

## **LIFE SKILLS.**


Ref: PRIST/CVL/2018-2019/ODD

Date: 03-10-2018

### **CIRCULAR**

#### **SUB: “Role of Listening in Mental Health”**

It is informed that “**Role of Listening in Mental Health**” will be held on 05.10.2018 for the academic year 2018-2019. The detailed schedule will be given by the department. Heads of the departments are requested to inform their students about the on “**Role of Listening in Mental Health**” and motivate them to attend the class. HODs are also requested to nominate one faculty member to co-ordinate the same.



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DEPARTMENT OF CIVIL ENGINEERING  
PRIST UNIVERSITY  
VALLAM, THANJAVUR



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DEPARTMENT OF CIVIL ENGINEERING

“ROLE OF LISTENING IN MENTAL HEALTH”

Date: 05.10.2018

Time: 10.00 AM to 11.00 AM

Venue: C Block Seminar Hall


GUEST LECTURE


Mrs. P.MALATHI. B.A., M.PED,  
PHYSICAL EDUCATION,  
VELAMMAL BODHI CAMPUS,  
THANJAVUR.

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PRIST UNIVERSITY  
VALLAM, THANJAVUR

  
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**DEPARTEMNT OF CIVIL ENGINEERING**

**ROLE OF LISTENING IN MENTAL HEALTH**

**LIST OF STUDENTS PARTICIPATED**

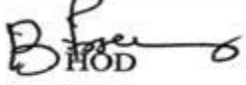
<b>S.NO</b>	<b>REGISTER NUMBER</b>	<b>STUDENTS NAME</b>	<b>ATTENDANCE</b>
1	211520201	ABDUL RAHMAN J	P
2	211520202	ARAVIND .S	P
3	211520203	GOKILAN .M	P
4	211520205	HARIHARAN .M	P
5	211520206	KANNAN .S	P
6	211520208	NIZHARUDEEN .J	P
7	211520209	PRAGADEESH .R	P
8	211520213	SHANMUGA RAJESHWARAN .R	P
9	211520114	KALANITHI .A	P
10	211520115	SHANKAR K	P
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92	1601CVM639	NAVEEN. V	P
93	1701CV1002	M.MOHAMED WASEEM	P
94	1701CV1003	M.MOHAMED IRFAN	P
95	1701CV1004	B.SIVA BALARAJAN	P
96	1701CV1006	A.SARAVANA PRASANTH	P
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119	1701CVM661	S .ASAN ELAHS	P
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135	2017CVM015	V.SUDARSAN	P
136	2017CVM016	I.RISIKESH	P

  
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Ref: PRIST/CVL/2018-2019/EVEN

Date: 08-03-2019

**CIRCULAR**

**SUB: CLASS ON FIRST AID.**

It is informed that **Class on First Aid** will be held on 18.03.2019 for the academic year 2018-2019. The detailed schedule will be given by the department. Heads of the departments are requested to inform their students about the **Class on First Aid** and motivate them to attend the class. HODs are also requested to nominate one faculty member to co-ordinate the same.



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**DEPARTMENT OF CIVIL ENGINEERING**

**CLASS ON FIRST AID.**

**Date: 18.03.2019**

**Time: 10.00 AM to 12.00 AM**

**Venue: C Block Gallery Hall**

**RESOURCE PERSON**

**Dr.JAYASHREE.,Ph.d.,MBA.,**


**Deepthys Institute of Training,**


**Chennai.**

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**THANJAVUR-613403**

  
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**DEPARTEMNT OF CIVIL ENGINEERING**

**CLASS ON FIRST AID.**

**LIST OF STUDENTS PARTICIPATED**


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THANJAVUR – 613 403 - TAMILNADU


Ref: PRIST/CVL/2018-2019/EVEN

Date: 28-03-2019

**CIRCULAR**

**SUB: Life Skill Programme on “Self Defence”**

It is informed that **Life Skill Programme on “Self Defence”** will be held on 04.04.2019 for the academic year 2018-2019. The detailed schedule will be given by the department. Heads of the departments are requested to inform their students about the **Life Skill Programme on “Self Defence”** and motivate them to attend the class. HODs are also requested to nominate one faculty member to co-ordinate the same.

  
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**DEPARTMENT OF CIVIL ENGINEERING**

**LIFE SKILL PROGRAMME ON “SELF DEFENCE”**

**Date: 04.04.2019**

**Time: 10.00 AM to 11.00 PM**

**Venue: C Block Seminar Hall**

**GUEST LECTURE**

**Mrs. L.JEBA.,M.C.A., B.Ed.,  
SOFT SKILL TRAINER,  
THANJAVUR.**

**PRIST DEEMED TO BE UNIVERSITY,**


**NAAC ACCREDITED**

**THANJAVUR-613403**



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**DEPARTEMNT OF CIVIL ENGINEERING**

**Life Skill Programme on “Self Defence”**

**LIST OF STUDENTS PARTICIPATED**


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80.	1801CV1611	MAHESH KUMAR. D	P
81.	1801CV1613	ABHISHEK. R	P
82.	1801CV1615	DIVAKAR. M	P
83.	1601CVM618	PRAVEEN. S	P
84.	1601CVM619	NANTHAKUMAAR. A	P
85.	1801CVM621	SABARI SUJEETH. V	P
86.	1501CVM624	FRANKLIN ANSLEM.J	P
87.	1601CVM628	VIGNESH. R	P
88.	1601CVM630	HARRISH. R	P
89.	1601CVM632	AZZARUDEEN. A.H	P
90.	1601CVM629	KARTHIK RAJA. S	P

91.	1601CVM633	KRISHNA KANTH	P
92.	1601CVM639	NAVEEN. V	P
93.	1701CV1002	M.MOHAMED WASEEM	P
94.	1701CV1003	M.MOHAMED IRFAN	P
95.	1701CV1004	B.SIVA BALARAJAN	P
96.	1701CV1006	A.SARAVANA PRASANTH	P
97.	1701CV1009	R.SURIYAR	P
98.	1701CV1010	S.VIJAY	P
99.	1701CV1011	S.ARAVINTHAN	P
100.	1801CV1501	T.MANIKANDAN	P
101.	1801CV1502	P.RAJADHARMA	P
102.	1801CV1503	B.NANDHA KUMAR	P
103.	1801CV1504	KAILASHANATH.A	P
104.	1701CVM616	V.SUDHARSAN	P
105.	1701CVM617	C.NAVEEN	P
106.	170CVM620	VISHWA.K	P
107.	1801CV1505	MUTHURAMAN	P
108.	1701CVM631	MOHAMED NAFEES	P
109.	1701CVM634	THINESH BABU.V.J	P
110.	1701CVM637	MADHANAGOPALAN.S	P
111.	1701CVM638	AJEETH.P.P	P
112.	1701CVM642	G.GUHAN	P
113.	1701CVM647	C.RAM KUMAR	P
114.	1701CVM643	M.SAKTHI SUNDAR	P
115.	1701CVM649	M.RAMACHANDRA RAJA	P
116.	1701CVM650	KABILAN.S	P
117.	1701CVM 652	H.YUVARAJ	P
118.	1701CVM653	M.S TAKSHA	P
119.	1701CVM661	S .ASAN ELAHS	P
120.	1701CVM662	N. AKASH	P
121.	1701CVM660	D.PRABAKARAN	P
122.	1701CVM667	ARUNACHALAM	P
123.	1701CVM673	SRI RAMVEL PANDIYAN	P
124.	1701CVM678	RAMAKRISHNAN	P

125.	2017CVM005	ARUNACHALAM.M	P
126.	2017CVM006	ANNAMALAI.M	P
127.	2017CVM007	VARSHITH .R	P
128.	2017CVM008	A.AJMAL	P
129.	2017CVM009	G.P.LOGESH MANIKANDAN	P
130.	2017CVM010	S.VENKATRAMAN	P
131.	2017CVM011	R.MOHAMED JABEER	P
132.	2017CVM012	K.PRAGADEESH	P
133.	2017CVM013	S.MOHAMMED SUBHER	P
134.	2017CVM014	D.MATHIYAZHAGAN	P
135.	2017CVM015	V.SUDARSAN	P
136.	2017CVM016	I.RISIKESH	P

  
HOD  
HEAD OF THE DEPARTMENT  
DEPARTMENT OF CIVIL ENGINEERING  
PRIST UNIVERSITY  
VALLAM, THANJAVUR

  
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**SCHOOL OF COMMERCE AND MANAGEMENT**  
**DEPARTMENT OF COMMERCE**

DATE: 10.09.2018

**CIRCULAR FOR LIFE SKILLS CLASSES**

This is the Notification to start the Life Skill Development classes for all School of Commerce and Management students. The Personal in Life skills classes start from 18.09.2018. Students can approach the staff in charge to admit their names for the Life Skill classes.

**HOD**

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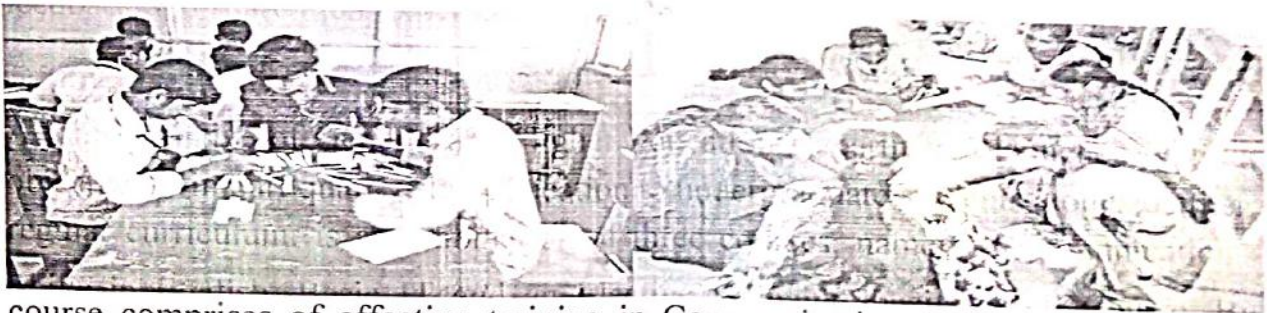


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**SCHOOL OF COMMERCE AND MANAGEMENT**  
**LIFE SKILL DEVELOPMENT PROGRAMME**  
**CRITICAL THINKING**

The School Of Commerce And Management Department Of Commerce Organized a Critical Thinking programmed for the students by the noted Family Counselor **Dr.D.ANAND, Asst.Professor, and Department of Commerce.** The aim of the programmed is to equip students in leading a successful life. Group activities were given to students for problem solving and decision making. Students actively participated in the programmed. At the end of the session all the students gave feedback and share their experience.

A joint initiative of General and Higher Education Departments launched with an objective to impart quality skill education to undergraduate students alongside their regular curriculum. is a combination of three courses, namely, Communication Skills in English, Basic IT and an Elective Domain Specific Skill Course. By imparting these soft skills to a large student community, the project envisages to create a large talent pool that can work in modern day organizations that promote a global work environment. By choice student groups receive sector specific skills that further enable them to be employable and industry ready. Normal College has been offering this programmed to our students from 2022 onwards. Foundation



course comprises of effective training in Communication Skills in English and basic IT Skills. Both these programmers are delivered to students for 1 Day. The college has a Skill Development Executive (SDE) appointed by ASAP, Govt. of Kerala for handling this course. This course is designed for first year degree students who are economically and socially backward. The students who successfully completed the course improved a lot in listening, writing and speaking in English.

  
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**SCHOOL OF COMMERCE AND MANAGEMENT  
 COMMUNICATION SKILL DEVELOPMENT  
 PROGRAMME**

S.NO	REG.NO	NAME	SIGNATURE
1	1802CM1001	VIGNESH .G	
2	1802CM1002	MOHAMED ARAFATH .M	
3	1802CM1003	SAFREEN BANU .M	
4	1802CM1004	MAHESWARI .N	
5	1802CM1005	DEEPAK .K	
6	1802CM1006	MOHAMMED SITHIQ .M	
7	1802CM1007	THEIMOZHI .A	
8	1802CM1008	SWETHA .S	
9	1802CM1009	MOHAMED YASIK .M	
10	1802CM1011	MOHAMED HISAM .M	
11	1802CM1012	RIYAS AHAMED .A	
12	1802CM1013	MYDEEN BATCHA .J	
13	1802CM1014	SABEER MOHAMED .S	
14	1802CM1015	MOHAMED HAFIL .P	
15	1802CM1016	MOHAMED JASUM .M	
16	1802CM1017	MOHAMED KASSIM .M	
17	1802CM1018	MUBEES AHAMED .N	
18	1802CM1019	ABDUL ASHIK MOHAMED .M	
19	1802CM1020	MOHAMMEDSIDDIQ .J	
20	1802CM1021	MOHAMED MUKTHAR KATHAR .T	
21	1802CM1022	MOHAMED JUBAIR ALI .A	
22	1802CM1023	MOHAMED RIZWAN .S	
23	1802CM1024	ABDUL BASITH	
24	1802CM1026	ABDHUL ASATHKHAN .S	
25	1802CM1028	SANJAI .S	
26	1802CM1032	KANMANI .B	
27	1802CM1035	HABEEBU IMRAN .M	
28	1802CM1039	MOHAMED RIFAI .M	
29	1802CM1040	IMTHIYAS AHAMED .K.M	
30	1802CM1041	ABDUL RAHMAN .S	
31	1802CM1042	VIJAYA RAGAVAN .J	
32	1802CM1043	SANTHOSH KUMAR .R	
33	1802CM1044	MOHAMED THOWFIK .N	





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34	1802CM1045	MUJAMEEN JAKKIRIYA .J	Mujameen Jakkiriya .J
35	1802CM1046	MOHAMED SHAZWAN .B	Mohamed Shazwan .B
36	1802CM1047	SHAHUL HAMEED .H	Shahul Hameed .H
37	1802CM1048	SATHIK .M	Sathik .M
38	1802CM1049	ABDUL MUTHALIFF .T	Abdul Muthaliff .T
39	1802CM1050	RASITH AHAMED .AN	Rasith Ahamed .AN
40	1802CM1051	MOHAMED AZHAR .H	Mohamed Azhar .H
41	1802CM1053	ABDUL HAMEED .R	Abdul Hameed .R
42	1802CM1054	DINESH .K	Dinesh .K
43	1802CM1056	YOGAPRIYA .P	Yogapriya .P
44	1802CM1057	MOHAMED SAIBUDEEN .K	Mohamed Saibudeen .K
45	1802CM1058	YOGESH .T	Yogesh .T
46	1802CM1059	THIRUNAVUKARASU D	Thirunavukarasu D
47	1802CM1061	MYTHILI .T	Mythili .T
48	1802CM1062	SHRIVAISHNAVI .S	Shrivaishnavi .S
49	1802CM1064	MAHADIER MOHAMED .M	Mahadier Mohamed .M
50	1802CM1065	VENKATESHWARAN .R	Venkateshwaran .R
51	1802CM1066	FASUL JL AFRATH .M	Fasul J.L Afrath .M
52	1802CM1068	RADHAKRISHNAN .R	Radhakrishnan .R
53	1802CM1069	PRIYA .S	Priya .S
54	1802CM1070	JUFIR AHAMED .J	Jufir Ahamed .J
55	1802CM1071	ASLAM AHAMED .K	Aslam Ahamed .K
56	1802CM1072	GOKUL .S	Gokul .S
57	1802CM1074	MOHAMED ABUBAKKAR SIDDIQ .M	Mohamed Abubakkar Siddiq .M
58	1802CM1075	KARTHIK .V	Karthik .V
59	1802CM1076	SABEENA .M	Sabeena .M
60	1802CM1079	RIYAS KHAN .A	Riyas Khan .A
61	1802CM1081	RAMPRASANA .V.D	Ramprasana .V.D
62	1802CM1084	MOHAMED MUSRAF .S	Mohamed Musraf .S
63	1802CM1087	VINOT I.K	Vinot I.K
64	1802CM1088	ABDUL JAJITH .A	Abdul Jajith .A
65	1802CM1089	ABDUL HAMEED .S	Abdul Hameed .S
66	1802CM1092	SOWMIYA .V	Sowmiya .V
67	1802CM1093	SIVA SANKARI .A	Siva Sankari .A
68	1802CM1094	BALAJI .M	Balaji .M
69	1802CM1097	SIVANANDAM .S	Sivanandam .S
70	1802CM1100	PRABHAKARAN .M	Prabhakaran .M
71	1802CM1103	MAHALAKSHMI .R	Mahalakshmi .R
72	1802CM1104	PUDHUMALAR .G	Pudhumalar .G



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73	1802CM1105	MARTIN MADHUMITHA .A	<i>Martin Madhumitha</i>
74	1802CM1107	SYED FASIL .S	<i>Syed Fasil .S</i>
75	1802CM1109	ABIMANYU .K	<i>Abimanyu .K</i>
76	1802CM1110	ASHARAF ALI .G	<i>Ashraf Ali .G</i>
77	1802CM1111	KAVIBHARATHI .S	<i>Kavibharathi .S</i>
78	1802CM1112	ANITHA .S	<i>Anitha .S</i>
79	1802CM1113	JEYSHREE .C.B	<i>Jeyshree .C.B</i>
80	1802CM1115	ABINAYA .A	<i>Abinaya .A</i>
81	1802CM1117	FAYAS AHAMED .S	<i>Fayas Ahamed .S</i>
82	1802CM1118	MALINI .S	<i>Malini .S</i>
83	1802CM1119	MANOJKUMAR .M	<i>Manojkumar .M</i>
84	1802CM1120	CHANDRU .P	<i>Chandru .P</i>
85	1802CM1122	MADHANRAJ .K	<i>Madhanraj .K</i>
86	1802CM1123	SRI DHARANI .S	<i>Sri Dharani .S</i>
87	1802CM1124	MOHAMMED ILIYAS .I	<i>Mohammed Ilyas .I</i>
88	1802CM1125	LAKSHMANAN .C	<i>Lakshmanan .C</i>
89	1802CM1126	RAGUL .R	<i>Ragul .R</i>
90	1802CM1127	GAYATHRI .E	<i>Gayathri .E</i>

*[Signature]*  
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 Department of Commerce  
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**SCHOOL OF COMMERCE AND MANAGEMENT**  
**DEPARTMENT OF COMMERCE**

DATE: 12.02.2019

**CIRCULAR FOR LIFE SKILLS CLASSES**

This is the Notification to start the Life Skill Development classes for all School of Commerce and Management students. The Team Work in process classes start from 19.02.2019. Students can approach the staff in charge to admit their names for the Life Skill classes.

  
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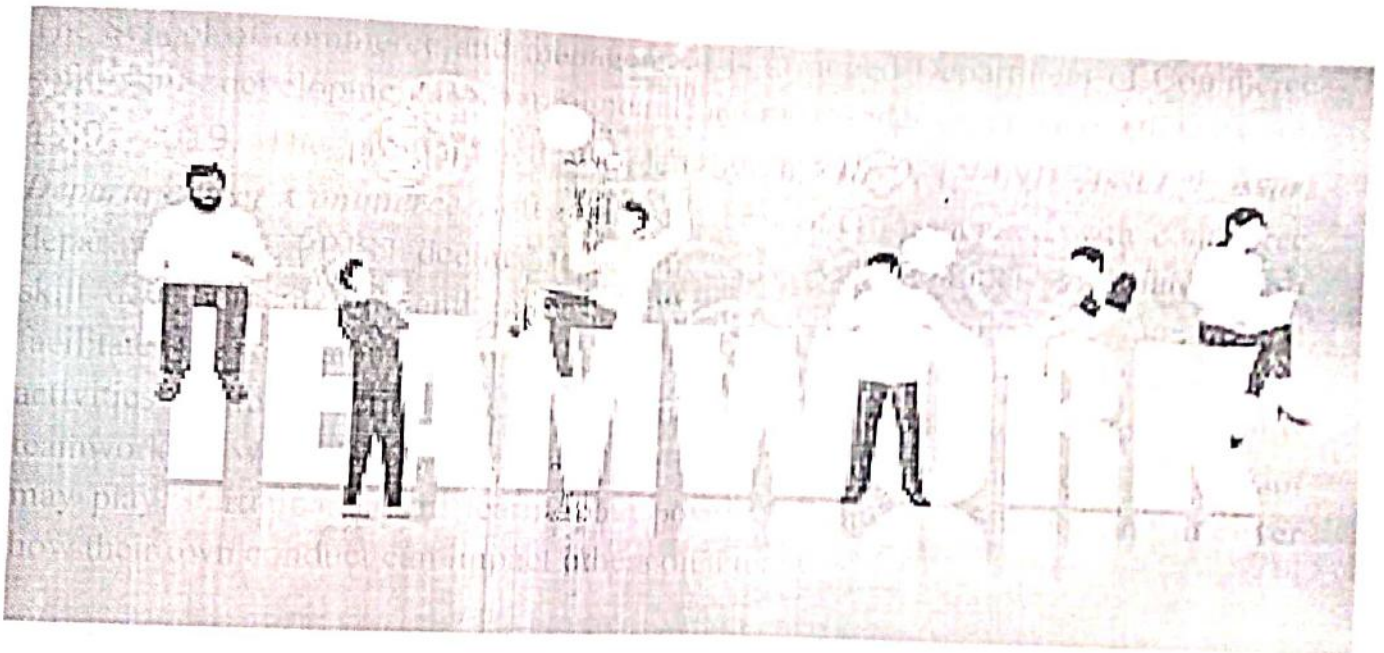


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## SCHOOL OF COMMERCE AND MANAGEMENT LIFE SKILL DEVELOPMENT PROGRAMME

(TEAM WORK)

The School of commerce and management is arranged Department of Commerce soft skill development programmed for the under graduate students on 19.02.2019. The programmed was led by the *Dr.D.ANAND Asst.Professor, Department of Commerce* Soft skill is a term often associated with commerce department. The PRIST deemed to be university –vallam student's welfare in soft skill development aim and process of assigned leader will often support and facilitate the decision-making necessary for quality teamwork to exist. The activities in this section seek to teach participants about the importance of teamwork to workplace success and the specific role each individual on a team may play. Participants will learn about positive teamwork behavior and discover how their own conduct can impact others on a team.



The section also discusses possible obstacles to teams working successfully and offers the opportunity to build constructive strategies for overcoming these challenges.

College education has a vital role to play in two days dynamic global arena of education and employment where in the challenges to be met which are fast increasing in updating and improvement in updated skill and knowledge .There is a gap between

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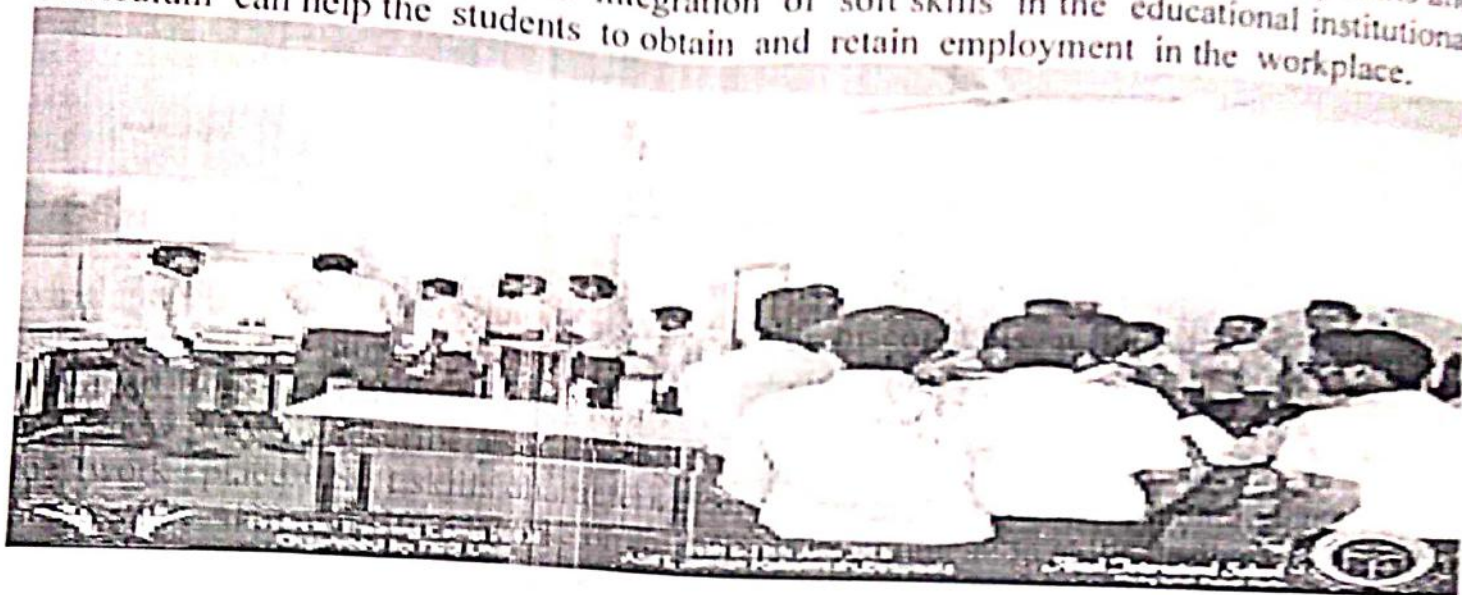
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what industry needs and what is available in terms of skills in students. Soft skills are personal qualities attributes or the level of commitment of a person that set him or her apart from other individuals who may have similar skills and experience soft skills are a new way to describe a set of abilities or talents that an individual may possess like the ability to work on a team. Communication skills, leadership skills and problem solving skills. Effective integration of soft skills in the educational institutions curriculum can help the students to obtain and retain employment in the workplace.



Employability Competencies are often to be vital such as verbal Communication, team Work analytical skills, initiative, written Communication and time management. The development of employability skills and its attributes in higher educational institution are to be integrated with the curriculum design and development. Human Resource (HR) managers are under Pressure to get the right skilled graduates who can take a head the firm to growth and success. Employability skill enhancement programs must ensure both employment opportunity and ability to develop modules in the academic Curriculum. The Employability enhancement program include both hard and soft skills which are inducted into the curriculum of colleges and universities. It is essential to determine the importance of the integration of soft skills in the educational curriculum along with the business obnuts, techniques and activities.

  
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**SCHOOL OF COMMERCE AND MANAGEMENT**  
**LIFE SKILL DEVELOPMENT PROGRAMME**  
Department of Commerce

S.NO	REG.NO	NAME	SIGNATURE
1	1802CM1001	VIGNESH .G	Vignesh .G
2	1802CM1002	MOHAMED ARAFATH .M	Arafath . M.
3	1802CM1003	SAFREEN BANU .M	Banu . M.
4	1802CM1004	MAHESWARI .N	Maheshwari .
5	1802CM1005	DEEPAK .K	Deepak .
6	1802CM1006	MOHAMMED SITHIQ .M	Mohammed Sithiq .
7	1802CM1007	THENMOZHI .A	Thenmozhi .
8	1802CM1008	SWETHA .S	Swetha .
9	1802CM1009	MOHAMED YASIK .M	Yasik .
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21	1802CM1022	MOHAMED JUBAIR ALI .A	Jubair . A
22	1802CM1023	MOHAMED RIZWAN .S	Rizwan .
23	1802CM1024	ABDUL BASITH	Basith .
24	1802CM1026	ABDHUL ASATHKHAN .S	Asath Khan . S
25	1802CM1028	SANJAI .S	Sanjai .
26	1802CM1032	KANMANI .B	Kanmani .
27	1802CM1035	HABEEBU IMRAN .M	Habeebu Imran .
28	1802CM1039	MOHAMED RIFAI .M	Rifai .
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32	1802CM1043	SANTHOSH KUMAR .R	Santhosh . R.
33	1802CM1044	MOHAMED THOWFIK .N	N. Thowfik .



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52	1802CM1068	RADHAKRISHNAN .R	Radhakrishnan
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54	1802CM1070	JUFIR AHAMED .J	Jufir
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56	1802CM1072	GOKUL .S	Gokul
57	1802CM1074	MOHAMED ABUBAKKAR SIDDIQ .M	Siddiq .M.
58	1802CM1075	KARTHIK .V	Karthik
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60	1802CM1079	RIYAS KHAN .A	Riyas Khan
61	1802CM1081	RAMPRASANA .V.D	Ramprasad
62	1802CM1084	MOHAMED MUSRAF .S	Musraf
63	1802CM1087	VINOOTH .K	Vinooth
64	1802CM1088	ABDUL JAJITHI .A	Jajithi
65	1802CM1089	ABDUL HAMEED .S	Hameed
66	1802CM1092	SOWMIYA .V	Sowmiya
67	1802CM1093	SIVA SANKARI .A	Siva
68	1802CM1094	BALAJI .M	Balaji
69	1802CM1097	SIVANANDAM .S	Sivanandam .S.
70	1802CM1100	PRABHAKARAN .M	Prabhakaran
71	1802CM1103	MAHALAKSHMI .R	Mahalakshmi
72	1802CM1104	PUDHUMALAR .G	Pudhumalar



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74	1802CM1107	SYED FASIL .S	Syed.
75	1802CM1109	ABIMANYU .K	Abi
76	1802CM1110	ASHARAF ALI .G	Ashraf Ali .G
77	1802CM1111	KAVIBHARATHI .S	Kavi
78	1802CM1112	ANITHA .S	Anitha .S
79	1802CM1113	JEYSHREE .C.B	Jey . C . B
80	1802CM1115	ABINAYA .A	Abi .
81	1802CM1117	FAYAS AHAMED .S	Fayaz Ahamed .
82	1802CM1118	MALINI .S	Malini .S
83	1802CM1119	MANOJKUMAR .M	Manoj
84	1802CM1120	CHANDRU .P	Chandru .
85	1802CM1122	MADHANRAJ .K	Madhanraj
86	1802CM1123	SRI DHARANI .S	Sri
87	1802CM1124	MOHAMMED ILIYAS .I	Ilyas .
88	1802CM1125	LAKSHMANAN .C	Lakshmi .
89	1802CM1126	RAGUL .R	Ragul
90	1802CM1127	GAYATHRI .E	Gayathri .E

  
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**LIFE SKILLS DEVELOPMENT PROGRAMME**

**ACADEMIC YEAR 2018-19**

**EVEN SEMESTER**



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PRIST/E&T/CSE/18-19/03

02.05.2018

**CIRCULAR**

**Sub: Guest Lecture for Life Skill Development Program conducted by Department of Computer Science and Engineering.**

It is informed that all the students should attend the Life Skill Development Program held on **06.05.2018**. All students are requested to participate and utilize the opportunity.

  
HOD

Head of the Department  
Department of Computer Science  
and Engineering  
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### **DEPARTMENT OF COMPUTER SCIENCE AND ENGINEERING**

#### **ABOUT LIFE SKILL DEVELOPMENT**

Life skills programs aim to develop young peoples' abilities and motivations to make use of all types of information. The approach should be interactive, using role plays, games, puzzles, group discussions, and a variety of other teaching techniques to keep the participant wholly involved in the sessions.

These life skills include problem solving, critical thinking, communication skills, decision-making, creative thinking, interpersonal relationship skills, self awareness building skills, empathy and coping with stress skills.

#### **OBJECTIVES: -**

The abilities for adaptive and positive behaviour that enable individuals to deal effectively with the demands and challenges of everyday life. 'Adaptive' means that a person is flexible in approach and can adjust in different circumstances

#### **The 10 essential life skills are:-**

- Communication skills.
- Creative thinking.
- Critical thinking.
- Decision-making skills.
- Empathy.
- Interpersonal skills.
- Problem-solving skills.

#### **Registration Details:**

Registration will be done on first come first serve basis. Number of seats are 50. Registration will be closed once the target participants are reached. The enclosed registration form is to be filled and mailed/mailed (scan copy of registration form along with payment details) to the following communication address:

**Director, PRIST University, Vallam, Thanjavur–613 403, Tamil Nadu, India**

## PROGRAMME SHEDULE

Date/ Session	Topics covered	Resource Person
06.05.2018 FN	Health care and hygienic environment	Dr. Vetri Vela. MBBS, DCH, Kumbakonam.

  
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## STUDENTS ATTENDANCE

*Date: 06.05.2018*

S.NO	NAME OF THE STUDENTS	REGNO	ATTENDANCE
1.	ARVIND SHIMA P	1801CE2008	P
2.	ARUN PANDIAN D	1801CE2009	P
3.	ANANTHARAMAN T	1801CE2010	P
4.	KAAVIYAN J	1801CE2011	P
5.	S.ARUN KUMAR	1801CE2012	P
6.	R.HARIHARAN	1801CE2013	P
7.	M.DEEPAN	1801CE2014	P
8.	ELANTHAMIZAN	1801CE2015	P
9.	V.RAKESH VINOTH	1801CE2016	P
10.	M.VAGISAN	1801CE2017	P
11.	D.MUTHUKRISHNAN	1801CE2018	P
12.	PRASHANT KUMAR	1801CE2019	P
13.	AJMAL HASAN.S	1801CE2020	P
14.	COLIN HAMLET	1801CE2021	P
15.	SENTHIL NATHAN.G	1801CE2022	P
16.	KARTHICK.G	1801CE2023	P
17.	SUTHANTHIRA SELVAN.S	1801CE2024	P
18.	RANJITH.A	1801CE2025	P
19.	PRAVEEN.M	1801ECS1601	P
20.	JAYAPRIYAN.J	1801ECS1602	P
21.	ARUN.E	1801ECS1603	P
22.	SANTHOSH.R	1801ECS1604	P
23.	SENTHILKUMAR.S	1801ECS1605	P

26	CHAKARAVARTHI.D	1801ECS1606	P
27	HARIHARAN.S	1801ECS1607	P
28	ABINAYA.S	1801ECS1608	P
29	K.RAMKUMAR	1801ECS1609	P
30	M.MANI	1801ECS1610	P
31	A.STEPHEN	1801ECS1611	P
32	M.PRAVIN	1801ECS1612	P
33	A. ANGALAN	1801ECS1613	P
34	S. JOSHUA	1801ECS1614	P
35	K.PRASANA	1801ECS1615	P
36	J.PRASANNA RAGHAVAN	1801CE2004	P
37	M.S.SIDDHARTH	1801CE2005	P
38	PARTHIPAN P	1801CE2006	P
39	PRAVEEN RAJ S	1801CE2007	P
40	ARVIND SHIMA P	1801CE2008	P
41	ARUN PANDIAN D	1801CE2009	P
42	ANANTHARAMAN T	1801CE2010	P
43	KAAVIYAN J	1801CE2011	P
44	S.ARUN KUMAR	1801CE2012	P
45	R.HARIHARAN	1801CE2013	P
44	M.DEEPAN	1801CE2014	P
47	ELANTHAMIZAN	1801CE2015	P
48	V.RAKESH VINOTH	1801CE2016	P

  
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**LIFE SKILLS DEVELOPMENT PROGRAMME**

**ACADEMIC YEAR 2018-19**

**ODD SEMESTER**



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22.10.2018

**CIRCULAR**

**Sub: Guest Lecture for Life Skill Development Program conducted by Department of Computer Science and Engineering.**

It is informed that all the students should attend the Life Skill Development Program held on **26.10.2018**. All students are requested to participate and utilize the opportunity.

  
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### **DEPARTMENT OF COMPUTER SCIENCE AND ENGINEERING**

#### **ABOUT LIFE SKILL DEVELOPMENT**

The abilities for adaptive and positive behaviour that enable individuals to deal effectively with the demands and challenges of everyday life. 'Adaptive' means that a person is flexible in approach and can adjust in different circumstances.

#### **OBJECTIVES: -**

The abilities for adaptive and positive behaviour that enable individuals to deal effectively with the demands and challenges of everyday life. 'Adaptive' means that a person is flexible in approach and can adjust in different circumstances

#### **These skills are usually clubbed into three major categories:**

- Thinking skills (critical thinking, creative thinking, problem solving, decision making)
- Personal skills (self-awareness, self-management)
- Interpersonal skills (communication skills, empathy, cooperation etc.)

#### **Registration Details:**

Registration will be done on first come first serve basis. Number of seats are 50. Registration will be closed once the target participants are reached. The enclosed registration form is to be filled and mailed/mailed (scan copy of registration form along with payment details) to the following communication address:

**Director, PRIST University, Vallam, Thanjavur-613 403, Tamil Nadu, India**

## PROGRAMME SHEDULE

Date/ Session	Topics covered	Resource Person
06.05.2018 FN	Health care and Personal Development	Dr. SHIEK MOHHAMED, Cardiologist, Navajeevan Hospital, Thiruvarur.



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## STUDENTS ATTENDANCE

*Date: 06.05.2018*

S.NO	NAME OF THE STUDENTS	REGNO	ATTENDANCE
24.	ARVIND SHIMA P	1801CE2008	P
25.	ARUN PANDIAN D	1801CE2009	P
26.	ANANTHARAMAN T	1801CE2010	P
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45	R.HARIHARAN	1801CE2013	P

  
HOD

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Ref:PRIST/Dean/CIRC/ 18-19/08

Date :03.08.2018

**CIRCULAR**

**SUB: Program conduction on LIFE SKILLS (Physical fitness)**

It is informed that conducting a program on life skills (Health & Hygiene) be arranged by the School Of Agriculture on 09.08.2018 for the academic year 2018 to 2019. Heads of the departments are requested to inform their students about the life skill and motivate them to attend the program. HODs are also requested to nominate one faculty member to coordinate the same.

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## SCHOOL OF AGRICULTURE

### WHAT IS PHYSICAL FITNESS?

Physical fitness refers to the ability of your body systems to work together efficiently to allow you to be healthy and perform activities of daily living. Being efficient means doing daily activities with the least effort possible.

Physical fitness classified into aerobic and anaerobic exercise.

#### Aerobic exercise

Playing sports such as lawn tennis is a common way to maintain/improve physical fitness. Image shows international tennis player Barbora Strýcová.

Cardiorespiratory fitness can be measured using  $VO_2$  max, a measure of the amount of oxygen the body can uptake and utilize. Aerobic exercise, which improves cardiorespiratory fitness and increase stamina, involves movement that increases the heart rate to improve the body's oxygen consumption. This form of exercise is an important part of all training regiments, whether for professional athletes or for the everyday person.

Examples of Aerobic exercise:

- Jogging – Running at a steady and gentle pace. This form of exercise is great for maintaining weight and building a cardiovascular base to later perform more intense exercises.
- Working on elliptical trainer – This is a stationary exercise machine used to perform walking, or running without causing excessive stress on the joints. This form of exercise is perfect for people with achy hips, knees, and ankles.
- Walking – Moving at a fairly regular pace for a short, medium or long distance.
- Swimming – Using the arms and legs to keep oneself afloat in water and moving either forwards or backward. This is a good full-body exercise for those who are looking to strengthen their core while improving cardiovascular endurance.
- Cycling – Riding a bicycle typically involves longer distances than walking or jogging. This is another low-impact exercise on the joints and is great for improving leg strength.

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## Anaerobic exercise

Anaerobic exercise features high-intensity movements performed in a short period of time. It is a fast, high-intensity exercise that does not require the body to utilize oxygen to produce energy. It helps to promote strength, endurance, speed, and power; and is used by bodybuilders to build workout intensity. Anaerobic exercises are thought to increase the metabolic rate, thereby allowing one to burn additional calories as the body recovers from exercise due to an increase in body temperature and excess post-exercise oxygen consumption (EPOC) after the exercise ended.

Prominent examples of anaerobic exercises include:

- Weight training – A common type of strength training for developing the strength and size of skeletal muscles.
- Isometric exercise – Helps to maintain strength. A muscle action in which no visible movement occurs and the resistance matches the muscular tension.<sup>[22]</sup>
- Sprinting – Running short distances as fast as possible, training for muscle explosiveness.<sup>[23]</sup>
- Interval training – Alternating short bursts (lasting around 30 seconds) of intense activity with longer intervals (three to four minutes) of less intense activity. This type of activity also builds speed and endurance.

## Training

Specific or task-oriented fitness is a person's ability to perform in a specific activity, such as sports or military service, with a reasonable efficiency. Specific training prepares athletes to perform well in their sport. These include, among others:

- 100 m sprint: In a sprint, the athlete must be trained to work anaerobically throughout the race, an example of how to do this would be interval training.
- Century ride: Cyclists must be prepared aerobically for a bike ride of 100 miles or more.
- Middle distance running: Athletes require both speed and endurance to gain benefit out of this training. The hard-working muscles are at their peak for a longer period of time as they are being used at that level for the longer period of time.
- Marathon: In this case, the athlete must be trained to work aerobically, and their endurance must be built-up to a maximum.

Many firefighters and police officers undergo regular fitness testing to determine if they are capable of the physically demanding tasks required of the job.

*J. J. J.*  
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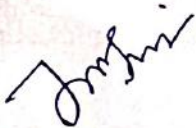
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- Members of armed forces are often required to pass a formal fitness test. For example, soldiers of the U.S. Army must be able to pass the Army Physical Fitness Test (APFT).
- Hill sprints: Requires a high level of fitness to begin with; the exercise is particularly good for the leg muscles. The Army often trains to do mountain climbing and races.

**Advantages of Physical fitness:**

- Controlling blood pressure
- Cancer prevention
- Inflammation
- Immune system
- Weight control



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Date	Time	Topic	Resource person
09.08.2018 (FN)	9.30 AM-10.30AM	Inauguration and special lecture	Dr.S.Anandakumar NCC master Government higher secondary school. Thanjavur.
	10.30AM -10.45 AM		Tea break
	10.45AM -12.30PM	Physical fitness	Dr.S.Anandhakumar NCC master Government higher secondary school. Thanjavur.

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## LIFE SKILLS(Physical fitness)

## STUDENTS ATTENDANCE

Date: 09.08.2018

S. No	STUDENT NAME	REG NO	ATTENDANCE
1.	GOWSALYA	381611209	P
2.	DEVARAJAN	381611204	P
3.	DESINGURAJA	381611210	P
4.	THAMARAI MANALAN	381611216	P
5.	RAJKUMAR	381611220	P
6.	MAHIMA	381611233	P
7.	SHALINI	1901AS1829	P
8.	RAMYA	1901ME1830	P
9.	ASHOK KUMAR	1901ME1831	P
10.	SIVABALAN	1901 AS 1832	P
11.	SUGANYA	1901ME1833	P
12.	MOUNIKA	1901 AS 1834	P
13.	ROSA MARY	1901ME1829	P
14.	DHINESH KUMAR S	2001EE13102	P
15.	ABDULAJEEZ.P	2001EE13103	P
16.	AJAY.C	211EEM41001	P
17.	UDHAYAKUMAR D	1901ME1826	P
18.	KUMAR S	1901ME1827	P
19.	AASHIKA JYOTHI	381611203	P
20.	GAYATHRI G	381611207	P
21.	SRIGANESH G	1901EE1001	P
22.	DHARANESHWARAN R	1901EE1002	P
23.	FAYAS AHAMED. N	1901EE1003	P


  
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24.	SRIRAM S	1901EE1005	P
25.	MANIKANDAN M	1901EE1006	P
26.	ARIHARAN. M	1901EE1007	P
27.	HARIHARAN. K	1901EE1008	P
28.	UMAR SHAROOK K	1901EE1009	P
29.	RAJADURAI S	1901EE1010	P
30.	SRAVANI	381611206	P

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Ref:PRIST/Dean/CIRC/18-19/05

Date :02.05.2019

**CIRCULAR**

**SUB: Program conduction on LIFE SKILLS (Yoga)**

It is informed that conducting a program on life skills (Yoga) be arranged by the School Of Agriculture on 08.05.2019 for the academic year 2018 to 2019. Heads of the departments are requested to inform their students about the life skill and motivate them to attend the program. HODs are also requested to nominate one faculty member to coordinate the same.

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## SCHOOL OF AGRICULTURE

### WHAT IS YOGA?

Yoga" also refers to an inner science comprising of a variety of methods through which human beings can realize this union and achieve mastery over their destiny. Yoga, being widely considered as an 'immortal cultural outcome' of Indus Saraswati Valley civilization – dating back to 2700 B.C., has proved itself catering to both material and spiritual upliftment of humanity. Basic humane values are at the very identity of Yoga Sadhana.

### A BRIEF HISTORY AND DEVELOPMENT OF YOGA

The practice of Yoga is believed to have started with the very dawn of civilization. The science of yoga has its origin thousands of years ago, long before the first religions or belief systems were born. In the yogic lore, Shiva is seen as the first yogi or Adiyogi, and the first Guru or Adi Guru.

Several Thousand years ago, on the banks of the lake Kantisarovar in the Himalayas, Adiyogi poured his profound knowledge into the legendary Saptarishis or "seven sages". The sages carried this powerful yogic science to different parts of the world, including Asia, the Middle East, Northern Africa and South America. Interestingly, modern scholars have noted and marvelled at the close parallels found between ancient cultures across the globe. However, it was in India that the yogic system found its fullest expression. Agastya, the Saptarishi who travelled across the Indian subcontinent, crafted this culture around a core yogic way of life.

### THE FUNDAMENTALS OF YOGA SADHANA

Yoga works on the level of one's body, mind, emotion and energy. This has given rise to four broad classifications of Yoga: karma yoga, where we utilize the body; bhakti yoga, where we utilize the emotions; gyana yoga, where we utilize the mind and Nilful2ri; and kriya yoga, where we utilize the energy.

Each system of Yoga we practice would fall within the gamut of one or more of these categories. Every individual is a unique combination of these four factors. "All the ancient commentaries on Yoga have stressed that it is essential to work under the direction of a Guru." The reason being that only a Guru can mix the appropriate combination of the four fundamental paths, as is necessary for each seeker. Yoga Education: Traditionally, Yoga Education was imparted by knowledgeable, experienced, and wise persons in the families (comparable with the education imparted in convents in the west) and then by the Seers (Rishis/Munis/Acharyas) in Ashramas (compared with Nilful2ries). Yoga Education, on the

  
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DEAN

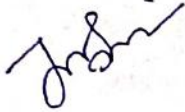
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other hand, aims at taking care of the individual, the 'Being'. It is presumed that a good, balanced, integrated, truthful, clean, transparent person will be more useful to oneself, family, society, nation, nature and humanity at large. Yoga education is 'Being oriented'. Details of working with 'being oriented' aspect have been outlined in various living traditions and texts and the method contributing to this important field is known as 'Yoga'.

Pranayama consists in developing awareness of one's breathing followed by 3ilful regulation of respiration as the functional or vital basis of one's existence. It helps in developing awareness of one's mind and helps to establish control over the mind. In the initial stages, this is done by developing awareness of the 'flow of in-breath and out-breath' (svasa-prasvasa) through nostrils, mouth and other body openings, its internal and external pathways and destinations. Later, this phenomenan is modified, through regulated, controlled and monitored inhalation (svasa) leading to the awareness of the body space/s getting filled (puraka), the space/s remaning in a filled state (kumbhaka) and it's getting emptied (rechaka) during regulated, controlled and monitored exhalation (prasvasa).

#### Conclusion:

Now-a-days, millions and millions of people across the globe have benefitted by the practice of Yoga which has been preserved and promoted by the great eminent Yoga Masters from ancient time to this date. The practice of Yoga is blossoming, and growing more vibrant every day.



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Date	Time	Topic	Resource person
08.05.2019 (FN)	9.30 AM-10.30AM	Inauguration and special lecture	Dr.S.Kokila Yoga master Government higher secondary school. Thanjavur.
	10.30AM -10.45 AM	Tea break	
	10.45AM -12.30PM	Yoga	Dr.S.Kokila Yoga master Government higher secondary school. Thanjavur.

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**STUDENT PROXY**

1.	ABDULAJEEZ.P	2001EE13103	P
2.	AJAY.C	211EEM41001	P
3.	UDHAYAKUMAR D	1901ME1826	P
4.	KUMAR S	1901ME1827	P
5.	AASHIKA JYOTHI	381611203	P
6.	GAYATHRI G	381611207	P
7.	SRIGANESH G	1901EE1001	P
8.	DHARANESHWARAN R	1901EE1002	P
9.	FAYAS AHAMED. N	1901EE1003	P
10.	SRIRAM S	1901EE1005	P
11.	GOWSALYA	381611209	P
12.	DEVARAJAN	381611204	P
13.	DESINGURAJA	381611210	P
14.	THAMARAI MANALAN	381611216	P
15.	RAJKUMAR	381611220	P
16.	MAHIMA	381611233	P
17.	SHALINI	1901AS1829	P
18.	RAMYA	1901ME1830	P
19.	ASHOK KUMAR	1901ME1831	P
20.	SIVABALAN	1901 AS 1832	P
21.	SUGANYA	1901ME1833	P
22.	MOUNIKA	1901 AS 1834	P
23.	ROSA MARY	1901ME1829	P
24.	DHINESH KUMAR S	2001EE13102	P
25.	RAJADURALS	1901EE1010	P
26.	CHINTHALA SRAVANI	381611206	P
27.	UMAR SHAROOK.K	1901EE1009	P



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*J. J. J.*

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*J. J. J.*

**DEAN**  
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2018-25-13



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Requisition Letter

Thanjavur,

10.09.2018

From

Head, Department of Mathematics,  
PRIST Deemed to be University,  
Thanjavur.

To

The Registrar  
PRIST Deemed to be University,  
Thanjavur.

Respected sir

Sub: Requesting Permission to conduct Entrepreneurship Awareness programme for the  
Students of Mathematics Department, School of Arts and Science. reg.

Department of Mathematics has planned to organize for the students of Mathematics  
Department on 12.09.2018 for the academic year 2018-2019. So, I request you to give us  
permission to conduct the programme.

Thanking you.

Dean  
School of Arts & Science  
Ponnaiyah Ramajayam Institute of  
Science & Technology (PRIST)  
Deemed to be University  
Vallam, Thanjavur - 613 403.

Yours faithfully,

H.O.D.  
DEPARTMENT OF MATHEMATICS  
PRIST DEEMED TO BE UNIVERSITY  
THANJAVUR - 613 403



**PRIST**  
**UNIVERSITY**  
Postgraduate Institute of Technology  
Practical Education, Quality Education

**DEPARTMENT OF MATHEMATICS**

**MEMORANDUM**

Date: 11/09/2018

This is to inform the Mathematics Department is going to organize one day  
 International Awareness Programme for the students of Mathematics department,  
 School of Life & Science on 11/09/2018

**DR. S. S. S.**  
 DEPARTMENT OF MATHEMATICS  
 PRIST UNIVERSITY  
 Postgraduate Institute of Technology

**DEAN**  
 Dean  
 School of Life & Science  
 Postgraduate Institute of  
 Science & Technology (PRIST)  
 Prist University  
 Postgraduate Institute of Technology



# PRIST UNIVERSITY

PRIST UNIVERSITY  
SCHOOL OF DISTANCE EDUCATION

## REGISTRATION OF MEMBERSHIP

FOR THE YEAR 2014-15

### MEMBERSHIP REGISTRATION FORM

Name of the Candidate

Roll No.

Address

City

State

Postal Address

Phone No.

E-mail

Signature

Date

Place

*[Signature]*

**M.D.**

PRIST UNIVERSITY  
SCHOOL OF DISTANCE EDUCATION  
PRIST CAMPUS - 2014-15

*[Signature]*

**Dean**

SCHOOL OF DISTANCE EDUCATION  
PRIST UNIVERSITY  
PRIST CAMPUS - 2014-15



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**DEPARTMENT OF MATHEMATICS**  
Entrepreneurship Awareness programme 2018-2019  
REPORT

**Venue: PRIST Block Seminar Hall**

**Date: 12.09.2018**

Department of Mathematics organized Entrepreneurship Awareness programme on 12.09.2018. The programme began with the invocation followed by the welcome address by Dr. S. Subramanian, Head of Department of Mathematics.

K. Sathya, Assistant Professor, School of Commerce and Management, PRIST University, Thanjavur was the resource person. She discussed with the students that entrepreneurship awareness camp intends to impart participants with the knowledge, skills and attitude related to entrepreneurship. The camp's goal was to equip the participants with the basic knowledge of entrepreneurship so that they could explore and start business in the near future.

Every Student gave good response to this interactive session. The programme ended with the vote of thanks delivered by Dr. P. Padma Assistant professor of Mathematics.

**H.O.D.**  
DEPARTMENT OF MATHEMATICS  
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**Dean**  
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*Dr. Divyanshu*

H.O.D.  
DEPARTMENT OF MATHEMATICS  
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*Dr. S. S.*

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**SCHOOL OF ARTS AND SCIENCE**

**DEPARTMENT OF MATHEMATICS**  
**ENTREPRENEURSHIP AWARENESS PROGRAMME**

Date: 12.09.2018

S.No	Name of the Student	Signature
1.	M.Divya	Divya
2.	D.Iswarya	Iswarya
3.	A.Nivashini	Nivashini
4.	P.Padmavriya	Padmavriya
5.	S.Priyadharsini	Priyadharsini
6.	A.Akila	Akila
7.	M.Kalpna	Kalpna
8.	M.Kalpna	Kalpna
9.	S.Santhi	Santhi
10.	K.Srivaishnavi	Srivaishnavi
11.	C.Nilavarasan	Nilavarasan
12.	D.Satheshkumar	Satheshkumar
13.	M.Sownterrajan	Sownterrajan
14.	I.Sriram	Sriram
15.	K.Vijayavanthan	Vijayavanthan
16.	M.Shanmugam	Shanmugam
17.	K.Nithya	Nithya
18.	V.Sindhu	Sindhu
19.	S.Mathivanan	Mathivanan
20.	I.Nivasraja	Nivasraja
21.	S.Preethi	Preethi
22.	B.Dhanalaximi	Dhanalaximi
23.	M.Munceswaran	Munceswaran
24.	R.Selva Ajith	Selva Ajith

H.O.D.

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Dean  
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Science & Technology (PRIST)  
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25.	A.Sneha	Sneha
26.	K.S.Vidhya	Vidhya
27.	M.Preethi	Preethi
28.	P.Swetha	Swetha
29.	K.Manisha	Manisha
30.	K.Priyadharsini	Priyadharsini
31.	M.Mahalakshmi	Mahalakshmi
32.	G.P.Santhosh	Santhosh
33.	K.Muthulingam	Muthulingam
34.	S.Saravanan	Saravanan
35.	B.Thiyagu	Thiyagu
36.	S.Rajesh Kumar	Rajesh Kumar
37.	A.Agila	Agila
38.	M.Kaviya Sudha	Kaviya Sudha
39.	A.Aarthi	Aarthi
40.	M.Poongothai	Poongothai
41.	G.Sushmitha	Sushmitha
42.	G.Sivaranjani	Sivaranjani
43.	B.Abitha	Abitha
44.	S.Praveen raj	Praveenraj
45.	S.Anusa	Anushe
46.	G.Agasthya	Agasthya
47.	M.Kaviya	Kaviya
48.	K.Radhika Devi	Radhika Devi
49.	S.Kaviya	Kaviya
50.	R.Nathiya	Nathiya
51.	J.Reerna	Reerna
52.	D.Pradeep	Pradeep
53.	S.Wajahath Parwin	Wajahath Parwin
54.	V.Jayashree	Jayashree
55.	M.Gayathri	Gayathri
56.	M.Harini	Harini
57.	S.Susma	Susma
58.	T.Buvanan	Buvanan
59.	J.V.Santhiya	Santhiya
60.	M.Varsha	Varsha

*D. Arjuna*  
H.O.D.

DEPARTMENT OF MATHEMATICS  
PRIST DEEMED TO BE UNIVERSITY  
THANJAVUR \* 613 402

*[Signature]*  
Dean  
School of Arts & Science  
Ponnalyah Ramajayam Institute of  
Science & Technology (PRIST)  
Deemed to be University  
Thanjavur - 613 402.

61.	R. Abirami	Abirami R.
62.	P. Priyadharsini	Priyadharsini
63.	M. Soffiya	Soffiya
64.	M.F. Deepika	Deepika
65.	M. Nivedha	Nivedha
66.	A. Abitha	Abitha
67.	M. Keerthana	Keerthana
68.	A. Jayasurya	Jayasurya
69.	C. Dhurga	Dhurga
70.	A. Roja	Roja
71.	C. Brightmonbrin	Brightmonbrin
72.	S. Gokila	Gokila
73.	E. Sindhu	Sindhu
74.	A. Kalaiselvi	Kalaiselvi
75.	L. Nithyasri	Nithyasri
76.	J. Deva Prakash	Deva Prakash
77.	A. Paul Benedict	Paul Benedict
78.	P. Sankar	Sankar
79.	R. Revathi	Revathi
80.	P. Sankar ram	Sankar ram
81.	S. Sudakar	Sudakar
82.	K. Kansa	Kansa
83.	K. Griffin	Griffin
84.	L. Murugan	Murugan
85.	N. Nagu	Nagu
86.	N. Nagarajan	Nagarajan
87.	M. Kittu	Kittu
88.	J. Krishnamoorthy	Krishnamoorthy
89.	R. Nallu	Nallu
90.	S. Nachiyarappa	Nachiyarappa
91.	H. Logu	Logu
92.	A. Gokilan	Gokilan
93.	K. Kokilan	Kokilan
94.	Sivasangari K	Sivasangari
95.	S. Sathiyasri	Sathiyasri
96.	R. Priyanga	Priyanga

*D. Dissanayake*

*[Signature]*

H.O.D.  
DEPARTMENT OF MATHEMATICS  
PRIST DEEMED TO BE UNIVERSITY  
THANJAVUR - 613 403

Dean  
School of Arts & Science  
Ponnalyah Ramajayam Institute of  
Science & Technology (PRIST)  
Deemed to be University  
Vallam, Thanjavur

97.	D.Sornalakshimi	<i>Sornalakshimi</i>
98.	N.Subashini	<i>Subashini</i>
99.	R.Tharini	<i>Tharini</i>
100.	P.Vanitha	<i>Vanitha</i>
101.	R.Vidhya Devi	<i>Vidhyadevi</i>
102.	R.Kowsalya	<i>Kowsalya</i>
103.	N.Nagesh	<i>Nagesh</i>
104.	N.Nagarajan	<i>Nagarajan</i>
105.	M.Kitt	<i>Kitt</i>

*[Signature]*  
HOD

**H.O.D.**  
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*[Signature]*

DEAN  
Dean  
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2018 - CS - 14



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**Requisition Letter**

Thanjavur,

15.02.2019

From

Head, Department of Mathematics,

PRIST Deemed to be University,

Thanjavur.

To

The Registrar

PRIST Deemed to be University,

Thanjavur.

Respected sir

Sub: Requesting Permission to conduct Entrepreneurship Awareness Programme for the Students of Mathematics Department, School of Arts and Science. reg.

Department of Mathematics has planned to organize for the students of Mathematics Department on 20.02.2019 for the academic year 2018-2019. So, I request you to give us permission to conduct the programme.

Thanking you,

Dean  
School of Arts & Science  
Ponnaiyah Ramajayam Institute of  
Science & Technology (PRIST)  
Deemed to be University  
Thanjavur - 613403

Yours faithfully,

H.O.D.  
DEPARTMENT OF MATHEMATICS  
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**DEPARTMENT OF MATHEMATICS**

**CIRCULAR**

**Date: 15.02.2019**

This is to inform that Mathematics Department is going to organize one day Entrepreneurship Awareness Programme entitled "Impact of Risk Tolerance on Entrepreneurial Success" for the students of Mathematics department, School of Arts and Science on 20.02.2019

**HOD**

**H.O.D.**  
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**DEAN**

**Dean**  
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**DEPARTMENT OF MATHEMATICS**

Cordially invites you for the

**ENTREPRENEURSHIP AWARENESS PROGRAMME**

IMPACT OF RISK TOLERANCE ON ENTREPRENEURIAL SUCCESS

**Date: 20.02.2019**

**Time: 11.00 AM**

**Venue: CRD - Block Seminar hall**

RESOURCE PERSON

Dr. Sasikumar

PRIST SCHOOL OF COMMERCE & MANAGEMENT, Thanjavur

PRESIDENTIAL ADDRESS

Dr. E. SARAVANAN

Dean of Arts and Science,

PRIST Deemed to be University, Thanjavur

*Dr. Jigam*  
H.O.D.

DEPARTMENT OF MATHEMATICS  
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*J. S.*

Dean  
School of Arts & Science  
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## DEPARTMENT OF MATHEMATICS

Entrepreneurship Awareness programme 2018-2019

### REPORT

**Venue: C- Block Seminar Hall**

**Date: 20.02.2019**

Department of Mathematics organized Entrepreneurship Awareness programme "Impact of Risk Tolerance on Entrepreneurial Success" on 20.02.2019. The programme began with the invocation followed by the welcome address by Dr. S. Subramaniam Head of Department of Mathematics.

Dr. Sasikumar, School of Commerce & Management, PRIST University Thanjavur was the resource person. He discussed with the students that Entrepreneurship is highly risky but also can be highly rewarding, as it serves to generate economic wealth, growth and innovation.

Every Student gave good response to this interactive session. The programme ended with the vote of thanks delivered by Dr. N. Balambigai, Assistant professor of Mathematics.

**H.O.D.**  
DEPARTMENT OF MATHEMATICS  
PRIST DEEMED TO BE UNIVERSITY  
THANJAVUR - 613 403

Dean  
School of Arts & Science  
Ponnaiyah Ramajayam Institute of  
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*Dr. Divyank*

H.O.D.  
DEPARTMENT OF MATHEMATICS  
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*Dr. S. S.*

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SCHOOL OF ARTS AND SCIENCE

DEPARTMENT OF MATHEMATICS  
ENTREPRENEURSHIP AWARENESS PROGRAMME  
Impact of Risk Tolerance on Entrepreneurial Success

Date:20.02.2019

S.No.	Name of the Student	Signature
1.	M.Divya	Divya
2.	D.Iswarya	Iswarya
3.	A.Nivashini	Nivashini
4.	P.Padmapriya	Padmapriya
5.	S.Priyadharshini	Priyadharshini
6.	A.Akila	Akila
7.	M.Kalpana	Kalpana
8.	M.Kalpana	Kalpana
9.	S.Santhi	Santhi
10.	K.Srivaishnavi	Srivaishnavi
11.	C.Nilavarasan	Nilavarasan
12.	D.Satheskumar	Satheskumar
13.	M.Sowntherrajan	Sowntherrajan
14.	I.Sriram	Sriram
15.	K.Vijayavanthan	Vijayavanthan
16.	M.Shanmugam	Shanmugam
17.	K.Nithya	Nithya
18.	V.Sindhu	Sindhu
19.	S.Mathivanan	Mathivanan
20.	I.Nivasraja	Nivasraja
21.	S.Preethi	Preethi
22.	B.Dhanalaximi	Dhanalaximi
23.	M.Muneeswaran	Muneeswaran

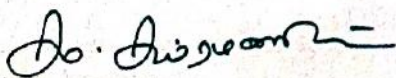
H.O.D.

DEPARTMENT OF MATHEMATICS  
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Dean

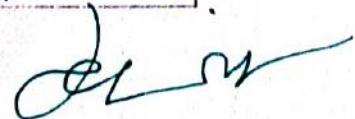
School of Arts & Science  
Ponnalyah Ramajayam Institute of  
Science & Technology ( PRIST)  
Deemed to be University  
Vellam, Thanjavur - 613 403.

24.	R.Selva Ajith	Selva Ajith
25.	A.Sneha	Sneha
26.	K.S.Vidhya	Vidhya
27.	M.Preethi	Preethi
28.	P.Swetha	Swetha
29.	K.Manisha	Manisha
30.	K.Priyadharsini	Priyadharsini
31.	M.Mahalakshmi	Mahalakshmi
32.	G.P.Santhosh	Santhosh
33.	K.Muthulingam	Muthulingam
34.	S.Saravanan	Saravanan
35.	B.Thiyagu	Thiyagu
36.	S.Rajesh Kumar	Rajesh Kumar
37.	A.Agila	Agila
38.	M.Kaviya Sudha	Kaviya Sudha
39.	A.Aarthi	Aarthi
40.	M.Poongothai	Poongothai
41.	G.Sushmitha	Sushmitha
42.	G.Sivaranjani	Sivaranjani
43.	B.Abitha	Abitha
44.	S.Praveen raj	Praveen raj
45.	S.Anusa	Anusa
46.	G.Agasthiya	Agasthiya
47.	M.Kaviya	Kaviya
48.	K.Radnika Devi	Radnika Devi
49.	S.Kaviya	Kaviya
50.	R.Nathiya	Nathiya
51.	J.Reema	Reema
52.	D.Pradeep	Pradeep
53.	S.Wajahath Parwin	Wajahath Parwin
54.	V.Jayashree	Jayashree
55.	M.Gayathri	Gayathri
56.	M.Harini	Harini
57.	S.Susma	Susma
58.	T.Buvanar	Buvanar
59.	J.V.Santhiya	Santhiya



H.O.D.

DEPARTMENT OF MATHEMATICS  
DEEMED TO BE UNIVERSITY  
THANJAVUR - 613 403



Dean

School of Arts & Science  
Ponnalyah Ramajayam Institute of  
Science & Technology (PRIST)  
Deemed to be University

M.Varsha	Varsha
R.Abirami	Abirami
P.Priyadharshni	P.Priyadharshni
M.Soffiya	Soffiya
M.P.Deepika	Deepika
M.Nivedha	Nivedha
A.Abitha	Abitha
M.Keerthana	Keerthana
A.Jayasurya	Jayasurya
C.Dhurga	Dhurga
A.Roja	Roja
C,Brightmonbrin	Brightmonbrin
S.Gokila	Gokila
E.Sindhu	Sindhu
A.Kalaiselvi	Kalaiselvi
L.Nithyasri	Nithyasri
J.Deva Prakash	Deva Prakash
A.Paul Benedit	Paul Benedit
P.Sankar	Sankar
R.Revathi	Revathi
P.Sankar ram	Sankar ram
S.Sudakar	Sudakar
K.Kans	Kans
K.Griffin	Griffin
L.Murugan	Murugan
N.Nagu	Nagu
N.Nagarajan	Nagarajan
M.Kittu	Kittu
J.Krishnamoorthy	Krishnamoorthy
R.Nallu	Nallu
S.Nachiyarappa	Nachiyarappa
H Logu	Logu
A.Gokilan	Gokilan
K.Kokilan	Kokilan
Sivasangari K	Sivasangari K
S.Sathiyasri	Sathiyasri

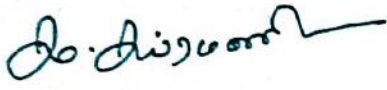
*J. Jiganti*  
H.O.D.

DEPARTMENT OF MATHEMATICS  
FIRST DEEMED TO BE UNIVERSITY  
THANJAVUR - 613 403

*[Signature]*  
Dean

School of Arts & Science  
Ponnaiyah Ramajayam Institute of  
Science & Technology (PRIST)  
Deemed to be University  
Vallam, Thanjavur - 613 403.

96.	R.Priyanga	Priyanga
97.	D.Sornalakshmi	Sornalakshmi
98.	N.Subashini	Subashini
99.	R.Tharini	Tharini
100.	P.Vanitha	Vanitha
101.	R.Vidhya Devi	Vidhya . Devi
102.	R.Kowsalya	Kowsalya
103.	N.Nagesh	Nagesh
104.	N.Nagarajan	Nagarajan
105.	M.Niti	Niti

  
HOD

**H.O.D.**

**DEPARTMENT OF MATHEMATICS  
PRIST DEEMED TO BE UNIVERSITY  
THANJAVUR - 613 403**



DEAN

Dean  
School of Arts & Science  
Ponnaiyah Ramajayam Institute of  
Science & Technology (PRIST)  
Deemed to be University  
Vallam, Thanjavur - 613 403.

**2018-2019**

**5.1.3 Capacity development and skill  
enhancement**

**ODD SEM**



**SCHOOL OF ARTS AND SCIENCE**

**DEPARTMENT OF MICROBIOLOGY**

Cordially invite The Dean, Faculties and Students to the

**INTERNATIONAL YOGA DAY**

**RESOURCE PERSON**

**R. VISWALINGAM**

**GNANODHYAYAM, MUNICIPAL COLONY**

**THANJAVUR**

**Date: 21.06.2018**

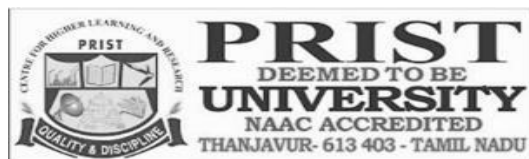
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**HOD**

A handwritten signature in black ink, consisting of stylized, connected letters.

**DEAN**

*Dean of Arts & Science  
PRIST Deemed to be University  
Thanjavur - 613 403, Tamilnadu.*



**SCHOOL OF ARTS AND SCIENCE  
DEPARTMENT OF MICROBIOLOGY**

**INTERNATIONAL YOGA DAY - 2018**

- 10.00 am**    **Welcome address**    **Dr. R.SATHYA**  
Assistant Professor  
Department of Microbiology  
Ponnaiyah Ramajayam Institute of Science and Technology  
Vallam, Thanjavur
- 10.20 am**    **Inaugural address**    **DR.S.MOHANRAJ**  
Professor  
Department of Microbiology  
School of Arts and Science  
Ponnaiyah Ramajayam Institute of Science and Technology  
Vallam, Thanjavur
- 10.40am**    **Felicitation**    **DR. S. RAMESH**  
Professor  
Department of Microbiology  
School of Arts and Science  
Ponnaiyah Ramajayam Institute of Science and Technology  
Vallam, Thanjavur
- 11.00 am**    **Guest Introduction**    **DR. T.USHADEVI**  
Associate Professor  
Department of Microbiology  
Ponnaiyah Ramajayam Institute of Science and Technology  
Vallam, Thanjavur
- 11.10 am**    **Invited Talk**    **Dr. KOILDHASAN MANOHARAN**  
Associate Professor  
Department of Microbiology  
Ponnaiyah Ramajayam Institute of  
Science and Technology Vallam,  
Thanjavur
- 11.55 am**    **Vote of Thanks**    **Dr. S. SATHISHKUMAR**  
Associate Professor  
Department of Biochemistry  
Ponnaiyah Ramajayam Institute of Science and Technology  
Vallam, Thanjavur

## Resource person profile

**Prof. R. VISWALINGAM** working as Assistant Professor, Department of Biochemistry, Ponnaiyah Ramajayam Institute of Science and Technology Vallam, Thanjavur. He teaches yoga to student for past eight years.

## REPORT FOR INTERNATIONAL YOGA DAY

Department of Microbiology, Ponnaiyah Ramajayam Institute of Science & Technology [PRIST], celebrate international yoga day on June 21, 2018 in seminar hall. The dignitaries on the dias were DR. S. RAMESH, Professor ,Department of Microbiology Thanjavur PRIST University, DR.S.MOHANRAJ Professor, Department of Microbiology, Prof. R. Viswalingam, Gnanodhyayam, Municipal Colony, Thanjavur. The programme started at 10:00 am with the welcome address by Dr. R.SATHYA, Department of Microbiology. DR.S.MOHANRAJ delivered an Inaugural address about the yoga day. DR. S. RAMESH, PRIST University delivered the Felicitation about the international yoga day. Prof. R. Viswalingam was deliver importance about Yoga and teaches some simple yoga to the students. Finally Dr. S. Sathishkumar, Assistant Professor, Department of Biochemistry delivered vote of thanks.

**No. of. Staffs Participated** : 25

**No. of. Students Participated** : 99

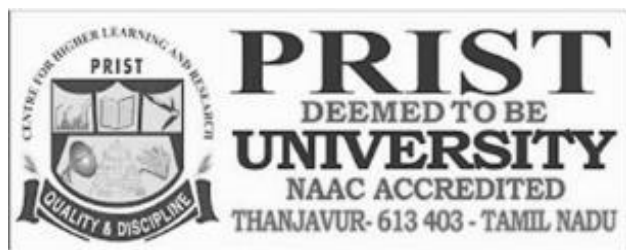
**No. of students participated from other departments** : 50

**HOD**

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Thanjavur - 613 403, Tamilnadu.*





**SCHOOL OF ARTS AND SCIENCE  
DEPARTMENT OF MICROBIOLOGY**

**INTERNATIONAL YOGA DAY - 2018**

**ATTEDANCE**

Date: 21.06.2018


Venue: SEMINAR HALL I

Time: 10.00 am

S.No	Reg No	Name	Attendance
1.	1802MB1002	R.Sadhana	P
2.	1802MB1003	D.Keerthika	P
3.	1802MB1005	E.Vinotha	P
4.	1802MB1006	Vaideeshwari.K	P
5.	1802MB1007	Yasotha.S	P
6.	1802MB1011	Parkavi.S	P
7.	1802MB1012	Atchaya.B	P
8.	1802MB1013	Dhivya.M	P
9.	1802MB1014	Mohana Priya.P	P
10.	1802MB1015	Sripriya.P	P
11.	1802MB1020	Yuvaraj. N	P
12.	1802MB1021	Anjugam. G	P
13.	1804MB1001	Sivankumar D	P
14.	1804MB1002	Swathi S	P
15.	1804MB1003	Gayathri D	P
16.	1804MB1004	Monisha P	P
17.	1804MB1006	Kalai Selvi V	P
18.	1804MB1007	Sneha A	P
19.	1804MB1008	Sowmiya A	P
20.	1804MB1009	Revathi S	P
21.	1804MB1010	Radhika S	P
22.	1804MB1011	Priyanka P	P
23.	1804MB1012	Ananthi A	P
24.	1804MB1013	Sneha L	P
25.	1804MB1014	Baby Shalini K	P

26.	1804MB1015	Ranjitha A	P
27.	1804MB1016	Krithika M	P
28.	1804MB1017	Swetha K	P
29.	1804MB1018	Varadharajan R	P
30.	1804MB1019	Tamil Arasi R	P
31.	1804MB1020	John Paul R	P
32.	1804MB1021	Soundarya M	P
33.	1804MB1022	Nithika N	P
34.	1804MB1023	Bhuvana K	P
35.	1804MB1024	Susmitha S	P
36.	1804MB1025	Shyamala R	P
37.	1804MB1026	Divya A	P
38.	1804MB1027	Imran Ul Hassion	P
39.	1806MB1001	A.Sindurani	P
40.	1806MB1004	V.Nagarajan	P
41.	1806MB1006	X.Glory Nancy	P
42.	1806MB1601	S.Nirmal Kumar	P
43.	1806MB1005	B.Praveena	P
44.	1806MB1006	F.David Kumar	P
45.	1703MB1001	Krishnaveni.T	P
46.	1703MB1003	Ranjithkumar.T	P
47.	1703MB1004	Dhivya Sriram.S	P
48.	1703MB1005	Swetha.B	P
49.	1703MB1006	Sandhiya.K	P
50.	1703MB1007	Dhanalakshmi.S	P
51.	1703MB1008	Iyyanarappan. S	P
52.	1703MB1009	Harish. S	P
53.	1703MB1010	Kowsalya. L	P
54.	1703MB1011	Iyswarya. N	P
55.	1703MB1012	Ramya. R	P
56.	1703MB1013	Janani. J	P
57.	1703MB1014	Sri Hariharasudhan.J	P
58.	1703MB1015	Arul Pandi. R	P
59.	1703MB1016	Hera. S	P
60.	1703MB1017	Santhiya. P	P
61.	1703MB1018	Rochette Marie Sandrine. G	P
62.	1702MB1001	H.Muthukumaran	P
63.	1702MB1002	J.Jayaseelan	P
64.	151610201	Anjali.B	P
65.	151610202	Banupriya.P	P
66.	151610203	Hemalatha.K	P
67.	151610204	Jeeva.R	P
68.	151610205	Kalaiselvi.V	P

69.	151610206	Kalpana.A	P
70.	151610207	Kasthuri.S	P
71.	151610208	Keerthana Manju.N	P
72.	151610209	Keerthiga.E	P
73.	151610210	Hemakumar.G	P
74.	151610211	Madesh Raam.R	P
75.	151610212	Mohan Kumar.S	P
76.	151610213	Prusuthaman.V	P
77.	151610214	Kiruthiga.S	P
78.	151610215	Tamilselvi.L	P
79.	151610216	R.Rajesh	P
80.	151610217	G.Nandhini	P
81.	151610218	M.Nathiya Banu	P
82.	151610219	M.Jonesh	P
83.	151610220	M.Muthuthamil	P
84.	151610221	S.Saranya	P
85.	151610222	A.Anitha	P
86.	151610223	K.Sathya	P
87.	151610224	B.Vimal Raj	P
88.	151610225	S.Balaji	P
89.	151610226	Y.Tamilmani	P
90.	151610227	D.Yavarani	P
91.	151610228	T. Krishnaveni	P
92.	1802MB2001	V.Chandravadhana	P
93.	1802MB2002	M.Kumaran	P
94.	1802MB2003	N.Senthamizh	P
95.	1802MB2004	L.Fatima	P
96.	1802MB2005	Aleena. O	P
97.	1802MB2006	Divya. S	P
98.	1802MB2007	Dineshraj S	P
99.	1802MB2008	Eshwar V	P



**HOD**



**DEAN**

Dean of Arts & Science  
PRIST Deemed to be University  
Thanjavur - 613 403, Tamilnadu.

Photograph



**HOD**

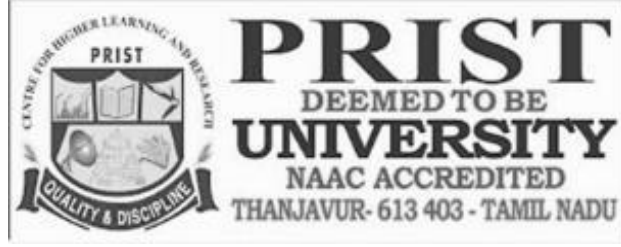
**DEAN**

*Dean of Arts & Science  
PRIST Deemed to be University  
Thanjavur - 613 403, Tamilnadu.*

**2018-2019**

**5.1.3 Capacity development and skill  
enhancement**

**EVEN SEM**



**SCHOOL OF ARTS AND SCIENCE  
DEPARTMENT OF MICROBIOLOGY**

Cordially invite The Dean, Faculties and Students to the  
**INTERNATIONAL YOGA DAY**

**RESOURCE PERSON**

**R. VISWALINGAM**

**GNANODHYAYAM, MUNICIPAL COLONY**

**THANJAVUR**

**Date: 12.03.2019**

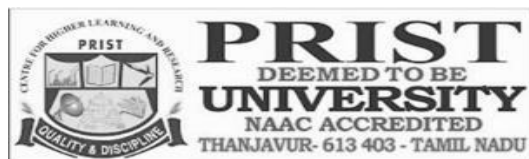
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**HOD**

A handwritten signature in black ink, consisting of stylized letters.

**DEAN**

*Dean of Arts & Science  
PRIST Deemed to be University  
Thanjavur - 613 403, Tamilnadu.*



**SCHOOL OF ARTS AND SCIENCE  
DEPARTMENT OF MICROBIOLOGY**

**INTERNATIONAL YOGA DAY - 2018**

- 10.00 am**    **Welcome address**    **Dr. R.SATHYA**  
Assistant Professor  
Department of Microbiology  
Ponnaiyah Ramajayam Institute of Science and Technology  
Vallam, Thanjavur
- 10.20 am**    **Inaugural address**    **DR.S.MOHANRAJ**  
Professor  
Department of Microbiology  
School of Arts and Science  
Ponnaiyah Ramajayam Institute of Science and Technology  
Vallam, Thanjavur
- 10.40am**    **Felicitation**    **DR. S. RAMESH**  
Professor  
Department of Microbiology  
School of Arts and Science  
Ponnaiyah Ramajayam Institute of Science and Technology  
Vallam, Thanjavur
- 11.00 am**    **Guest Introduction**    **DR. T.USHADEVI**  
Associate Professor  
Department of Microbiology  
Ponnaiyah Ramajayam Institute of Science and Technology  
Vallam, Thanjavur
- 11.10 am**    **Invited Talk**    **Dr. KOILDHASAN MANOHARAN**  
Associate Professor  
Department of Microbiology  
Ponnaiyah Ramajayam Institute of  
Science and Technology Vallam,  
Thanjavur
- 11.55 am**    **Vote of Thanks**    **Dr. R.SATHYA**  
Assistant Professor  
Department of Microbiology  
Ponnaiyah Ramajayam Institute of Science and Technology  
Vallam, Thanjavur

## Resource person profile

**Prof. R. VISWALINGAM** working as Assistant Professor, Department of Biochemistry, Ponnaiyah Ramajayam Institute of Science and Technology Vallam, Thanjavur. He teaches yoga to student for past eight years.

## REPORT FOR INTERNATIONAL YOGA DAY

Department of Microbiology, Ponnaiyah Ramajayam Institute of Science & Technology [PRIST], celebrate international yoga day on March 12, 2019 in seminar hall. The dignitaries on the dias were DR. S. RAMESH, Professor ,Department of Microbiology Thanjavur PRIST University, DR.S.MOHANRAJ Professor, Department of Microbiology, Prof. R. Viswalingam, Gnanodhyayam, Municipal Colony, Thanjavur. The programme started at 10:00 am with the welcome address by Dr. R.SATHYA, Department of Microbiology. DR.S.MOHANRAJ delivered an Inaugural address about the yoga day. DR. S. RAMESH, PRIST University delivered the Felicitation about the international yoga day. Prof. R. Viswalingam was deliver importance about Yoga and teaches some simple yoga to the students. Finally Dr. S. Sathishkumar, Assistant Professor, Department of Biochemistry delivered vote of thanks.

**No. of. Staffs Participated** : 20

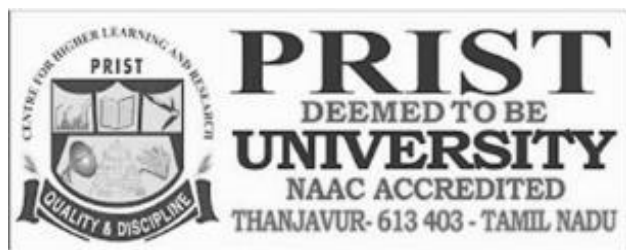
**No. of. Students Participated** : 76

**HOD**

**DEAN**

*Dean of Arts & Science  
PRIST Deemed to be University  
Thanjavur - 613 403, Tamilnadu.*





**SCHOOL OF ARTS AND SCIENCE  
DEPARTMENT OF MICROBIOLOGY**

**INTERNATIONAL YOGA DAY - 2018**

**ATTEDANCE**

Date: **12.03.2019**

Venue: SEMINAR HALL I

Time: 10.00 am

S.No	Reg No	Name	Attendance
1.	1802MB1002	R.Sadhana	P
2.	1802MB1003	D.Keerthika	P
3.	1802MB1005	E.Vinotha	P
4.	1802MB1015	Sripriya.P	P
5.	1802MB1020	Yuvaraj. N	P
6.	1802MB1021	Anjugam. G	P
7.	1804MB1001	Sivankumar D	P
8.	1804MB1002	Swathi S	P
9.	1804MB1003	Gayathri D	P
10.	1804MB1004	Monisha P	P
11.	1804MB1006	Kalai Selvi V	P
12.	1804MB1007	Sneha A	P
13.	1804MB1008	Sowmiya A	P
14.	1804MB1009	Revathi S	P
15.	1804MB1010	Radhika S	P
16.	1804MB1011	Priyanka P	P
17.	1804MB1012	Ananthi A	P
18.	1804MB1013	Sneha L	P
19.	1804MB1014	Baby Shalini K	P
20.	1804MB1015	Ranjitha A	P
21.	1804MB1016	Krithika M	P
22.	1804MB1017	Swetha K	P
23.	1804MB1018	Varadharajan R	P
24.	1804MB1019	Tamil Arasi R	P
25.	1804MB1020	John Paul R	P

26.	1804MB1021	Soundarya M	P
27.	1804MB1022	Nithika N	P
28.	1804MB1023	Bhuvana K	P
29.	1804MB1024	Susmitha S	P
30.	1804MB1025	Shyamala R	P
31.	1804MB1026	Divya A	P
32.	1804MB1027	Imran Ul Hassion	P
33.	1806MB1001	A.Sindurani	P
34.	1806MB1004	V.Nagarajan	P
35.	1806MB1006	X.Glory Nancy	P
36.	1806MB1601	S.Nirmal Kumar	P
37.	1806MB1005	B.Praveena	P
38.	1806MB1006	F.David Kumar	P
39.	1703MB1001	Krishnaveni.T	P
40.	1703MB1008	Iyyanarappan. S	P
41.	1703MB1009	Harish. S	P
42.	1703MB1010	Kowsalya. L	P
43.	1703MB1011	Iyswarya. N	P
44.	1703MB1012	Ramya. R	P
45.	1703MB1013	Janani. J	P
46.	1703MB1014	Sri Hariharasudhan.J	P
47.	1703MB1015	Arul Pandi. R	P
48.	1703MB1016	Hera. S	P
49.	1703MB1017	Santhiya. P	P
50.	1703MB1018	Rochette Marie Sandrine. G	P
51.	1702MB1001	H.Muthukumar	P
52.	1702MB1002	J.Jayaseelan	P
53.	151610206	Kalpana.A	P
54.	151610207	Kasthuri.S	P
55.	151610208	Keerthana Manju.N	P
56.	151610209	Keerthiga.E	P
57.	151610210	Hemakumar.G	P
58.	151610211	Madesh Raam.R	P
59.	151610219	M.Jonesh	P
60.	151610220	M.Muthuthamil	P
61.	151610221	S.Saranya	P
62.	151610222	A.Anitha	P
63.	151610223	K.Sathya	P
64.	151610224	B.Vimal Raj	P
65.	151610225	S.Balaji	P
66.	151610226	Y.Tamilmani	P
67.	151610227	D.Yavarani	P
68.	151610228	T. Krishnaveni	P

69.	1802MB2001	V.Chandravadhana	P
70.	1802MB2002	M.Kumaran	P
71.	1802MB2003	N.Senthamizh	P
72.	1802MB2004	L.Fatima	P
73.	1802MB2005	Aleena. O	P
74.	1802MB2006	Divya. S	P
75.	1802MB2007	Dineshraj S	P
76.	1802MB2008	Eshwar V	P

**Photograph**



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**HOD**

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**DEAN**

*Dean of Arts & Science  
PRIST Deemed to be University  
Thanjavur - 613 403, Tamilnadu.*





**PRIST**  
DEEMED TO BE  
**UNIVERSITY**  
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THANJAVUR - 613 403 - TAMILNADU

2018-2019

Department of Biotechnology  
School of Arts and Science  
PRIST Deemed to be University

Invitation

**CORDIALLY INVITES YOU FOR YOGA PROGRAMME**

Date: 30.07.2018

Venue: Seminar Hall, PRIST Block Thanjavur,

Welcome address

**Dr. J. Illamathi**

Assistant Professor,

Department of Biotechnology,

School of Arts and Science,

PRIST Deemed to be University,

Presidential Address

**Dr. K. Saravanan**

Dean, School of Arts and Science,

PRIST Deemed to be University,

Vallam, Thanjavur.

Resource Person

**Dr. R. Karthikeyan,**

Assistant Professor, Physical Education,

PRIST Deemed to be University, Vallam, Thanjavur

HOD

Head of the Department  
Department of Biotechnology  
School of Arts & Science  
Prist Deemed to be University, Thanjavur.

Dean of Arts & Science  
PRIST Deemed to be University  
Thanjavur - 613 403, Tamilnadu.



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**UNIVERSITY**  
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THANJAVUR – 613 403 - TAMILNADU

Department of Biotechnology  
School of Arts and Science  
PRIST Deemed to be University

**YOGA PROGRAMME**  
(Awareness program)

**Circular**

This is to inform all Life Science students that the **YOGA PROGRAMME** (Awareness program) for academic year 2018-2019 will be conducted by our department. Hence requesting all the students to attend this program without fail.

Date & Time	Venue	Resource Person
30.07.2018 & 10 am	Venue: Seminar Hall, PRIST Block Thanjavur	<b>Dr. R. Karthikeyan,</b> Assistant Profesor, Physical Education, PRIST Deemed to be University, Vallam, Thanjavur

HOD

Head of the Department  
Department of Biotechnology  
School of Arts & Science  
Prist Deemed to be University, Thanjavur.

Dean of Arts & Science  
PRIST Deemed to be University  
Thanjavur - 613 403, Tamilnadu.



**PRIST**  
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**UNIVERSITY**  
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THANJAVUR – 613 403 - TAMILNADU

Department of Biotechnology  
School of Arts and Science  
PRIST Deemed to be University

Programme Report

The Biotechnology Department hosted a Yoga program for 40 students in total, along with staff members from several departments. The greeting speech delivered by **Dr.U.Dhivyaparathi**, Assistant Professor, Department of Biotechnology Department of PRIST University. Dr. K. Saravanan, dean of PRIST Deemed to be University, Vallam, Thanjavur, delivered the presidential speech. Resource: Dr. R. Karthikeyan, Assistant Professor, Physical Education, PRIST Deemed to be University, Vallam, Thanjavur school of education at Vallam, Thanjavur. The event was beneficial to the students and given the in-depth discussions between the students and resource persons, it exposed the staff to skill development and capacity development for their future prospect. Dr. R. Arunkumar, Assistant Professor, Department of Biotechnology, PRIST Deemed to be University, Vallam, Thanjavur, finally offered a vote of gratitude.

HOD

Head of the Department  
Department of Biotechnology  
School of Arts & Science  
Prist Deemed to be University, Thanjavur.

Dean of Arts & Science  
PRIST Deemed to be University  
Thanjavur - 613 403, Tamilnadu.



**PRIST**  
DEEMED TO BE  
**UNIVERSITY**  
NAAC ACCREDITED  
THANJAVUR – 613 403 - TAMILNADU

Department of Biotechnology  
School of Arts and Science  
PRIST Deemed to be University

**YOGA PROGRAMME**

**Student's attendance**

S.No.	Students Name
1	G.Kanimozhi
2	R.Jegasini
3	R.Sriramji
4	G.Pragadeeshwaran
5	V.Sobana
6	P.Anushya
7	A.Smitha
8	M.S.Joala
9	K.Sangeev kumar
10	K.Livingstan
11	R.Suriya
12	T.S.Rajalakshmi
13	S.Sneha
14	M.Manimozhi
15	S.Gokul
16	A.Suruthi
17	A.Mismajebarani
18	S.Sargunan
19	M.Mohames Azarothin
20	A.Jayasree
21	v.Priyanka
22	K.Kanimozhi
23	L.Lakshmipriya
24	L.Lakshmipriya
25	L.Kani
26	A.Girija
27	K.Thenmozhi
28	D.Dhivya
29	I.Ishwarya
30	K.Gayathri
31	A.Anbumathi
32	K.Gajalakshmi
33	H.Poongodi



34	L.Thamari
35	R.Pradeesh
36	R.Vaishnavi
37	R.Vikram
38	A.Roseminbegum
39	A.Gunanidhi
40	M.Premkumar



**HOD**

**Head of the Department**  
**Department of Biotechnology**  
**School of Arts & Science**  
**Prist Deemed to be University, Thanjavur.**

**Dean of Arts & Science**  
**PRIST Deemed to be University**  
**Thanjavur - 613 403, Tamilnadu.**

**SCHOOL OF ARTS AND SCIENCE**  
**DEPARTMENT OF COMPUTER SCIENCE**  
*Cardially invite The Dean, Faculties and Students to*  
**ONE DAY SEMINAR**

**ON**

**YOGA DAY**

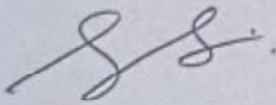
**DATE: 18.03.2019**

**TIME: 11.30 AM**

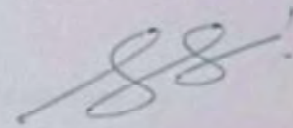
**VENUE: RDC  
SEMINAR HALL**

**Resource person**

**Dr. R. POORNA CHANDRAN**  
Nalamudan val yoga center, Thanjavur



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Dean of Arts & Science  
PRIST Deemed to be University  
Thanjavur - 613 403, Tamilnadu.

**SCHOOL OF ARTS AND  
SCIENCE DEPARTMENT OF COMPUTERS  
SCIENCE ONE DAY SEMINAR**

**ON**

**YOGA DAY**

**DATE: 18.03.2019**

**TIME: 11.30AM**

**VENUE: RDC SEMINAR HALL**

- 11.30am Welcome address** Mrs. M. AARTHI  
Assistant Professor  
Department of Computer Science  
Ponnaiyah Ramajayam Institute of Science and  
Technology Vallam, Thanjavur
- 11.40am Inaugural address** Dr. K. SARAVANAN  
Dean  
School of Arts and Science  
Ponnaiyah Ramajayam Institute of Science and Technology  
Vallam, Thanjavur
- 12.00pm Felicitation** Dr. T. V. CHRISTY  
Vice-Chancellor  
Ponnaiyah Ramajayam Institute of Science and Technology  
Vallam, Thanjavur
- 12.25pm Guest Introduction** Mrs. P. SAKILA  
Assistant Professor  
Department of Computer Science  
Ponnaiyah Ramajayam Institute of Science and Technology  
Vallam, Thanjavur
- 12.30pm Invited Talk** Mr. G. KARTHIKEYAN  
Quantumsys Technologies Pvt  
Ltd, Thanjavur
- 1.40pm Vote of Thanks** Mrs. K. PRIYADHARSHINI  
Assistant Professor  
Department of Computer Science  
Ponnaiyah Ramajayam Institute of Science and Technology  
Vallam, Thanjavur

## Report For One-Day Seminar on Yoga Day

Department of Computer Science, Ponnaiyah Ramajayam Institute of Science & Technology [PRIST], organized a one-day seminar on "Recent Trends in IT" on August 09, 2013 in EDC seminar hall, CRD. The seminar focused on Algae and its Industrial Applications.

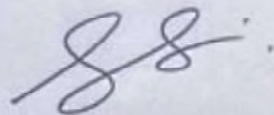
The dignitaries on the dias were Dr. T.V. CHRISTY, M.E., Ph.D, Vice-Chancellor, PRIST University, Dr.L.CHINNAPPA, Ph.D., Dean, School of Arts and Science, Dr.R.POORNA CHANDRAN, Nalamudan Val yoga center Thanjavur, Prof.S.AMARESAN, Head, Department of Computer Science, Ponnaiyah Ramajayam Institute of Science and Technology

The programme started at 11:30 am with the welcome address by Mrs. M. AARTHI, Ph.D., Assistant Professor, Department of Computer Science. Dr.L.CHINNAPPA, Ph.D., Dean, School of Arts and Science delivered an Inaugural address about the seminar. Dr.T.V.CHRISTY, M.E., Ph.D, Vice-Chancellor, PRIST University delivered the Felicitation about the conference.

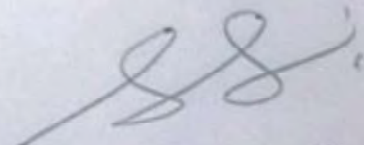
Finally Mrs.K.priyadhashini, Assistant Professor, Department of Computer Science delivered vote of thanks.

**No.of. Staffs Participated: 11**

**No.of. Students Participated: 75**



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**SCHOOL OF ARTS AND  
SCIENCE DEPARTMENT OF COMPUTER  
SCIENCE  
ONEDAY SEMINAR  
ON  
YOGA DAY**

DATE:18.03.2019

TIME:11.30AM

VENUE:RDC SEMINAR HALL

SL. NO	REG. NO	NAME	SIGNATURE
1	221610401	AJAIVARADHAN U.C	
2	221610402	AKASH C.M.	Akash
3	221610403	AMALAPREETHI.V	Amalpreethi
4	221610404	BALAJI.R	Balaji-R.
5	221610405	DAYALAN.T	Dayalan.T
6	221610406	DEEPAN RAJ K	Deepan
7	221610407	DEEPAK.R	Deepak.R
8	221610408	DHILAK KUMAR J	Dhila Kumar J
9	221610409	ELAMBARUTHI.V	Elambaruthi.V
10	221610410	GOPALA KRISHNAN R	Gopalakrishnan R.
11	221610411	GUNASEELAN.S	Gunaseelan.S
12	221610412	HARI.R	Hari.R.
13	221610413	HARIHARAN S	Harihara S.
14	221610414	KARTHIKEYAN.P	Karthikeyan.P
15	221610415	MEENATCHI SUNDARAM.P	Meenatchi Sundaram.P
16	221610416	MOHAMED AARIF J	Mohamed Aarif J
17	221610417	MOHAMED NIZARUDEEN.S	Mohamed Nizarudeen.S
18	221610418	MOHAMED RASITH M	Mohamed Rasith M
19	221610419	MOHAMED RIZVAN M	Mohamed Rizvan M

20	221610420	MUTHU SELVAN A	Muthu selvan
21	221610421	NAVEEN KUMAR K	Naveen kumar
22	221610423	PALANIAPPAN A	Palaniappan
23	221610424	PANDIYAN G	Pandiyana
24	221610425	RAGUVARAN S	Raguvaran S
25	221610426	RAJASEKAR A	Rajasekar
26	221610427	RAMESH R	Ramesh
27	221610428	VIJAYA SHANKER R	Vijaya Shanker R
28	221610429	VIVEKANANDAN R	Vivekanandan R
29	221610430	AGATHIYA M	Agathiya M
30	221610431	ARCHANA K	Archana K
31	221610432	BAKYALAKSHMI C	Bakyalakshmi C
32	221610433	HARINE S V	Harine S V
33	221610434	ISWARYA S	Iswarya S
34	221610435	KAMATCHI R	Kamatchi R
35	221610436	KAVYA K	Kavya K
36	221610437	LAWANYA R	Lawanya R
37	221610438	MAHA LAKSHMI M	Mahalakshmi M
38	221610439	MARY RISHI VARTHINI J.S	Mary Rishi varthini
39	221610440	NANDHINI S	Nandhini S
40	221610441	PAVITHRA S	Pavithra S
41	221610442	PRADEPTHA L	Pradeptha L
42	221610443	PRIYANKA K	Priyanka K
43	221610444	RAJA LAKSHMI R	Rajalakshmi R
44	221610445	RANJITHA R	Ranjitha R
45	221610446	REVATHI S	Revathi S
46	221610447	SINDHUJA .B	Sindhuja .B
47	221610448	SUBA PRIYA G	Suba Priya G
48	221610449	SUGANYA.D	Suganya D
49	221610450	SUSHMITHA ANGEL A	Sushmitha Angel A
50	221610451	TAMIL ELAKKIYA .R	Tamil Elakkiya .R
51	221610452	VAISHALI H	Vaishali H
52	221610453	VAISHNAVI R	Vaishnavi R
53	221610454	YOHA LAKSHI C	Yohalakshmi C

54	221610601	AJAY PRAVEEN A	Ajay Praveen A
55	221610602	AMEENULLAH K	Ameenullah K
56	221610603	ANANDH B	Anand B
57	221610604	ARUNKUMAR M	Arun Kumar M
58	221610605	ASWIN K	K. Aswin
59	221610606	AYYAPPAN M	Ayyappan M
60	221610607	BHARATHIRAJA A	Bharathiraja A
61	221610608	DEEPAN RAJ J	Deepan Raj J
62	221610609	DEVENTHIRAN R	Deventhiran R
63	221610610	DHILAK KUMAR T	Dhilekumar T
64	221610611	GOPINATH R	Gopinath R
65	221610612	ILAKIA SELVAN S	Ilakia Selvan S
66	221610613	JANDIL A	Jandil A
67	221610614	KARTHIK T	Karthik T
68	221610615	KEERTHIVASAN M	Keerthivasan M
69	221610616	KIRUBHASHANKER G	Kirubhashanker G
70	221610617	MANIKANDAN C	Manikandan C
71	221610618	MANIKANDAN S	Manikandan S
72	221610619	MOHAMED THALIB N	Mohamed Thalib N
73	221610620	NANDHAKUMAR S	Nandhakumar S
74	221610621	NATARAJAN S	S. Natarajan
75	221610622	NIYONSABA GRADIS	Niyonsaba Gradis

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PHOTOS:



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**Requisition Letter**

Thanjavur,

21.01.2019

From

Head, Department of English,  
PRIST Deemed to be University,  
Thanjavur.

To

The Registrar  
PRIST Deemed to be University,  
Thanjavur.

*Permission  
Granted*

Respected sir

Sub: Requesting Permission to conduct "Soft skill development programme reg.

Department of English has planned to organize Soft Skill Development programme titled  
Importance of soft skills in professional life on 24.01.2019 for the academic year 2018 – 2019.

So, we request you to give us permission to conduct the programme.

Thanking you,

Yours faithfully

*K. Pritha*



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**CIRCULAR**

**SCHOOL OF ARTS AND SCIENCE**

**DEPARTMENT OF ENGLISH**

**Date: 22.01.2019**

It's here by informed that the Department of English is going to conduct Soft skill Development programme titled 'Importance of soft skills in professional life' on 24.01.2019 We cordially invite you all.

**Venue:** PRIST Block Seminar hall

**Time:** 11.30. AM

**Resource person:** Dr.M.Subramanian, Professor of English,  
PRIST Deemed to be University

**Place:** Thanjavur

**HOD**

**HOD**

Department of English  
Ponnalyah Ramajayam Institute of  
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Vallam, Thanjavur - 613 403.

**Dean**  
**Dean**

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**DEPARTMENT OF ENGLISH**  
Cordially invites you for the

**SOFT SKILL DEVELOPMENT PROGRAMME -**  
**IMPORTANCE OF SOFT SKILLS IN PROFESSIONAL LIFE**

on

24.01.2019

Time: 11.30 AM

Venue: PRIST Block Seminar hall

**RESOURCE PERSON**

**Dr.M.Subramanian, Professor of English,**  
**PRIST Deemed to be University**

**PRESIDENTIAL ADDRESS**

**Dr.K.Saravanan, Dean of Arts and Science,**  
**PRIST Deemed to be University**

With Warm Regards  
Head, Department of English

*K. Spiller*  
HOD

Department of English  
Ponnaiyah Ramajayam Institute of  
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Deemed to be University  
Vallam, Thanjavur - 613 403.

*[Signature]*  
Dean

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## SCHOOL OF ARTS AND SCIENCE

### DEPARTMENT OF ENGLISH /ODD SEM

**Programme Name:** - Soft Skill Development programme-  
Importance of soft skills in professional life

**Programme Date:** 24.01.2019

**Time:** 11.30 AM

**Venue:** PRIST Block Seminar hall

#### **Dignitaries on Dais**

Dr. K.Saravanan, Director Admission, Dean School of Arts and Science

Dr.M.Subramanian, Professor of English, PRIST Deemed to be University

Dr. K.Shibila, Head the Department of English, Deemed to be University

#### **REPORT OF THE PROGRAMME:**

The programme began with the invocation followed by the welcome address by Dr. K.Shibila, Head the Department of English. Dr.M.Subramanian, Professor of English, PRIST Deemed to be University was the resource person. The soft skill development programme purpose to know the importance of soft skills. Resource person handled the session in effective way. Categories of soft skills and those values are discussed. Demonstrated some examples to understand easily. Dr.N.Prema Associate professor of English gave vote of thanks.

**HOD**

**HOD**

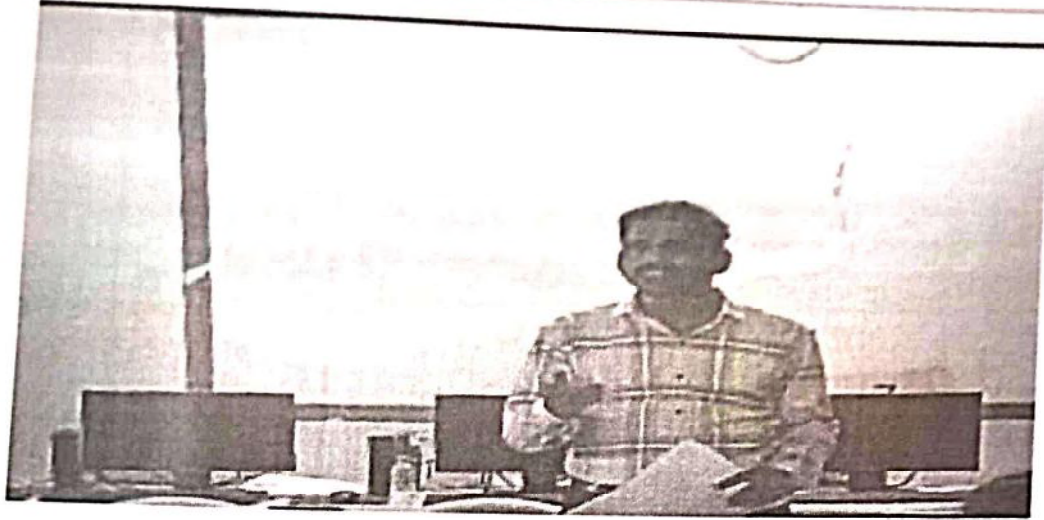
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Vallam, Thanjavur - 613 403.

**Dean**

**Dean**

School of Arts & Science  
Ponnaiyah Ramajayam Institute of  
Science & Technology (PRIST)  
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Vallam, Thanjavur - 613 403.

**SOFT SKILL DEVELOPMENT PROGRAMME-  
IMPORTANCE OF SOFT SKILLS IN PROFESSIONAL LIFE -2018-19**



*K. Pritha*

**HOD**

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Donnalyah Ramajayam Institute of  
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*[Signature]*

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**PARTICIPANTS -LIST**  
**SOFT SKILL DEVELOPMENT PROGRAMME-**  
**IMPORTANCE OF SOFT SKILLS IN PROFESSIONAL LIFE - 2018-19**

S.no	Name	Register No	Signature
1.	V.Esha		
2.	K.Jayasudha	16133002	Esha
3.	G.Kanagadurga	16133003	Ganadurga
4.	R.Manimalar	16133004	Manimalar
5.	M.Periyamayagi	16133006	Periyamayagi
6.	R.Arunrajavel	16133007	Arunrajavel
7.	K.Karthick	16133008	Karthick
8.	R.Kirubakaran	16133051	Kirubakaran
9.	S.Tharun	16133052	Tharun
10.	N.Kalaiventhnan	16133053	Kalaiventhnan
11.	H.Parameshwari	16133054	Parameshwari
12.	Priyanka .M	16133055	Priyanka
13.	Anbarasi .R	1802EN1001	Anbarasi
14.	Vinciya .A	1802EN1002	Vinciya
15.	Ramkumar .M	1802EN1003	Ramkumar
16.	Ezhilarasi .T	1802EN1004	Ezhilarasi
17.	Deepika .S	1802EN1005	Deepika
18.	Dhanalakshmi .V	1802EN1006	Dhanalakshmi
19.	Deepa .S	1802EN1007	Deepa
20.	Arockia Daisy .J	1802EN1008	Arockia Daisy
21.	Vijayapoorani .M	1802EN1009	Vijayapoorani
22.	Keerthana .I	1802EN1010	Keerthana
23.	Sathyamoorthy .B	1802EN1011	Sathyamoorthy
24.	Vaitheswari .R	1802EN1012	Vaitheswari
25.	Neela Kalpana .N	1802EN1015	Neela Kalpana
26.	Sivaranjani .T	1802EN1016	Sivaranjani
27.	Divya .V	1802EN1017	Divya
28.	Sheela Rani .V	1802EN1018	Sheela Rani
29.	Sagunthala .N	1802EN1019	Sagunthala
30.	Kalanithi .S.A	1802EN1020	Kalanithi
31.	Prasath .B	1801EN20101	Prasath
32.	Akash .S	1801EN20102	Akash
33.	Karuppaiya .S	1801EN20103	Karuppaiya
34.	Ramesh B	1801EN20104	Ramesh
35.	Sandhiya S	1801EN20105	Sandhiya
36.	Abishamary L	1801EN20201	Abishamary
37.	Rexicx Priyadharshini T	1801EN20202	Rexicx Priyadharshini
38.	Madhuvanathi .A	1801EN20203	Madhuvanathi
		1801EN20204	Madhuvanathi

*K. Srinivasan*

**HOD.**

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39.	Nirosha K	1801EN20205	
40.	Kamali E	1801EN20206	K. Mirasha
41.	Karthika J	1801EN20207	Kampli
42.	Priyanka .M	1802EN1001	J. Karthika
43.	Anbarasi .R	1802EN1002	Priyanka
44.	Vinciya .A	1802EN1003	D. Anbarasi
45.	Ramkumar .M	1802EN1004	Vinciya
46.	Ezhilarasi .T	1802EN1005	Ramkumar
47.	Deepika .S	1802EN1006	Ezhilarasi
48.	Dhanalakshmi .V	1802EN1007	S. Deepika
49.	Deepa .S	1802EN1008	D. Deepa
50.	Arockia Daisy .J	1802EN1009	Arockia
51.	Vijayapoorani .M	1802EN1010	Vijayapoorani
52.	Keerthana .I	1802EN1011	Keerthana .I
53.	Sathyamoorthy .B	1802EN1012	Sathyamoorthy .B
54.	Saradha .K	1802EN1013	Saradha .K
55.	Astalakshmi .A	1802EN1014	Astalakshmi .A
56.	Vaitheswari .R	1802EN1015	Vaitheswari .R
57.	Neela Kalpana .N	1802EN1016	Neela Kalpana .N
58.	Sivaranjani .T	1802EN1017	Sivaranjani .T
59.	Divya .V	1802EN1018	Divya .V
60.	Sheela Rani .V	1802EN1019	Sheela Rani .V
61.	Sagunthala .N	1802EN1020	Sagunthala .N
62.	Mary Annpricilla .Fj	1802EN1021	Mary Annpricilla .Fj
63.	Priyanka .M	1802EN1001	Priyanka .M
64.	Anbarasi .R	1802EN1002	Anbarasi .R
65.	Vinciya .A	1802EN1003	A. Vinciya
66.	Ramkumar .M	1802EN1004	Ramkumar .M
67.	Ezhilarasi .T	1802EN1005	Ezhilarasi .T
68.	Deepika .S	1802EN1006	S. Deepika
69.	Dhanalakshmi .V	1802EN1007	Dhanalakshmi .V
70.	Deepa .S	1802EN1008	Deepa .S
71.	Arockia Daisy .J	1802EN1009	Arockia Daisy .J
72.	Vijayapoorani .M	1802EN1010	Vijayapoorani .M
73.	Keerthana .I	1802EN1011	Keerthana .I
74.	Sathyamoorthy .B	1802EN1012	Sathyamoorthy .B
75.	Saradha .K	1802EN1013	Saradha .K
76.	Astalakshmi .A	1802EN1014	Astalakshmi .A
77.	Vaitheswari .R	1802EN1015	Vaitheswari .R
78.	Neela Kalpana .N	1802EN1016	Neela Kalpana .N
79.	Sivaranjani .T	1802EN1017	Sivaranjani .T
80.	Divya .V	1802EN1018	Divya .V
81.	Sheela Rani .V	1802EN1019	Sheela Rani .V
82.	Sagunthala .N	1802EN1020	Sagunthala .N
83.	Mary Annpricilla .Fj	1802EN1021	Mary Annpricilla .Fj
84.	S.Bhuvaneshwari	1701EN1001	S.Bhuvaneshwari
85.	H.Mumtajibegam	1701EN1002	H.Mumtajibegam

K. Shrikanth  
HOD

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Dean

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86.	C.Sivaranjani	1701EN1003	C. Sivaranjani
87.	S.Vinitha	1701EN1004	S. Vinitha
88.	A.Nivethitha	1701EN1005	A. Nivethitha
89.	A.Sowmika	1701EN1006	A. Sowmika
90.	Samera Soicce .J	1702EN3001	Samera Soicce .J
91.	P.Shanthi	1702EN3002	P. Shanthi
92.	Renuga Devi	1702EN3003	Renuga Devi
93.	Roselin Chadrya Mary.S	1702EN3004	Roselin Chadrya Mary.S
94.	D.Sangeetha	1702EN3005	D. Sangeetha
95.	R.Saraswathi	1702EN3006	R. Saraswathi
96.	A.Sarmila	1702EN3007	A. Sarmila
97.	Selvakumar.R	1702EN3008	S. Selvakumar.R
98.	S.Sowmiya	1702EN3009	S. Sowmiya
99.	Sella Durai.S	1702EN3010	S. Sella Durai.S
100.	Senthil Kumar.K	1702EN3011	S. Senthil Kumar.K
101.	A.Soundarya	1702EN3012	A. Soundarya
102.	N.Srinivasan	1702EN3013	N. Srinivasan
103.	V.Subash	1702EN3014	V. Subash
104.	G.Sukanya	1702EN3015	G. Sukanya
105.	S.Vijaya	1702EN3016	S. Vijaya
106.	R.Suganya	1702EN3017	R. Suganya
107.	S.Suthakar	1702EN3018	S. Suthakar
108.	A.K.Vinoth Kannan	1702EN3019	A. K. Vinoth Kannan
109.	A.Reni Jackson	1702EN3020	A. Reni Jackson
110.	P.S.Jayasree	1702EN3021	P. S. Jayasree
111.	Jenifer.B	1702MA30209	Jenifer.B
112.	Gayathri.K	1702MA30210	Gayathri.K
113.	Dhanalakshmi.K	1702MA30211	Dhanalakshmi.K
114.	Parimaleshwari.R	1702MA30212	Parimaleshwari.R
115.	Malavizhi.S	1702MA30213	Malavizhi.S
116.	Murugan.V	1702MA30101	Murugan.V
117.	Shakila.R	1703PH1005	Shakila.R
118.	Ramkumar T	1703PH3002	R. Ramkumar T
119.	A.Abipriya	1702CH1001	A. Abipriya
120.	M.Krupa	1702CH1002	M. Krupa
121.	A. Vinothini	1702CH1017	A. Vinothini
122.	R. Samathuvakannan	1702CH1018	R. Samathuvakannan
123.	R.Nathiya	1802MA20213	R. Nathiya
124.	J.Reema	1802MA20214	J. Reema
125.	D.Pradeep	1802MA10101	D. Pradeep
126.	S.Muthuveeraie	1806PH1002	S. Muthuveeraie
127.	R.Anusuya	1806PH1003	R. Anusuya
128.	C.Yuvaraj	1806PH1004	C. Yuvaraj
129.	Balkeeshbeevi .S	1802CS1024	B. Balkeeshbeevi .S
130.	Thiyagarajan .T	1802CS1025	T. Thiyagarajan .T
131.	Keerthivasan .V	1802CS1026	V. Keerthivasan .V
132.	Dravid Karthick .M	1802CS1028	M. Dravid Karthick .M

K. Srinivasan

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Requisition Letter

Thanjavur,

06.08.2018

From

Head, Department of English,  
PRIST Deemed to be University,  
Thanjavur.

To

The Registrar  
PRIST Deemed to be University,  
Thanjavur.

Permission Granted

Respected sir

Sub: Requesting Permission to conduct "Life Skill development programme reg.

Department of English has intended to organize Life skill development programme -  
titled 'Focus and self-control' on 08.08.2018 for the academic year 2018 - 2019. So, we request  
you to give us permission to conduct the programme.

Thanking you,

Yours faithfully

K. Srinivas



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CIRCULAR

SCHOOL OF ARTS AND SCIENCE

DEPARTMENT OF ENGLISH

Date: 07.08.2018

It's here by informed that the Department of English is going to conduct Life skill development programme - titled 'Focus and self-control' on 08.08.2018. We cordially invite you all.

**Venue:** PRIST- Block Seminar hall

**Time:** 10.30.AM

**Resource person:** Dr.K.Shibila, Head the Department of English,  
PRIST Deemed to be University.

**Place:** Thanjavur

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**DEPARTMENT OF ENGLISH**  
Cordially invites you for the

**Life Skill Development Programme-**  
**FOCUS & SELF-CONTROL**

on

**08.08.2018**

**Time: 10.30 AM**

**Venue: PRIST Block Seminar hall**

**RESOURCE PERSON**

**Dr.K.Shibila, Head the Department of English**  
**PRIST Deemed to be University**

**PRESIDENTIAL ADDRESS**

**Dr.K.Saravanan, Dean of Arts and Science,**  
**PRIST Deemed to be University**

**With Warm Regards**  
**Head, Department of English**

*K. Shibila*  
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**SCHOOL OF ARTS AND SCIENCE**

**DEPARTMENT OF ENGLISH**

**Programme Name:** - Life Skill Development programme - 'Focus and self-control'

**Programme Date:** 08.08.2018

**Time:** 10.30 AM

**Venue:** PRIST Block, Seminar hall.

**Dignitaries on Dais**

Dr. K.Saravanan, Dean School of Arts and Science

Dr.K.Shibila, Head the Department of English,

**REPORT OF THE PROGRAMME:**

The programme began with the invocation followed by the welcome address by Dr.M.Subramanian, Professor of English. Dr.K.Shibila, Head the Department of English, PRIST Deemed to be University was the resource person. The programme intended to 'Focus and self-control' needs among students. Resource person brought out the session to the care of one's own body and include: washing, bowel and bladder management, dressing, eating, personal hygiene, grooming, and sleep. And he gave some tips to get started with self-care such as get regular exercise, eat healthy, make sleep a priority, try a relaxing activity, set goals and priorities, Practice gratitude, focus on positivity and stay connected. 168 students actively participated in the activities. Mr.S.Punniyamoorthy, Assistant professor of English delivered vote of thanks.

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**LIFE DEVELOPMENT PROGRAMME –  
FOCUS AND SELF-CONTROL -2018-2019**



*K. Srinivas*

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**PARTICIPANTS LIST**  
**LIFE SKILL DEVELOPMENT PROGRAMME**  
**FOCUS AND SELF-CONTROL -2018-2019**

S.no	Name	Register No	Signature
1	A.Aruna	16133001	Aruna
2	V.Esha	16133002	Eshav
3	K.Jayasudha	16133003	Jayal
4	G.Kanagadurga	16133004	Kanagadurga
5	R.Manimalar	16133006	Manimalar
6	M.Periyamayagi	16133007	Periyamayagi
7	R.Arunrajavel	16133008	R. Arunrajavel
8	K.Karthick	16133051	K. Karthick
9	R.Kirubakaran	16133052	R. Kirubakaran
10	S.Tharun	16133053	Tharun
11	N.Kalaiventhan	16133054	N. Kalaiventhan
12	H.Parameshwari	16133055	H. Parameshwari
13	Priyanka .M	1802EN1001	M. Priyanka
14	Anbarasi .R	1802EN1002	R. Anbarasi
15	Vinciya .A	1802EN1003	A. Vinciya
16	Ramkumar .M	1802EN1004	M. Ramkumar
17	Ezhilarasi .T	1802EN1005	T. Ezhilarasi
18	Deepika .S	1802EN1006	S. Deepika
19	Dhanalakshmi .V	1802EN1007	V. Dhanalakshmi
20	Deepa .S	1802EN1008	S. Deepa
21	Arockia Daisy .J	1802EN1009	J. Arockia Daisy
22	Vijayapoorani .M	1802EN1010	M. Vijayapoorani
23	Keerthana .I	1802EN1011	I. Keerthana
24	Sathyamoorthy .B	1802EN1012	B. Sathyamoorthy
25	Vaitheswari .R	1802EN1015	R. Vaitheswari
26	Neela Kalpana .N	1802EN1016	N. Neela Kalpana
27	Sivaranjani .T	1802EN1017	T. Sivaranjani
28	Divya .V	1802EN1018	V. Divya
29	Sheela Rani .V	1802EN1019	V. Sheela Rani
30	Sagunthala .N	1802EN1020	N. Sagunthala
31	Mary Annpricilla .FJ	1802EN1021	FJ. Mary Annpricilla
32	Priyanka .M	1802EN1001	M. Priyanka
33	Anbarasi .R	1802EN1002	R. Anbarasi
34	Vinciya .A	1802EN1003	A. Vinciya
35	Ramkumar .M	1802EN1004	M. Ramkumar
36	Ezhilarasi .T	1802EN1005	T. Ezhilarasi
37	Deepika .S	1802EN1006	S. Deepika

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38	Dhanalakshmi .V	1802EN1007	
39	Deepa .S	1802EN1008	<del>S. Deepa</del>
40	Arockia Daisy .J	1802EN1009	Arockia Daisy
41	Vijayapoorani .M	1802EN1010	M. Vijayapoorani
42	Keerthana .I	1802EN1011	Keerthana .I
43	Sathyamoorthy .B	1802EN1012	B. Sathyamoorthy
44	Saradha .K	1802EN1013	K. Saradha
45	Astalakshmi .A	1802EN1014	<del>A. Astalakshmi</del>
46	Vaitheswari .R	1802EN1015	R. Vaitheswari
47	Neela Kalpana .N	1802EN1016	Neela Kalpana .N
48	Sivaranjani .T	1802EN1017	T. Sivaranjani
49	Renuga Devi	1702EN3003	Renuga Devi
50	Roselin Chadrya Mary.S	1702EN3004	Roselin Chadrya Mary.S
51	D.Sangeetha	1702EN3005	D. Sangeetha
52	R.Saraswathi	1702EN3006	R. Saraswathi
53	A.Sarmila	1702EN3007	A. Sarmila
54	Selvakumar.R	1702EN3008	R. Selvakumar
55	S.Sowmiya	1702EN3009	S. Sowmiya
56	Sella Durai.S	1702EN3010	S. Sella Durai
57	Senthil Kumar.K	1702EN3011	K. Senthil Kumar
58	A.Soundarya	1702EN3012	A. Soundarya
59	N.Srinivasan	1702EN3013	N. Srinivasan
60	S.Bhuvaneshwari	1701EN1001	S. Bhuvaneshwari
61	H.Mumtajbegam	1701EN1002	H. Mumtajbegam
62	C.Sivaranjani	1701EN1003	C. Sivaranjani
63	S.Vinitha	1701EN1004	S. Vinitha
64	A.Nivethitha	1701EN1005	A. Nivethitha
65	A.Sowmika	1701EN1006	A. Sowmika
67	S.Akilandeswari	1701EN1007	S. Akilandeswari
68	S.Aatheeswari	1701EN1008	S. Aatheeswari
69	V.Karthik	1701EN1009	V. Karthik
70	Desakumari.R	1601CH1001	R. Desakumari
71	Ishwarya.B	1601CH1002	B. Ishwarya
72	Jancyrani.C	1601CH1003	C. Jancyrani
73	Kalaiselvi.N	1601CH1004	N. Kalaiselvi
74	Kayalvizhi.G	1601CH1005	G. Kayalvizhi
75	Kowsly.S	1601CH1006	S. Kowsly
76	Manivasagam.J	1601CH1007	J. Manivasagam
78	Preecha.V	1601CH1008	V. Preecha
79	Ranjitha.R	1601CH1009	R. Ranjitha
80	Rebeka.A	1601CH1010	A. Rebeka
81	Sumithirakala.C	1601CH1011	C. Sumithirakala
82	Vedhanayagi.K	1601CH1012	K. Vedhanayagi
83	Akilan.A	1601CH1013	A. Akilan
84	Boopathy.N	1601CH1014	N. Boopathy
85	Chandru.V	1601CH1015	V. Chandru

K. Smilra

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86	Karthik.K	1601CH1016	K. Karthik
87	Prusuthaman.V	161610213	V. Prusuthaman
88	Kiruthiga.S	161610214	S. Kiruthiga
89	Tamilselvi.L	161610215	L. Tamilselvi
90	R.Rajesh	161610216	R. Rajesh
91	G.Nandhini	161610217	G. Nandhini
92	M.Nathiya Banu	161610218	M. Nathiya Banu
93	M.Jonesh	161610219	M. Jonesh
94	M.Muthuthamil	161610220	M. Muthuthamil
95	S.Saranya	161610221	S. Saranya
96	A.Anitha	161610222	A. Anitha
97	K.Sathya	161610223	K. Sathya
98	B.Vimal Raj	161610224	B. Vimal Raj
99	S.Balaji	161610225	S. Balaji
100	Y.Tamilmani	161610226	Y. Tamilmani
101	D.Yavarani	161610227	D. Yavarani
102	T. Krishnaveni	161610228	T. Krishnaveni
103	Buvanesh L	161711697	L. Buvanesh
104	Dinesh Kumar S	161711084	S. Dinesh Kumar
105	Gokuleshwaran V	161711691	V. Gokuleshwaran
106	Iswaryan S	161711689	S. Iswaryan
107	Jayaprakash V	161710491	V. Jayaprakash
108	Jayaraman R	161710832	R. Jayaraman
109	Kabilan K	161711066	K. Kabilan
110	Kabilan D	161710691	D. Kabilan
111	Kaniamuthan A	161711234	A. Kaniamuthan
112	Kishor Kumar R	161711804	R. Kishor Kumar
113	Monicdass S	161711410	S. Monicdass
114	Mugunthan D	161711061	D. Mugunthan
115	Pannerselvam M	161710495	M. Pannerselvam
116	Parthasarathy B	161711326	B. Parthasarathy
117	Prasanth R	161711767	R. Prasanth
118	Pugazhendhi U	161711100	U. Pugazhendhi
119	Rajaguru G	161710431	G. Rajaguru
120	Revanth A	161711282	A. Revanth
121	Saranraj K	161710278	K. Saranraj
122	Sathish Kumar R	161711731	R. Sathish Kumar
123	Seetharaman D	161711823	D. Seetharaman
124	Stalin A	161710086	A. Stalin
125	Stefan Aencas	161711403	Stefan Aencas
126	Thamizhalagan R	161710774	R. Thamizhalagan
127	Vaithiswaran R	161710501	R. Vaithiswaran
128	Vigneshwaran G	161711347	G. Vigneshwaran
129	Vimal B	161711436	B. Vimal
130	Vimalraj	161710675	V. Vimalraj
131	Ajcehkumar M	161712224	M. Ajcehkumar

K. Sathya

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132	Manikandan K	161712221	K. Manikandan
133	Manikandan M	161712240	M. Manikandan
134	Sakthipriyan S	161712233	S. Sakthipriyan
135	Manigandan M	161711279	M. Manigandan
136	Aravindh V	161711294	V. Aravindh
137	Arun S	161710778	S. Arun
138	Sindhu J	1601EE1608	J. Sindhu
139	Poovizhi T	1601EE1613	T. Poovizhi
140	Jeyavignesh R	1601EE1614	R. Jeyavignesh
141	Mohammedasick K	1601EE1616	K. Mohammedasick
142	Santhosh R	1601EE1618	R. Santhosh
143	Generhema.J	1601ECS1633	J. Generhema
144	Anbuselvi.S	1601ECS1634	S. Anbuselvi
145	Tamilmozhi.K	1601ECS1635	K. Tamilmozhi
146	Vinisha.V	1601ECS1636	V. Vinisha
147	Anusuya.S	1601ECS1637	S. Anusuya
148	Generhema.J	1601ECS1633	J. Generhema

*D. Shreela*

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