



PRIST
DEEMED TO BE
UNIVERSITY
NAAC ACCREDITED
THANJAVUR- 613 403 - TAMIL NADU



EXTENSION AND OUTREACH PROGRAMMES

CONDUCTED THROUGH

NATIONAL SERVICE SCHEME

**PONNAIYAH RAMAJAYAM INSTITUTE OF SCIENCE &
TECHNOLOGY (PRIST) DEEMED UNIVERSITY**

LIST OF ACTIVITIES

ACADEMIC YEAR

2018-2019

NSS REGULAR ACTIVITY DETAILS

S.NO	PROGRAMME	DATE
1	STUDENT DEVELOPMENT PROGRAMME	12-03-2018
2	NUTRITION AWARENESS PROGRAMME	12.03.2018
3	TB AWARENESS PROGRAMME	24.03.2018
4	AIDS AWARENESS PROGRAMME	24.03.2018
5	ONE STUDENT ONE TREE PLANTATION	10.04.2018
6	FREE EYE CAMP PROGRAMME	12.04.2018
7	GENERAL HEALTH CAMP	17.04.2018
8	YOGA PROGRAMME FOR GIRLS STUDENTS	12.07.2018
9	WORLD POPULATION DAY	3.08.2018
10	BLOOD DONATION CAMP	10.08.2018
11	SADBAWANA DIWAS	20.08.2018
12	SWACHHTA PAKHWADA	31.08.2018
13	PLASTIC AWARENESS RALLY	12.12.2018
14	NATIONAL VOTER'S DAY	25.01.2019
15	WORLD CANCER AWARENESS DAY	15.02.2019
16	WORLD SCIENCE DAY	28.02.2018
17	BLOOD DONATION CAMP	7.03.2019
18	WORLD TB DAY AWARENESS PROGRAMME	24.03.2019

STUDENT DEVELOPMENT PROGRAMME – 12-03-2018

National Service Scheme PRIST Deemed to be University Thanjavur conducted a Student Development Programme at Seminar Hall on 12.03.2018. Dr.A.Ganesan, Director- Library Science, PRIST University, delivered a lecture on 'Knowledge Resource'. 100 students attended the programme and benefited by the thought provocation lecture

“STUDENT DEVELOPMENT PROGRAMME”



Event Name: Student Development Programme

Place: PRIST Deemed to be University

Date of the Event : 12.03.2018

Map: Latitude 10.72102° or 10° 43' 16" north:
Longitude 79.04313° or 79° 2' 35" east

Dr.A.Ganesan gives lecture on 'Knowledge Resource'

NUTRITION AWARENESS PROGRAMME 14. 03. 2018

Every good food and liquid contains some important nutrition like proteins, carbohydrate, fats, some vitamins, minerals and water. These all play different role to keep our body healthy and build new cells in our body. These are the important nutrition and their role in our body Good Nutrition Provides the Building Blocks of Muscle. When you eat foods that contain protein, they are broken down in the body as amino acids. These amino acids are then used to build and repair any muscle tissue. This is great for those who are physically active or exercise regularly. This awareness was created by our University NSS Cell. 120 volunteers was participated in nutrition awareness programme.



பிரிஸ்ட் பல்கலைக்கழகத்தில்

ஊட்டச்சத்து விழிப்புணர்வு கருத்தரங்கு

தஞ்சாவூர், மார்ச்.15-
தஞ்சை பிரிஸ்ட் பல்கலைக்கழகத்தின் நாட்டு நலப்பணித்திட்டம் சார்பில் ஊட்டச்சத்து குறித்த விழிப்புணர்வு கருத்தரங்கு பல்கலைக்கழக வளாகத்தில் நடைபெற்றது. கருத்தரங்கிற்கு சின்னப்பா தலைமை தாங்கினார். தஞ்சை மாவட்ட ஒருங்கிணைந்த குழந்தைகள் வளர்ச்சி மேற்பார்வையாளர்கள் தமிழரசி, திராவிடச்செல்வி ஆகியோர் கலந்துகொண்டு பேசினர். இதில் 15-க்கும் மேற்பட்ட அங்கன்வாடி ஊழியர்கள், மாணவர்கள் கலந்து கொண்டனர். திட்ட ஒருங்கிணைப்பாளர் சுகுமார் முன்னிலை வகித்தார். இதற்கான ஏற்பாடுகளை நாட்டு நலப்பணித்திட்ட அலுவலர்கள், மாணவர்கள் செய்து இருந்தனர்.

News Paper exposes our Nutrition Awareness Programme

TB AWARENESS PROGRAMME – 24-03-2018

World TB Day is observed on March 24 each year to raise public awareness and understanding about one of the infectious diseases - Tuberculosis. As per the WHO report the incidence of TB in 2019 is 192/ 100000 population. The patients who are affected by TB will suffer physically, emotionally, socially and economically. There is a need for creating awareness among the general public and health care professionals on tuberculosis management and its prevention. In this regard, PRIST NSS CELL and Vallam Primary Health Centre observe world TB day on 23 and 24 March 2018 based on the theme “Invest to end TB. Save lives” at Vallam Puthur.

“TB AWARENESS PROGRAMME”



Event Name: TB Awareness Programme

Place: Vallam, Puthur.

Date of the Event : 24.03.2018

Map: Latitude 10.733270784860999:
Longitude 79.04587113299789

Dr.AKILAN Create the awareness

AIDS AWARENESS PROGRAMME ON 24.03.2018

PRIST NSS Cell and Vallam Primary Health Centre organize a AIDS awareness proramme on 24.03.2018 at University premises. HIV, the virus that causes AIDS, is one of the world's most serious public health challenges. Therefore, there is a strong need to have a global commitment to stop the new HIV infections and ensuring that everyone with HIV has access to possible treatment. HIV/AIDS Awareness is a campaign designed to help prevent HIV infections and eliminate stigma by educating students on this disease. This activity enhanced awareness about HIV/AIDS causes mechanism, symptoms, prevention, misconception etc. among the participants and developed a sense of commitment to spread the knowledge gained throughout the society.

No. of participants: 120 (Students + Facultyies)

“AIDS AWARENESS PROGRAMME”



Event Name: AIDS Awareness Programme

Place: PRIST Deemed to be University

Date of the Event : 24.03.2018

Map: Latitude 10.72102° or 10° 43' 16" north:
Longitude 79.04313° or 79° 2' 35" east

AIDS awareness Programme

ONE - STUDENT- ONE - TREE PLANTATION ON 10.04.2018

In a bid to make the campus green the PRIST deemed to be University has launched **One – Student – One - Tree** programme on 10th April 2018. The programme implemented by all the department of PRIST deemed to be University and centre for Swachh Bharath mission. 150 volunteers planting tree in our University campus as well as adopted village Vallam Puthur.

“ONE - STUDENT- ONE - TREE PLANTATION”



Event Name: One-Student-One-Tree Plantation

Place: PRIST Deemed to be University and Vallam Puthur

Date of the Event : 10.04.2018

Map: Latitude 10.733270784860999:
Longitude 79.04587113299789

University official planting trees with NSS volunteers

FREE EYE CAMP PROGRAMME on 12.04.2018

An Eye Camp was organized in the University premises on 12.04.2018 to check the eyesight of the students belonging to the Economically Weaker Sections. The objective of the camp was to check the eyesight of the students and provide perfect-fitting spectacles, which are environmentally friendly and fully biodegradable, to those who were found to have weak eyesight.

“FREE EYE CAMP PROGRAMME”



Event Name: Free Eye Camp Programme

Place: PRIST Deemed to be University

Date of the Event : 12.04.2018

Map: Latitude 10.72102° or 10° 43' 16" north:
Longitude 79.04313° or 79° 2' 35" east

Doctors conduct thorough screenings of the eye to detect any issues

GENERAL HEALTH CAMP on 16.04.2018

National Service Scheme PRIST Deemed to be University, Thanjavur conducted General health camp on 16.04.2018 at Kuruvadipatti .The objective of conducting the health camp was to create awareness of general health among the people, provide general health care services and counseling them on basic healthcare and hygiene. The people were from different age groups & had problems like diabetes, low BP, hypertension, hypotension, obesity .The elder people were suffering from knee, back and neck pain, and other types of musculoskeletal problems. Most of the female population was overweight and obese.

“GENERAL HEALTH CAMP”



Event Name: General Health Camp

Place: Kuruvadipatti

Date of the Event : 16.04.2018

Map: Latitude: 10.754497252243242:
Longitude: 79.04310066990205

The doctor checks blood pressure for the public

YOGA PROGRAMME FOR GIRLS STUDENTS ON 12.07.2018

National Service Scheme PRIST Deemed to be University Thanjavur conducted a Personality Development Programme at Seminar Hall on 12.07.2018. 50 volunteers participated in the yoga demonstration.

“YOGA PROGRAMME FOR GIRLS STUDENTS”



Yoga practice – students



Event Name: Yoga Programme For Girls Students

Place: PRIST Deemed to be University

Date of the Event : 12.07.2018

Map: Latitude 10.72102° or 10° 43' 16" north:
Longitude 79.04313° or 79° 2' 35" east

Volunteers participated in the yoga demonstration.

“WORLD POPULATION DAY” – SPECIAL LECTURE ON 03rd AUGUST 2018

PRIST University “NATIONAL SERVICE SCHEME Unit IV and Unit V” organized a “World Population Day” - Special lecture on 03rd August’ 2018 to create awareness about the Population explosion and its Significance in the economy of the nations. 100 Students from PRIST University participated in the event and presented their views and the participants are felicitated with Prizes and Certificates. NSS Programme officers of the University Mr.U.Vijayshankar and Mr.K.Vinoth coordinated the event.

“WORLD POPULATION DAY” – SPECIAL LECTURE”



Event Name: World Population Day” –Special Lecture Place: PRIST Deemed to be University

Date of the Event : 3.08.2018

Map Latitude 10.72102° or 10° 43' 16" north:
Longitude 79.04313° or 79° 2' 35" east

World population day – demonstration by NSS Coordinator

BLOOD DONATION CAMP ON 10th Aug 2018

PRIST University students participated in a Blood Donation camp at our University jointly organized by Thanjavur Medical College Blood Bank on 10th Aug 2018, 120 students from PRIST University participated in the event and donated their blood for a noble cause.

“BLOOD DONATION CAMP”



Event Name: Blood Donation Camp

Place: PRIST Deemed to be University

Date of the Event : 10.08.2018

Map Latitude 10.72102° or 10° 43' 16" north:

Longitude 79.04313° or 79° 2' 35" east

Many volunteers participate in blood donation drives

SADBHAVANA DIWAS ON 20.08.2018

Sadbhavana Diwas The NSS Units of PRIST conducted Sadbhavana Diwas on 20th August 2018. This day is observed every year to commemorate the birth anniversary of our youngest Prime Minister Thiru.Rajiv Gandhi. This day is observed to encourage national integration, peace, affection and communal harmony among Indian people. As a mark of observing Sadbhavana Diwas, our NSS volunteers took pledge through Google meet that they will work for the emotional oneness and harmony of all the people of India regardless of caste, region, religion or language.

“SADBHAVANA DIWAS”



Event Name: Sadbhavana DIWAS

Place: PRIST Deemed to be University

Date of the Event : 20.08.2018

Map Latitude 10.72102° or 10° 43' 16" north:
Longitude 79.04313° or 79° 2' 35" east

Dean honoring the chief guest

SWACHHTA PAKHWADA on 31.08.2018

From 31st August 2018, PRIST NSS Cell observed Swachhta Pakhwada. In the morning assembly, pledge on Swachhta was administered to the students and the staff members. There was cleaning of premises for which teachers and students participated. Removal of unwanted things from the Teachers' room, computer room, examination department and all other classes was carried out by the students and teachers. Tree plantation was carried out in front of the School block to remove unwanted weeding and blocks. To promote the idea of Swachhta, the School walls were decorated by the students.

“SWACHHTA PAKHWADA”



Event Name: SWACHHTA PAKHWADA

Place: PRIST Deemed to be University

Date of the Event : 31.08.2018

Map Latitude 10.72102° or 10° 43' 16" north:
Longitude 79.04313° or 79° 2' 35" east

The volunteers collected all the refuse and trash

PLASTIC AWARENESS RALLY ON 12.12.2018

The NSS volunteers of our University create a lot of awareness on the importance of tree plantation in surroundings areas. It was done with the objective of spreading awareness against the harmful and fatal effect of using plastics and how it can be tackled successfully by bringing changes in our lifestyle. The university NSS and non-NSS students, the teachers, non-teaching staff, totally 180 actively participated in the rally and also in this drive by collecting the plastic waste from in and around the village and properly disposing them off in the designated bins. The NSS volunteers visited the adopted village kuruvadipatti and conducted an awareness rally about the evil effects of the use of plastics and the ways to manage them. The volunteers through these rallies (IPC) and e-campaigning (IEC) educated and mobilized the people regarding the curbing of single use plastics as well as about the necessity of the transformation. In addition to this, awareness rallies and tree plantation programmes are conducted in villages on 12.12.2018.

“PLASTIC AWARENESS RALLY”



Event Name: Plastic Awareness Rally

Place: kuruvadipatti

Date of the Event : 12.12.2018

Map: Latitude: 10.754497252243242:

Longitude: 79.04310066990205

Awareness rally on the evil effects of the use of plastics

REPORT ON NATIONAL VOTER'S DAY CELEBRATION ON 25.01.2019

PRIST Deemed to Be University, NSS Cell organized Voter Awareness programme on 25\01\2019.Total 150 students are participated in this programme. Election Thasildar Mr.Kannan was a chief guest, Dean Dr.L.Chinnappa, staffs and students are participated the functions. The Election Thasildar delivered the lecture on importance of democracy constitutional responsibility. In this connection our volunteers create awareness to the people of adopted villages.

“NATIONAL VOTER'S DAY CELEBRATION”



The Election Thasildar delivered the lecture on importance of democracy



Event Name: Plastic Awareness Rally

Place: kuruvadipatti

Date of the Event : 25.01.2019

Map: Latitude: 10.754497252243242:

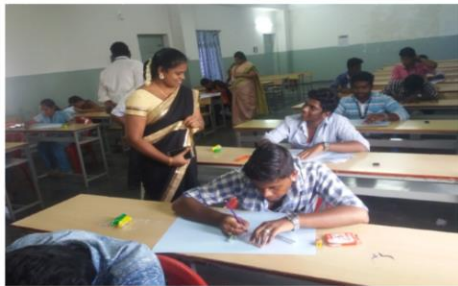
Longitude: 79.04310066990205

Volunteers create awareness to the people

WORLD CANCER AWARENESS DAY – POSTER DESIGNING COMPETITION ON 15TH FEBRUARY 2019

PRIST University “NATIONAL SERVICE SCHEME – Unit IV and V” organized a “World Cancer Awareness Day” - Poster Designing Competition on 15th February 2019 to create awareness about the adverse effects of Cancer and its precautionary measures. 200 Students from different departments of our University participated in the event and showcased their talent and creativity. Winners were felicitated with Prizes and Certificates. NSS Programme officers of the University Mr.U.Vijayshankar and Mr.S.R.ElwinGuruChanth coordinated the event.

“WORLD CANCER AWARENESS DAY – POSTER DESIGNING COMPETITION”



Event Name: World Cancer Awareness Day

Place: PRIST Deemed to be University

Date of the Event : 25.01.2019

Map: Latitude: 10.72102° or 10° 43' 16" north:

Longitude: 79.04313° or 79° 2' 35" east

Students participated in the event and showcased their talent and creativity

WORLD SCIENCE DAY on 28.02.2019

PRIST University “NATIONAL SERVICE SCHEME – Unit IV and V” organized a “World Science Day” - Science Quiz Competition on 28th February 2019 to create awareness about the significance of science. 320 students participated from various departments of our University. Quiz program comprised of questions from day to day science, inventions & inventors, Diseases and Vaccine etc., Winners of the Quiz competition were felicitated with Prizes and Certificates. NSS Programme officers of the University Mrs.K.SHIBILA and Mr.S.R.Elwin Guruchanth coordinated the event.

“WORLD SCIENCE DAY”





Event Name: World Science Day

Place: PRIST Deemed to be University

Date of the Event : 28.02.2019

Map: Latitude: 10.72102° or 10° 43' 16" north:

Longitude: 79.04313° or 79° 2' 35" east

Quiz competition Winners were felicitated with Prizes

BLOOD DONATION CAMP ON 07TH MARCH 2019

PRIST University students participated in a Blood Donation camp at our University jointly organized by Thanjavur Medical College Blood Bank on 07th March 2019, 103 students from our University participated in the event and donated their blood for a noble cause. Prof. Rajarajan NSS Coordinator of PRIST University organized the event and NSS Programme officers of the University Mr.U.Vijayshankar, Mrs.K.Shibilaand Mr.S.R.ElwinGuruChanth coordinated the event.

“BLOOD DONATION CAMP”



Event Name: Blood Donation Camp

Place: PRIST Deemed to be University

Date of the Event : 07.03..2019

Map: Latitude: 10.72102° or 10° 43' 16" north:

Longitude: 79.04313° or 79° 2' 35" east

Volunteers donate the blood

WORLD TUBERCULOSIS DAY on 24.03.2019

The connection of 24.03.19- **WORLD TUBERCULOSIS DAY** The NSS Unit and the Community Health Nursing Department observed World Tuberculosis day on the theme of the year “Find, Treat and Cure 3 Million”. The awareness was created to the public through skit, puppet show, and Video Show in Vallam puthur village.

“WORLD TUBERCULOSIS DAY”



Event Name: World Tuberculosis Day

Place: Vallam puthur village

Date of the Event : 24.03..2019

Map: Latitude: 10.733270784860999:

Longitude: 79.04587113299789

The Health and Hygiene awareness was created to the school students