. CELL, GREEN CELL & I.I.C.

LECTURE RELAY ON

“WORLD ENVIRONMENTAL DAY 2020”

EVENT ON 05.06.2020



Prof D. K. Sharma
Professor
Indian Institute of Technology, Delhi.
Topic: Emery from waste
Time: 11.00 to 11.30.



Dr R Velmurugan
Professor
Indian Institute of Technology, Madras.
Topic: Eco-friendly materials
Time: 11.30 to 12.00.



Pratap Kumar Padhy
Professor/ Environmental Studies
Visva Bharati University
Topic: Environment Perception of India versus World
Time: 12.00 to 12.30.



Registration Form Link: <https://forms.gle/qWyBX9ZauvcwW3gYA> / QR CODE



- *After the registration Meeting Id will sent to the concern E-Mail Id.
- *After the Submission of the Feedback Form for E-Certificate will send through Email.
- *Participation and scoring in quiz will count towards N.S.S. hours and Green score for students from PRIST

Invitation for the event

Dear participants, Warm greetings from

PRIST DEEMED TO BE UNIVERSITY, Thanjavur, Tamilnadu, India

PRISTNSS CELL, GREEN CELL & I.I.C.

LECTURERE LAY ON

“WORLD ENVIRONMENTAL DAY 2020”

Resource person

Prof K.Sharma Professor

Indian Institute of Technology, Delhi.

Topic: Energy from waste

Dr.R.Velmurugan

Professor

Indian Institute of Technology, Madras.

Topic: Eco-friendly materials

Dr. Pratap Kumar

Padhy Professor/Environmental Studies

Visva Bharati University•

Topic: Environment Perception of India versus World

Date: 05.06.2020

Time: 10.45 AM India Standard Time -Kolkata

Please click the link for

registration <https://forms.gle/qWyBX9ZauvcwW3gYA>

No Registration fee. After the Submission of

Feedback form

E-Certificate will be issued through your mail.

Kindly download google meet app in your Mobile/Laptop /PC to join the meeting Please click the link to join the meeting <https://meet.google.com/aeo-xsck-rcv>

WORLD ENVIRONMENTAL DAY

PRIST Deemed to be University NSS Cell Celebrated World environmental day. In the institution through online in “Google Meet” App on 5th June 2020. In this programme, delivering online lecturer on Importance of environment and how save the various environmental, and demonstration given to the faculty members, staff, students and Public. The Welcome address was delivered by Prof D.K.Sharma Professor, Indian Institute of Technology, Delhi and Dr. Pratap Kumar Padhy Professor/Environmental Studies VisvaBharati University. This lecturer also emphasized the importance of nature in day today life for strengthen our environment, and how to increase the planting tree for green environment. Totally 153 participant are participated in the event and finally online certificate given to the participant.



Creating Awareness on COVID-19 Vaccination is the Need of the Hour

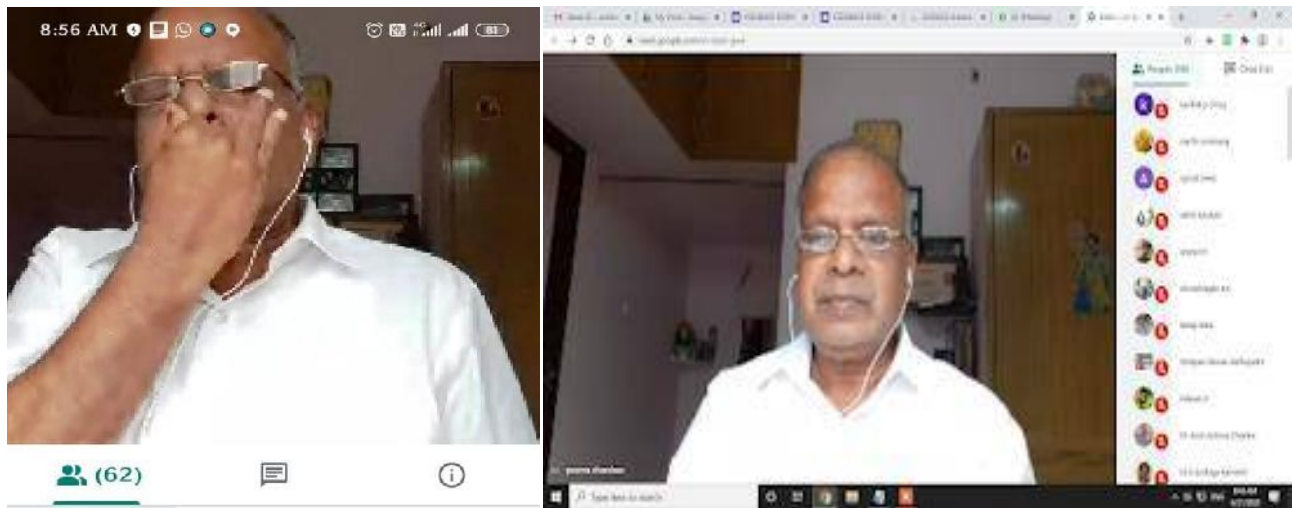
PRIST NSS Cell raising awareness on COVID-19 vaccination through Social Media. Here with to create awareness in and around Thanjavur the importance in the current scenario has become the need of the testing time. The first & the second wave of the Corona virus pandemic led to a dramatic loss of human life all over the world and put forward an unmatched challenge to the public health system, food systems as well as the realm of work. The socio-economic disruption caused by the COVID-19 pandemic is just devastating.

The COVID-19 pandemic has been hitting the complete food system and has put bare its fragility. Trade confinements, Border closures, and restraint measures have been restricting farmers from accessing markets, entailing for purchasing inputs as well as selling their produce, and agricultural workers from reaping crops, therefore disturbing domestic as well as international food supply chains and decreasing access to healthy, reliable and distinct diets. COVID-19 outbreak has decimated jobs and put around millions of livelihoods at risk. As financial supporters and leading persons in the family lose jobs, fall ill and lose their life, the food security, as well as nutrition of millions of men and women, are under threat, with those in economically backward and less developed countries, especially the most marginalized groups, which cover small-scale farmers as well as indigenous masses, being hardest hit.



CELEBRATED INTERNATIONAL DAY OF YOGA

PRIST Deemed to be University NSS Cell Celebrated International Day of Yoga in the institution through online in “Google Meet” App on 21st June 2020. In this programme, Yoga demonstration given to the faculty members, staff, students and Public, around 235 participants are participated this event. The Welcome address was delivered by Dr.S.Sukumar, NSS Coordinator. On this occasion, Prof.S.Poornachandran, Sky Yoga, Thanjavur was the chief guest of this function. In his address, he gave lecture on topic of “Yoga as a Life- Safe Guard Medicine”. He also emphasized the importance of yoga in day today life for strengthen our mental health and physical fitness, and how to increase the body flexibility and reduces stress and also given Yoga Training.



Yoga practices - Respiration

CONSERVATION OF BIOBIVERSITY (NATIONAL BIRDS DAY)

PRIST Deemed to be University NSS Cell Celebrated CONSERVATION OF BIOBIVERSITY (NATIONAL BIRDS DAY) on 21stNov 2020.In the institution through online in “Google Meet”.

In this programme, delivering online lecturer on Importance of environment and how save the various environmental, and demonstration given to the faculty members, staff, students and Public. The Welcome address was delivered by Prof D.K.Sharma Professor, Indian Institute of Technology, Delhi and Dr. Pratap Kumar Padhy Professor /Environmental Studies VisvaBharati University.This lecturer also emphasized the importance of nature in day today life for strengthen our environment, and how to increase the planting tree for green environment. Totally 153 participant are participated in the event and finally online certificate given to the participant.



PRIST
DEEMED TO BE
UNIVERSITY
NAAC ACCREDITED
THANJAVUR - 613 403 - TAMIL NADU



NATIONAL SERVICE SCHEME PRIST NSS CELL & CLEAN THANJAVUR MOVEMENT.

Green Talk
An Online Series of popular
Lectures on Nature and
Environment conservation on the
occasion of National Birding Day

Date: 21.11.2020.

Time: 02:00.P.M – 03:30.P.M

TOPIC: "LET'S KNOW OUR VILLAGE BIRDS!"

"நம்ம ஊரு பறவைகளை நாம் அறிவோமே!"



SPEAKER:
DR. B. RAM MANOHAR
Thanjavur District NATIONAL
GREEN CORPS COORDINATOR,
Dept of Environment, Chennai .15.



MEETING LINK: <https://meet.google.com/tgg-bioc-owo>

Invitation

CAREER GUIDANCE PROGRAMME

PRIST Deemed to be University NSS Cell Celebrated **CAREER GUIDANCE PROGRAMME** On 20thDecember 2020. In the institution through online in “Google Meet”. In this programme, delivering online lecturer on Importance of **CAREER GUIDANCE**, and demonstration given to the faculty members, staff, students and Public. The Welcome address was delivered by Mr.K.Manikandan, senior engineer Toyota Indian PVT., Hosur. This lecturer also emphasized the importance of Job and strengthen our skill, and how to increase the talent. Totally 132 participant are participated in the event and finally online certificate given to the participant.

PRIST
DEEMED TO BE
UNIVERSITY
NAAC ACCREDITED
THANJAVUR- 613 403 - TAMIL NADU

**NATIONAL SERVICE SCHEME
PRIST NSS CELL
ORGANIZES .
LECTURE ON
CARRIER GUIDENCE AND INDUSTRIAL
ENVIRONMENT**

ORATOR :
MR.K.MANIKANDAN
Senior Engineer,
Toyota India (p) Ltd,
Hosur.

DATE
20DEC2020

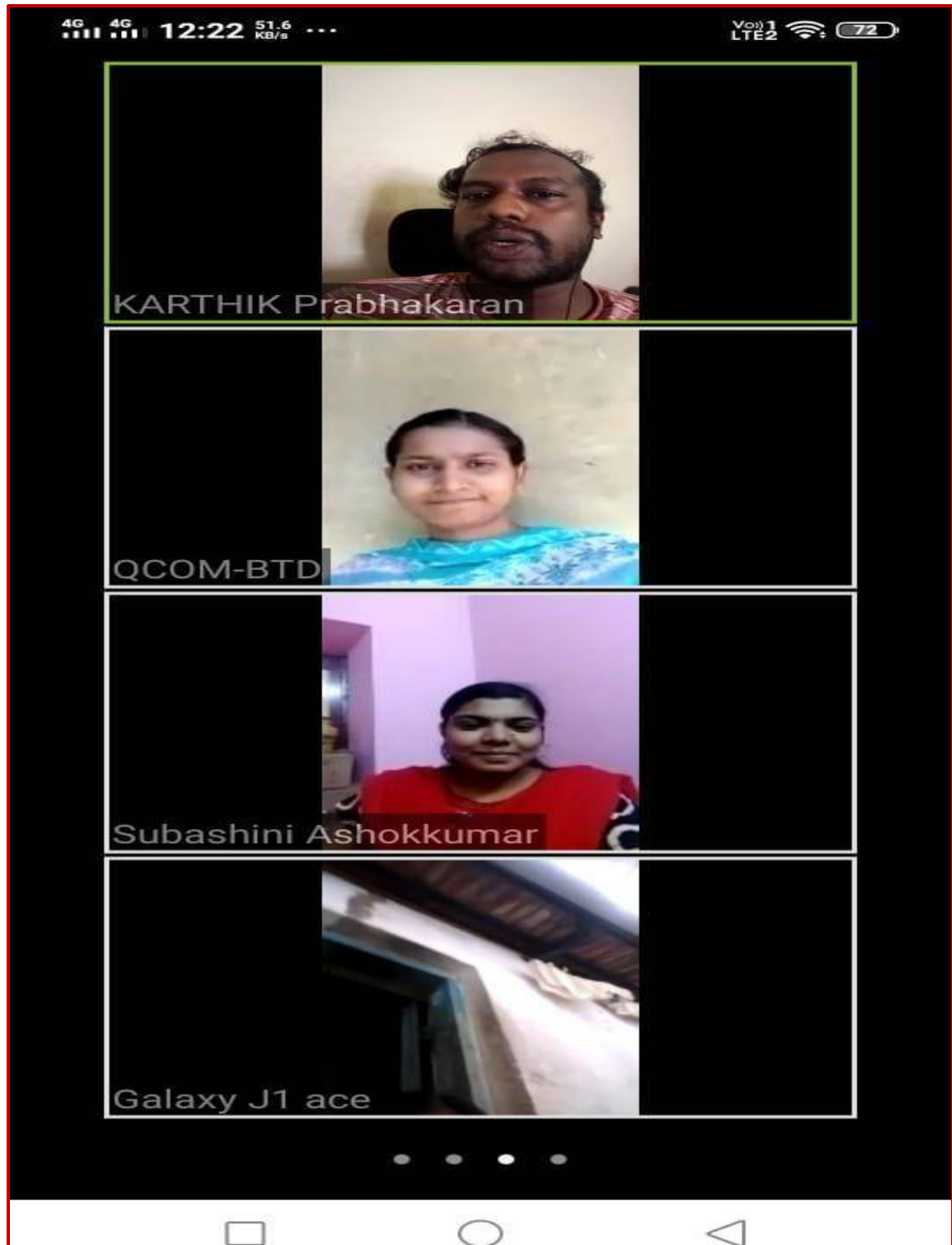
TIME
12:00 P.M

SKILL

EXPERIENCE ABILITY GROWTH
TRAINING ADVANCED TRAINING
COMPETENCE LEARNING KNOWLEDGE

<http://meet.google.com/bym-danv-usp>

Invitation



Online participation

VACCINATION AWARENESS PROGRAMME

NSS volunteers organized National vaccination day awareness program on 06.09.2021 and contributed actively for successful implementation of COVID-19 vaccine rollout activities such as mobilization and community engagement, dissemination of the message about benefit of vaccine and building confidence among the community regarding vaccine safety through by various mediums like social media, door to door awareness, public announcement, wall painting, posters etc. 150 NSS volunteers from encouraged people to adopt COVID-19 appropriate behavior and worked on environment building of vaccine acceptability throughout the country. For successful implementation of this nationwide campaign,



Vaccination awareness created by our volunteers



PONNAIYAH RAMAJAYAM INSTITUTE OF SCIENCE AND TECHNOLOGY

PRIST UNIVERSITY

Under Section 3 of UGC Act.1956

THANJAVUR 613 403, TAMIL NADU, INDIA



Vaccination for everyone

ABOVE

18 YEARS

OF AGE


Free vaccine to all 18+ citizens at Govt. vaccination centers

Walk in both Government and private vaccination centers

For more details visit [cowin.gov.in](https://www.cowin.gov.in)

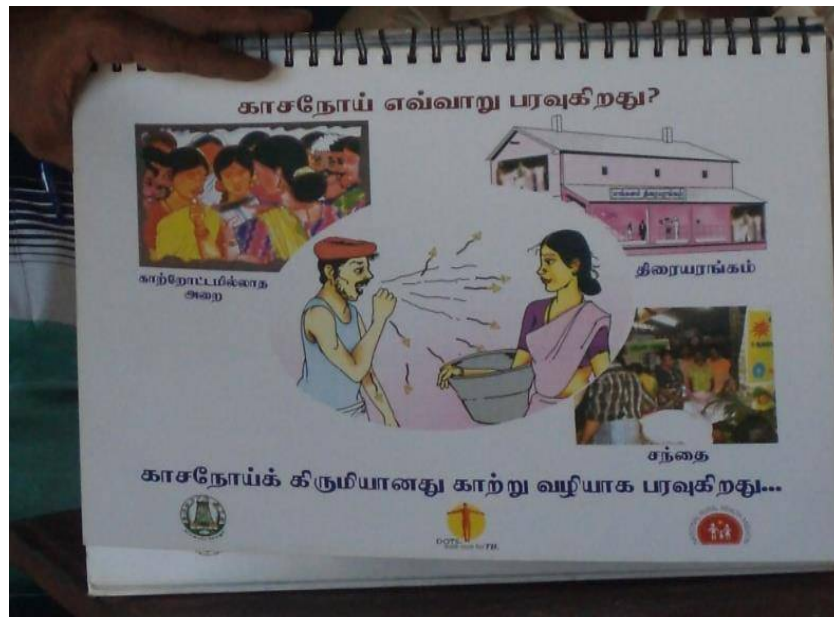
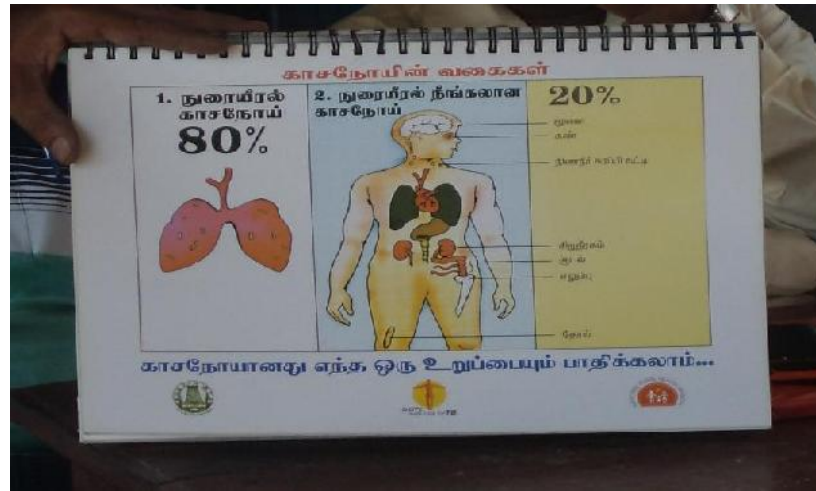
**Together let us defeat covid19,
Get yourself vaccinated as per your turn**

 **1075 toll free**
(National helpline number one
ministry of health and family welfare)

 **18046110007**
Helpline number of NIMHANS for
Psychological support

TB AWARENESS

NSS Unit and the Community Health Nursing Department were created TB AWARENESS to the public through skit, puppet show, in Social media. The programme was felicitated by Dr.JOY MARRY JACQUELINE BMO Thanjavur, Dr.PUNITHAVATHI Head, Health department Budhalur ,Mr.A.G.KANNAN (nambikkai maiyam) Field Publicity officer, Mr.R.RAJKUMAR, Field TB awarness nodel officer buthalur & NSS Programme Officer PRIST.





PRIST
DEEMED TO BE
UNIVERSITY
NAAC ACCREDITED
THANJAVUR- 613 403 - TAMIL NADU



**EXTENSION AND OUTREACH PROGRAMMES
CONDUCTED THROUGH
NATIONAL SERVICE SCHEME**

**PONNAIYAH RAMAJAYAM INSTITUTE OF SCIENCE &
TECHNOLOGY (PRIST) DEEMED UNIVERSITY**



**LIST OF ACTIVITIES
ACADEMIC YEAR
2019-2020**

NSS REGULAR ACTIVITY DETAILS

S.NO	PROGRAMME	DATE
1	INTERNATIONAL WOMENS DAY	8 th MARCH 2019
2	EYE SCREENING CAMP	8 th MARCH 2019
3	HEALTH CAMP FOR WOMEN	8 th MARCH 2019
4	SWACHHTA PAKHWARA- CAMPUS PLAYGROUND CLEANINGACTIVITY	14 TH MARCH 2019
5	THANJAVUR BOOK FESTIVAL	20 TH JULY 2019
6	REPORT ON JAL DIWAS CELEBRATION	22 nd JULY 2019
7	OBSERVANCE OF SADHBHAVANADIWAS- HARMONY DAY	20 TH AUGUST 2019
8	INTERNATIONAL LITERACY DAY CELEBRATION	08 TH SEPTEMBER 2019
9	SKILL DEVELOPMENT PROGRAMME	17 TH SEPTEMBER 2019
10	TREE PLANTATION	20 th September 2019
11	PLASTIC AWARENESS PROGRAMME	26 th September 2019
12	TOBACO AWARENESS PROGRAMME	26 th September 2019
13	VILLAGE POND CLEANING	3 rd October 2019
14	YOUTH AWAKENING DAY	15 TH OCTOBER 2019
15	RASTRIYA EKTA DIWAS	31 ST OCTOBER 2019
16	AWARENESS PROGRAMME ON SAVING WATER RESOURCES	20 TH NOVEMBER 2019
17	AWARENESS PROGRAM FOR “SEEDS COLLECTING FORMING” EXHIBITION	22-23 JANUARY 2020
18	WORLD ENVIRONMENT DAY OBSERVATION	11 th February 2020
19	ROLE OF YOGA IN SOCIAL EMPOWERMENT	28 th February 2020
20	TB AWARENESS PROGRAMME	4 th March 2020

WOMEN'S DAY CELEBRATIONS - SPEECH COMPETITION ON "RURAL WOMEN EMPOWERMENT" – 08-03-2018

PRIST Deemed to be University NSS students participated in a Speech Competition on "Rural Women Empowerment" 08th March '2015 as a part of Women's Day Celebrations; the students presented their view on the topic which was really innovative and informative. The programme was concluded with distribution prizes to the winners.



Women's Day Celebrations Speech Competition

GENERAL HEALTH CAMP – WOMEN

The NSS wing of PRIST Deemed to be University along with Primary Health Centre vallam organized one day general health camp for women. Around 150 girls of our University attended the camp and checked their Hemoglobin content and those who got lower levels received medical advices from the Doctor regarding their diet and medicines.



Checked Hemoglobin content

SWACHHTA PAKHWARA- CAMPUS PLAYGROUND CLEANINGACTIVITY

In accordance to Swachha Bharat Abhiyanprogramme which was launched by our honorable Prime Minister Mr.NarendraModi, our volunteers were involved in “CLEAN INDIA” event which was organized by our University NSS wing. Around 125 NSS volunteers took part in the event. The volunteers involved in cleaning our University premises on 14.03.2019.



NSS volunteers were involved “Clean India” in our campus

THANJAVUR BOOK FESTIVAL – ON 20TH JULY 2019

“The Government of Tamilnadu” organized a special book Exhibition –Thanjavur Book Festival Expo held on 20th July, 2019 at Palace Ground, Thanjavur. The Exhibition had huge collections of books on various subjects, around 120 bookstalls from different publishers. 105 students from our University visited the exhibition and bought books according to their needs and had a memorable experience. NSS Programme officers of the University Mr.U.Vijayshankar and Mr.K.Vinoth coordinate the event.



NSS volunteers - visited book Exhibition

REPORT ON JAL DIWAS CELEBRATION

NSS Students of PRIST Deemed UNIVERSITY celebrated “JalDiwas” on 22nd July 2019 under the “Jal Shakti Abhiyan” initiative from Government of India and instructed by AICTE. The motive of activity to create awareness amongst the students about the climatic changes in India and its effect on a water crisis. University encourages our students who are an integral part of our society to understand the importance of the water conservation.

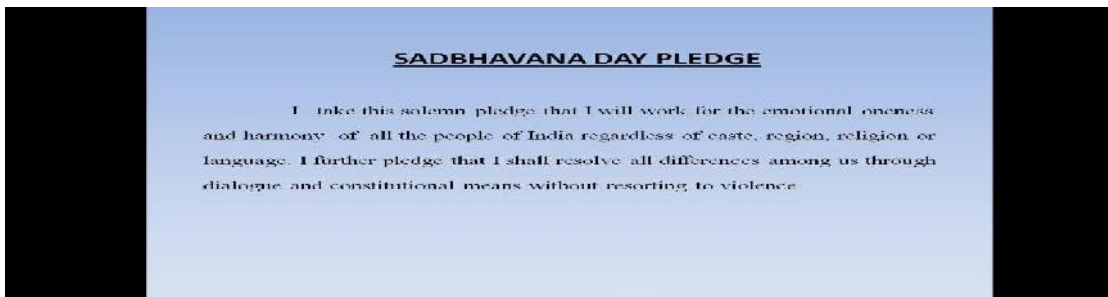
PRIST Deemed to be UNIVERSITY conducted 3 activities i.e. Rally, Poster Making and Presentation. 130 Students actively participated in the activity. University also displayed posters created by students on college premise. Enclosure: Photograph of the event. Prof. B. Jose Ravindra Raj, Nodal Officer, JalShakthiAbhiyan, Department of Civil Engineering,



NSS students actively participated in JAL DIWAS activity

OBSERVANCE OF SADHBHAVANADIWAS-HARMONY DAY

The NSS Units of PRIST Deemed to be University conducted SadbhavanaDiwas on 20th August 2019. This day is observed every year to commemorate the birth anniversary of our youngest Prime Minister Thiru. Rajiv Gandhi. This day is observed to encourage national integration, peace, affection and communal harmony among Indian people. As a mark of observing SadbhavanaDiwas, our 135 NSS volunteers took pledge through Google meet that they will work for the emotional oneness and harmony of all the people of India regardless of caste, region, religion or language.



INTERNATIONAL LITERACY DAY CELEBRATION

The International Literacy Day was decided by the UNESCO at 7th of November in the year 1965 to celebrate it at 8th of September every year which was celebrated first time in the year 1966. It was started celebrating all over the world to emphasize the great importance of the literacy to the individuals, society and communities. The day is celebrated specially to rememorize the status of the literacy and adult education to the international community.

PRIST University “NATIONAL SERVICE SCHEME – Unit IV and V” organized a various Competition in this regards. Miss. K. Jayapriya – Faculty of English from PRIST School of Business coordinated the competition. The Competition was attended by 100 students from various departments of our University. Winners were felicitated with Prizes and Certificates. NSS Programme officers of the University Mr.U.Vijayshankar and Mr.S.R.ElwinGuruchanth coordinate the event.



a. Students participation



b. Demonstration

c. Winners received prize and certificate

SKILL DEVELOPMENT PROGRAMME

As part of Skill Development Programme, NSS Cell, PRIST Deemed to be University, commenced the workshop on Advanced Excel for students, in the University premises, on 17th Sep 2019. The inaugural ceremony was graced by the presence of Dr. L.Chinnappa, Dean School of Arts, PRIST Deemed to be University. The Inaugural session began with the welcome of our Guests, Dr.T.J.Jayacholan by Mr.U.Vijayshankar, NSS Programme officer, followed by the Bouquet presentations to the guests. Further, the workshop involved hands-on training and practice on the Microsoft Excel Application along with solving of assignments and exercises. All the participants found the sessions extremely valuable and appreciated the teaching methodology of our Event Speakers. The faculty members encouraged this initiative of the Placement Cell and requested for more such trainings in the coming semester. 120 participants got their E-Certificates after the completion of the workshop. Mr.K.Vinoth Student Coordinator presented the Vote of Thanks towards the end of the inaugural session.



Training and practice on the Microsoft Excel

TREE PLANTATION REPORT

20th September 2019, the PRIST Deemed to be University inaugurated the One-Student-One-Tree Plantation in an effort to green the campus. The program is being implemented by all departments of PRIST, which is considered a university and a center for the Swachh Bharath project. 100 volunteers are helping to plant trees on our university's campus.



PLASTIC AWARENESS PROGRAMME

Our university's NSS volunteers raise a lot of awareness about the necessity of tree planting in the surrounding communities. It was done with the goal of raising awareness about the detrimental and catastrophic effects of using plastics and how they can be successfully addressed by making lifestyle adjustments. The university's NSS and non-NSS students, teachers, and non-teaching staff, totaling 100 people, enthusiastically engaged in the rally and in this effort by collecting plastic debris from the hamlet and properly disposing of it in designated containers. The NSS volunteers went to the adopted slum and held an awareness rally on the negative impacts of plastic use and how to manage it. The volunteers who participate in these rallies.



PRIST
DEEMED TO BE
UNIVERSITY
NAAC ACCREDITED
THANJAVUR - 613403 - TAMILNADU

NATIONAL SERVICE SCHEME



நாட்டு நலப்பணி திட்டம்

பிளாஸ்டிக் (நெகிழி) ஒழிப்பு
விழிப்புணர்வு பேரணி

மரம் வளர்ப்போம்!

மழை பெறுவோம்!

REPORT ON VILLAGE POND CLEANING

On 3rd October 2019, the NSS Units I and II of PRIST Deemed to be University took part in a pond cleaning mission at Kuruvadipatti, Alakudi village, Thanjavur district. NSS Cell PRIST Deemed to be University, vallam, Thanjavur, organized this program. The pond cleaning initiative is being carried out with the help of 100 NSS volunteers and 57 village residents. Our NSS volunteers cleaned up undesired plants, garbage, and sand along the pond. The pond was cleaned and restored to its former grandeur after becoming barren and infested with exotic crops such as parthenium and others. The volunteers were guided by NSS Program Officer (NSS UNIT-I and II).



YOUTH AWAKENING DAY

15th of October, the Birthday of our former President Late Dr. A.P.J. Abdul Kalam was celebrated as the youth Awakening Day in our college on 15.10.2019. PRIST Deemed to be University NSS Unit-I organized “Dr. A.P Abdul Kalam Birth Day - Youth Awakening Day”. Students are like clay; they can be modified in a way that will make their future bright and meaningful. With good efforts, we can mould the character of a student. 100 students was participated in the competition



Students participated in drawing competition

RASTRIYA EKTA DIWAS (NATIONAL UNITY DAY) - 31.10.2019

PRIST Deemed to be University observed the National Unity Day on 31st October 2019 to commemorate the birth anniversary of Sardar Vallabh Bhai Patel. This event was organized by the members of National Service Scheme unit of the university. This event will not only carry the message of “Unity in Diversity” but also permeate the youth with values assimilated by the knowledge and respect about the country’s diverse legacy. There was an active participation of 123 students and staff members in organizing the event and also pronounced involvement as goodwill ambassador in spreading the message about national safety, security and unity.

https://youtu.be/tOIVbJ_FGZw



Students taking pledge

AWARENESS PROGRAMME ON SAVING WATER RESOURCES

PRIST University “NATIONAL SERVICE SCHEME – Unit IV and V” organized a “Awareness programme on saving water resources” on 20.09.2019. 110 students from PRIST University participated in various competitions like “Water Jet competition”, “Drawing Competition” and “Debate” to create awareness about the importance of Water resources and the need for saving it. Winners of the event were felicitated with Prizes and Certificates. NSS Coordinator of PRIST University Prof. Rajarajan and NSS Programme officers Mr.U.Vijayshankar and Mr.S.R.Elwin Guru Chanth coordinated the event.



a. Technical speech



b. Participant listening



c. Students are participated the drawing



d. Prize distribution

AWARENESS PROGRAM FOR “SEEDS COLLECTING FORMING” EXHIBITION

Agriculture forms the back bone of Indian economy. Agriculture is defined as the art, the science and the business of production, processing, marketing and distribution of crops and livestock for the benefit of human beings in the most of the developing economies, agriculture contributes significantly in their national income. Thus development of agriculture leads to economic development. Indian economy is predominantly an agricultural economy.

Our 115 NSS volunteers organized a special Exhibition on creating Environmental Awareness and the Significance of Eco Friendly Products at seminar Block on 22nd and 23rd January 2020. Around 35 Exhibitions various Seeds and models were displayed and 1500 students from various schools and colleges visited the Exhibition and enjoyed.



Students from various schools and college visited the exhibition

WORLD ENVIRONMENT DAY OBSERVATION

In celebration of World Environment Day, Intach, Little Scholar Matric School, Clean Thanjavur Movement, and National Green Corps, Thanjavur held an online quiz competition on 11th February 2020 ,. EDUCATION DISTRICT was held on the Palace Campus. The competition was attended by 100 kids. The program was presided over by Prince Bhabaji Bhonsle, convenor of INTACH. The rewards were presented to the winners by DR. RADHIKA MICHAEL, President of CTM. Following up on Corona awareness and government guidelines, the program was carried out.



Students took part in an environmental awareness program.

ROLE OF YOGA IN SOCIAL EMPOWERMENT

In gratitude of the overall importance of yoga in people's life, a special lecture on "Role of Yoga in Social Empowerment" was given on the eve of Revered Swamiji Vethathri Maharishi's 106th birthday celebrations at PRIST Deemed to be University, Vallam, Thanjavur. On 28th February 2020. Under the competent leadership of the institution's Director of Physical Education, 100 participants, including NSS and other students, as well as faculty members, enthusiastically participated and did various Asanas. 100 NSS volunteers (62 men and 38 women) took part in the Yoga Demonstration, and 50 volunteers (20 men and 30 women) took part in the Yoga Awareness Rally. The lesson began with prayer, then a warm-up, followed by many uplifting asana, breathing exercises, and relaxation techniques. Surya namaskar, which has enriching advantages, was also practiced by participants. Mr. Katthikeyan, the yoga director, underlined the importance of daily yoga in preventing diseases, strengthening the core, and staying calm. The NSS coordinator encouraged students to live a healthier lifestyle by practicing yoga and engaging in outdoor activities. He also underlined the importance of breathing exercises and relaxation techniques in improving their competence while living a stress-free existence.



TB AWARENESS PROGRAMME

The Community Health Nursing Department with NSS CELL PRIST was created TB AWARENESS to the public through skit, puppet show, in Munnaiyampayyi village on 3rd March 2020. The programme was felicitated by Dr.JOYMARRY JACQUELINEB MO Thanjavur, Dr.PUNITHAVATHI Head, and Health Department Budhalur. Mr.A.G.KANNAN Field Publicity officer, Mr.R.RAJKUMAR, Field TB awareness nodal officer Buthalur &NSS Programme Coordinator PRIST.



Lecturer for – TB day event



PRIST
DEEMED TO BE
UNIVERSITY
NAAC ACCREDITED
THANJAVUR- 613 403 - TAMIL NADU



EXTENSION AND OUTREACH PROGRAMMES

CONDUCTED THROUGH

NATIONAL SERVICE SCHEME

**PONNAIYAH RAMAJAYAM INSTITUTE OF SCIENCE &
TECHNOLOGY (PRIST) DEEMED UNIVERSITY**

LIST OF ACTIVITIES

ACADEMIC YEAR

2018-2019

NSS REGULAR ACTIVITY DETAILS

S.NO	PROGRAMME	DATE
1	STUDENT DEVELOPMENT PROGRAMME	12-03-2018
2	NUTRITION AWARENESS PROGRAMME	12.03.2018
3	TB AWARENESS PROGRAMME	24.03.2018
4	AIDS AWARENESS PROGRAMME	24.03.2018
5	ONE STUDENT ONE TREE PLANTATION	10.04.2018
6	FREE EYE CAMP PROGRAMME	12.04.2018
7	GENERAL HEALTH CAMP	17.04.2018
8	YOGA PROGRAMME FOR GIRLS STUDENTS	12.07.2018
9	WORLD POPULATION DAY	3.08.2018
10	BLOOD DONATION CAMP	10.08.2018
11	SADBAWANA DIWAS	20.08.2018
12	SWACHHTA PAKHWADA	31.08.2018
13	PLASTIC AWARENESS RALLY	12.12.2018
14	NATIONAL VOTER'S DAY	25.01.2019
15	WORLD CANCER AWARENESS DAY	15.02.2019
16	WORLD SCIENCE DAY	28.02.2018
17	BLOOD DONATION CAMP	7.03.2019
18	WORLD TB DAY AWARENESS PROGRAMME	24.03.2019

STUDENT DEVELOPMENT PROGRAMME – 12-03-2018

National Service Scheme PRIST Deemed to be University Thanjavur conducted a Student Development Programme at Seminar Hall on 12.03.2018. Dr.A.Ganesan, Director- Library Science, PRIST University, delivered a lecture on ‘Knowledge Resource’. 100 students attended the programme and benefited by the thought provocation lecture.



Dr.A.Ganesan gives lecture on ‘Knowledge Resource’

NUTRITION AWARENESS PROGRAMME 14. 03. 2018

Every good food and liquid contains some important nutrition like proteins, carbohydrate, fats, some vitamins, minerals and water. These all play different role to keep our body healthy and build new cells in our body. These are the important nutrition and their role in our body Good Nutrition Provides the Building Blocks of Muscle. When you eat foods that contain protein, they are broken down in the body as amino acids. These amino acids are then used to build and repair any muscle tissue. This is great for those who are physically active or exercise regularly. This awareness was created by our University NSS Cell. 120 volunteers was participated in nutrition awareness programme.



News Paper exposes our Nutrition Awareness Programme

TB AWARENESS PROGRAMME – 24-03-2018

World TB Day is observed on March 24 each year to raise public awareness and understanding about one of the infectious diseases - Tuberculosis. As per the WHO report the incidence of TB in 2019 is 192/ 100000 population. The patients who are affected by TB will suffer physically, emotionally, socially and economically. There is a need for creating awareness among the general public and health care professionals on tuberculosis management and its prevention

In this regard, PRIST NSS CELL and Vallam Primary Health Centre observe world TB day on 23 and 24 March 2018 based on the theme “Invest to end TB. Save lives”.



Dr.AKILAN Create the awareness

AIDS AWARENESS PROGRAMME

PRIST NSS Cell and Vallam Primary Health Centre organize a AIDS awareness proramme on 24.03.2018 at University premises. HIV, the virus that causes AIDS, is one of the world's most serious public health challenges. Therefore, there is a strong need to have a global commitment to stop the new HIV infections and ensuring that everyone with HIV has access to possible treatment. HIV/AIDS Awareness is a campaign designed to help prevent HIV infections and eliminate stigma by educating students on this disease. This activity enhanced awareness about HIV/AIDS causes mechanism, symptoms, prevention, misconception etc. among the participants and developed a sense of commitment to spread the knowledge gained throughout the society.

No. of participants: 120 (Students + Facultyies)



ONE - STUDENT- ONE - TREE PLANTATION ON 10.04.2018

In a bid to make the campus green the PRIST deemed to be University has launched **One – Student – One - Tree** programme on 10th April 2018. The programme implemented by all the department of PRIST deemed to be University and centre for Swachh Bharath mission. 150 volunteers planting tree in our University campus.



University official planting trees with NSS volunteers

FREE EYE CAMP PROGRAMME

An Eye Camp was organized in the University premises on 12.04.2018 to check the eyesight of the students belonging to the Economically Weaker Sections. The objective of the camp was to check the eyesight of the students and provide perfect-fitting spectacles, which are environmentally friendly and fully biodegradable, to those who were found to have weak eyesight.



Doctors screening the eye

GENERAL HEALTH CAMP

National Service Scheme PRIST Deemed to be University, Thanjavur conducted General health camp on 16.04.2018 .The objective of conducting the health camp was to create awareness of general health among the people, provide general health care services and counseling them on basic healthcare and hygiene. The people were from different age groups & had problems like diabetes, low BP, hypertension, hypotension, obesity .The elder people were suffering from knee, back and neck pain, and other types of musculoskeletal problems. Most of the female population was overweight and obese.



YOGA PROGRAMME FOR GIRLS STUDENTS

National Service Scheme PRIST Deemed to be University Thanjavur conducted a Personality Development Programme at Seminar Hall on 12.07.2018. 50 volunteers participated in the yoga demonstration.



Yoga practice – students



Volunteers participated in the yoga demonstration.

“WORLD POPULATION DAY” – SPECIAL LECTURE ON 03rd AUGUST 2018

PRIST University “NATIONAL SERVICE SCHEME Unit IV and Unit V” organized a “World Population Day” - Special lecture on 03rd August’ 2018 to create awareness about the Population explosion and its Significance in the economy of the nations. 100 Students from PRIST University participated in the event and presented their views and the participants are felicitated with Prizes and Certificates. NSS Programme officers of the University Mr.U.Vijayshankar and Mr.K.Vinoth coordinated the event.



World population day – demonstration by NSS Coordinator

BLOOD DONATION CAMP ON 10TH Aug 2018

PRIST University students participated in a Blood Donation camp at our University jointly organized by Thanjavur Medical College Blood Bank on 10th Aug 2018, 120 students from PRIST University participated in the event and donated their blood for a noble cause.



Volunteers donate blood

SADBHAVANA DIWAS

Sadbhavana Diwas The NSS Units of PRIST conducted Sadbhavana Diwas on 20th August 2018. This day is observed every year to commemorate the birth anniversary of our youngest Prime Minister Thiru.Rajiv Gandhi. This day is observed to encourage national integration, peace, affection and communal harmony among Indian people. As a mark of observing Sadbhavana Diwas, our NSS volunteers took pledge through Google meet that they will work for the emotional oneness and harmony of all the people of India regardless of caste, region, religion or language.



SWACHHTA PAKHWADA

From 31st August 2018, PRIST NSS Cell observed Swachhta Pakhwada. In the morning assembly, pledge on Swachhta was administered to the students and the staff members. There was cleaning of premises for which teachers and students participated. Removal of unwanted things from the Teachers' room, computer room, examination department and all other classes was carried out by the students and teachers. Tree plantation was carried out in front of the School block to remove unwanted weeding and blocks. To promote the idea of Swachhta, the School walls were decorated by the students.



PLASTIC AWARENESS RALLY

The NSS volunteers of our University create a lot of awareness on the importance of tree plantation in surroundings areas. It was done with the objective of spreading awareness against the harmful and fatal effect of using plastics and how it can be tackled successfully by bringing changes in our lifestyle. The university NSS and non-NSS students, the teachers, non-teaching staff, totally 180 actively participated in the rally and also in this drive by collecting the plastic waste from in and around the village and properly disposing them off in the designated bins. The NSS volunteers visited the adopted slum and conducted an awareness rally about the evil effects of the use of plastics and the ways to manage them. The volunteers through these rallies (IPC) and e-campaigning (IEC) educated and mobilized the people regarding the curbing of single use plastics as well as about the necessity of the transformation. In addition to this, awareness rallies and tree plantation programmes are conducted in villages on 12.12.2018.



Awareness rally on the evil effects of the use of plastics

REPORT ON NATIONAL VOTER'S DAY CELEBRATION

PRIST Deemed to Be University, NSS Cell organized Voter Awareness programme on 25\01\2019.Total 150 students are participated in this programme. Election Thasildar Mr.Kannan was a chief guest, Dean Dr.L.Chinnappa, staffs and students are participated the functions. The Election Thasildar delivered the lecture on importance of democracy constitutional responsibility. In this connection our volunteers create awareness to the people of adopted villages.



The Election Thasildar delivered the lecture on importance of democracy



Volunteers create awareness to the people

WORLD CANCER AWARENESS DAY – POSTER DESIGNING COMPETITION ON 15TH FEBRUARY 2019

PRIST University “NATIONAL SERVICE SCHEME – Unit IV and V” organized a “World Cancer Awareness Day” - Poster Designing Competition on 15th February 2019 to create awareness about the adverse effects of Cancer and its precautionary measures. 200 Students from different departments of our University participated in the event and show caused their talent and creativity. Winners were felicitated with Prizes and Certificates. NSS Programme officers of the University Mr.U.Vijayshankar and Mr.S.R.ElwinGuruChanth coordinated the event.



Students participated in the event and showcased their talent and creativity

WORLD SCIENCE DAY

PRIST University “NATIONAL SERVICE SCHEME – Unit IV and V” organized a “World Science Day” - Science Quiz Competition on 28th February 2019 to create awareness about the significance of science. 320 students participated from various departments of our University. Quiz program comprised of questions from day to day science, inventions & inventors, Diseases and Vaccine etc., Winners of the Quiz competition were felicitated with Prizes and Certificates. NSS Programme officers of the University Mrs.K.SHIBILA and Mr.S.R.ElwinGuruchanth coordinated the event.





Quiz competition Winners were felicitated with Prizes

Blood Donation Camp on 07th March 2019

PRIST University students participated in a Blood Donation camp at our University jointly organized by Thanjavur Medical College Blood Bank on 07th March 2019, 103 students from our University participated in the event and donated their blood for a noble cause. Prof. Rajarajan NSS Coordinator of PRIST University organized the event and NSS Programme officers of the University Mr.U.Vijayshankar, Mrs.K.Shibilaand Mr.S.R.ElwinGuruChanth coordinated the event.



Volunteers donate the blood

WORLD TUBERCULOSIS DAY

The connection of 24.03.19- **WORLD TUBERCULOSIS DAY** The NSS Unit and the Community Health Nursing Department observed World Tuberculosis day on the theme of the year “Find, Treat and Cure 3 Million”. The awareness was created to the public through skit, puppet show, and Video Show in Vairaperumalpatty village.



The Health and Hygiene awareness was created to the school students