



PRIST
DEEMED TO BE
UNIVERSITY
NAAC ACCREDITED
THANJAVUR- 613 403 - TAMIL NADU



**EXTENSION AND OUTREACH PROGRAMMES
CONDUCTED THROUGH
NATIONAL SERVICE SCHEME**

**PONNAIYAH RAMAJAYAM INSTITUTE OF SCIENCE &
TECHNOLOGY (PRIST) DEEMED UNIVERSITY**

**LIST OF ACTIVITIES
ACADEMIC YEAR
2019-2020**

NSS REGULAR ACTIVITY DETAILS

S.NO	PROGRAMME	DATE
1	INTERNATIONAL WOMENS DAY	8 th MARCH 2019
2	EYE SCREENING CAMP	8 th MARCH 2019
3	HEALTH CAMP FOR WOMEN	8 th MARCH 2019
4	SWACHHTA PAKHWARA- CAMPUS PLAYGROUND CLEANINGACTIVITY	14 TH MARCH 2019
5	THANJAVUR BOOK FESTIVAL	20 TH JULY 2019
6	REPORT ON JAL DIWAS CELEBRATION	22 nd JULY 2019
7	OBSERVANCE OF SADHBHAVANADIWAS- HARMONY DAY	20 TH AUGUST 2019
8	INTERNATIONAL LITERACY DAY CELEBRATION	08 TH SEPTEMBER 2019
9	SKILL DEVELOPMENT PROGRAMME	17 TH SEPTEMBER 2019
10	TREE PLANTATION	20 th September 2019
11	PLASTIC AWARENESS PROGRAMME	26 th September 2019
12	TOBACO AWARENESS PROGRAMME	26 th September 2019
13	VILLAGE POND CLEANING	3 rd October 2019
14	YOUTH AWAKENING DAY	15 TH OCTOBER 2019
15	RASTRIYA EKTA DIWAS	31 ST OCTOBER 2019
16	AWARENESS PROGRAMME ON SAVING WATER RESOURCES	20 TH NOVEMBER 2019
17	AWARENESS PROGRAM FOR “SEEDS COLLECTING FORMING” EXHIBITION	22-23 JANUARY 2020
18	WORLD ENVIRONMENT DAY OBSERVATION	11 th February 2020
19	ROLE OF YOGA IN SOCIAL EMPOWERMENT	28 th February 2020
20	TB AWARENESS PROGRAMME	4 th March 2020

WOMEN'S DAY CELEBRATIONS - SPEECH COMPETITION ON "RURAL WOMEN EMPOWERMENT" – 08-03-2019

PRIST Deemed to be University NSS students participated in a Speech Competition on "Rural Women Empowerment" 08th March '2019 as a part of Women's Day Celebrations; the students presented their view on the topic which was really innovative and informative. The programme was concluded with distribution prizes to the winners.

"WOMEN'S DAY CELEBRATIONS"



Student Presenting their View about Rural Women Empowerment



Event Name: Women's Day Celebrations

Place: PRIST Deemed to be University

Date of the Event : 8.03.2019

Map Latitude 10.72102° or 10° 43' 16" north:

Longitude 79.04313° or 79° 2' 35" east

Women's Day Celebrations Speech Competition

EYE SCREENING CAMP on 08.03.2019

The main aim behind organizing eye camp is to create awareness among the people and provide them various services like eye care education, full eye checkups, medical care etc. NSS Unit identified the importance and need of Eye checkup in the connection of Women's Day Celebrations in our University premises.

“EYE SCREENING CAMP”



Event Name: Eye Screening Camp

Place: PRIST Deemed to be University

Date of the Event : 8.03.2019

Map Latitude 10.72102° or 10° 43' 16" north:

Longitude 79.04313° or 79° 2' 35" east

Doctors Screening the eyes

GENERAL HEALTH CAMP – WOMEN on 08.03.2019

The NSS wing of PRIST Deemed to be University along with Primary Health Centre vallam organized one day general health camp for women. Around 150 girls of our University attended the camp and checked their Hemoglobin content and those who got lower levels received medical advices from the Doctor regarding their diet and medicines.

“GENERAL HEALTH CAMP – WOMEN”



Event Name: General Health Camp – Women

Place: PRIST Deemed to be University

Date of the Event : 8.03.2019

Map Latitude 10.72102° or 10° 43' 16" north:

Longitude 79.04313° or 79° 2' 35" east

Checked Hemoglobin content

SWACHHTA PAKHWARA- CAMPUS PLAYGROUND

CLEANINGACTIVITY ON 14.03.2019

In accordance to Swachha Bharat Abhiyanprogramme which was launched by our honorable Prime Minister Mr.NarendraModi, our volunteers were involved in “CLEAN INDIA” event which was organized by our University NSS wing. Around 125 NSS volunteers took part in the event. The volunteers involved in cleaning our University premises on 14.03.2019.

“SWACHHTA PAKHWARA- CAMPUS PLAYGROUND CLEANINGACTIVITY”



Event Name: Swachhta Pakhwara

Place: PRIST Deemed to be University

Date of the Event : 14.03.2019

Map Latitude 10.72102° or 10° 43' 16" north:
Longitude 79.04313° or 79° 2' 35" east

NSS volunteers were involved “Clean India” in our campus

THANJAVUR BOOK FESTIVAL – ON 20TH JULY 2019

“The Government of Tamilnadu” organized a special book Exhibition –Thanjavur Book Festival Expo held on 20th July, 2019 at Palace Ground, Thanjavur. The Exhibition had huge collections of books on various subjects, around 120 bookstalls from different publishers. 105 students from our University visited the exhibition and bought books according to their needs and had a memorable experience. NSS Programme officers of the University Mr.U.Vijayshankar and Mr.K.Vinoth coordinate the event.

“THANJAVUR BOOK FESTIVAL”



Event Name: Thanjavur Book Festival

Place: Palace Ground, Thanjavur.

Date of the Event : 20.07.2019

Map: Latitude 10° 48' 0.00" N

Longitude 79° 09' 0.00" E

NSS volunteers - visited book Exhibition

REPORT ON JAL DIWAS CELEBRATION ON 22.07.2019

NSS Students of PRIST Deemed UNIVERSITY celebrated “JalDiwas” on 22nd July 2019 under the “Jal Shakti Abhiyan” initiative from Government of India and instructed by AICTE. The motive of activity to create awareness amongst the students about the climatic changes in India and its effect on a water crisis. University encourages our students who are an integral part of our society to understand the importance of the water conservation.

PRIST Deemed to be UNIVERSITY conducted 3 activities i.e. Rally, Poster Making and Presentation. 130 Students actively participated in the activity. University also displayed posters created by students on college premise. Enclosure: Photograph of the event. Prof. B. Jose Ravindra Raj, Nodal Officer, JalShakthiAbhiyan, Department of Civil Engineering,

“JAL DIWAS CELEBRATION”



Event Name: Jal Diwas Celebration

Place: PRIST Deemed to be University

Date of the Event : 22.07.2019

Map: Latitude 10.72102° or 10° 43' 16" north:

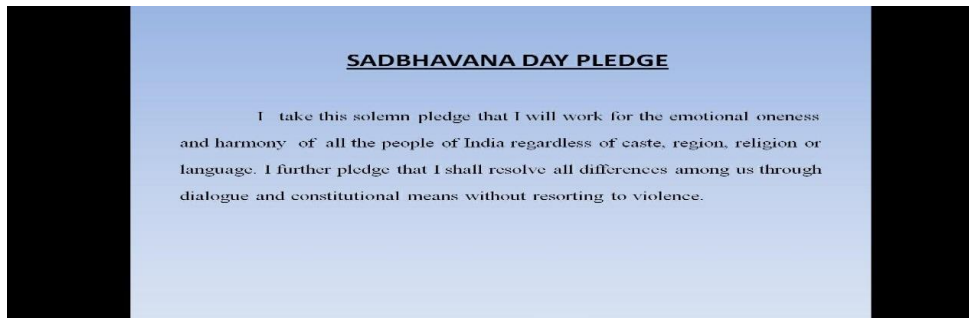
Longitude 79.04313° or 79° 2' 35" east

NSS students actively participated in JAL DIWAS activity

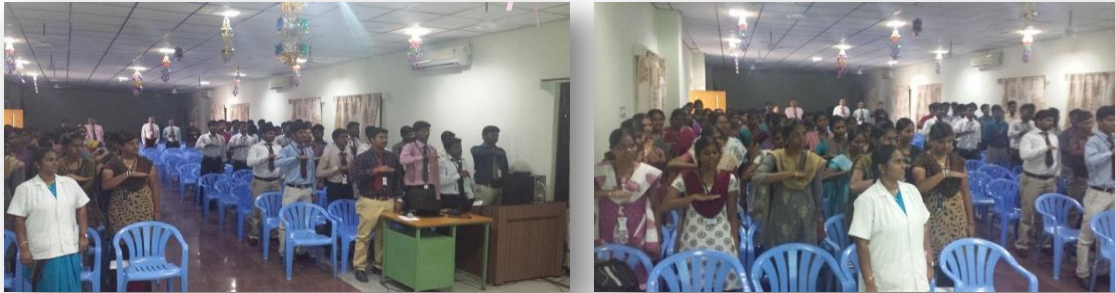
OBSERVANCE OF SADHBHAVANADIWAS-HARMONY DAY ON 20.08.2019

The NSS Units of PRIST Deemed to be University conducted Sadbhavana Diwas on 20th August 2019. This day is observed every year to commemorate the birth anniversary of our youngest Prime Minister Thiru. Rajiv Gandhi. This day is observed to encourage national integration, peace, affection and communal harmony among Indian people. As a mark of observing SadbhavanaDiwas, our 135 NSS volunteers took pledge through Google meet that they will work for the emotional oneness and harmony of all the people of India regardless of caste, region, religion or language.

“OBSERVANCE OF SADHBHAVANADIWAS-HARMONY DAY”



Sadbhavana Diwas Day Pledge show on the screen



NSS students took pledge regard brotherhood

Event Name: Observance of Sadhbhavana divas

Place: PRIST Deemed to be University

Date of the Event : 20.08.2019

Map: Latitude 10.72102° or 10° 43' 16" north:

Longitude 79.04313° or 79° 2' 35" east

Students took Pledge

INTERNATIONAL LITERACY DAY CELEBRATION ON 08.09.2019

The International Literacy Day was decided by the UNESCO at 7th of November in the year 1965 to celebrate it at 8th of September every year which was celebrated first time in the year 1966. It was started celebrating all over the world to emphasize the great importance of the literacy to the individuals, society and communities. The day is celebrated specially to rememorzize the status of the literacy and adult education to the international community.

PRIST University “NATIONAL SERVICE SCHEME – Unit IV and V” organized a various Competition in this regards. Miss. K. Jayapriya – Faculty of English from PRIST School of Business coordinated the competition. The Competition was attended by 100 students from various departments of our University. Winners were felicitated with Prizes and Certificates. NSS Programme officers of the University Mr.U.Vijayshankar and Mr.S.R.ElwinGuruchanth coordinate the event.

“INTERNATIONAL LITERACY DAY CELEBRATION”



a. Students participation



b. Demonstration

c. Winners received prize and certificate

Event Name: International Literacy Day Celebration

Place: PRIST Deemed to be University

Date of the Event : 8.09.2019

Map: Latitude 10.72102° or 10° 43' 16" north:

Longitude 79.04313° or 79° 2' 35" east

SKILL DEVELOPMENT PROGRAMME ON 17.09.2019

As part of Skill Development Programme, NSS Cell, PRIST Deemed to be University, commenced the workshop on Advanced Excel for students, in the University premises, on 17th Sep 2019. The inaugural ceremony was graced by the presence of Dr. L.Chinnappa, Dean School of Arts, PRIST Deemed to be University. The Inaugural session began with the welcome of our Guests, Dr.T.J.Jayacholan by Mr.U.Vijayshankar, NSS Programme officer, followed by the Bouquet presentations to the guests. Further, the workshop involved hands-on training and practice on the Microsoft Excel Application along with solving of assignments and exercises. All the participants found the sessions extremely valuable and appreciated the teaching methodology of our Event Speakers. The faculty members encouraged this initiative of the Placement Cell and requested for more such trainings in the coming semester. 120 participants got their E-Certificates after the completion of the workshop. Mr.K.Vinoth Student Coordinator presented the Vote of Thanks towards the end of the inaugural session.

“SKILL DEVELOPMENT PROGRAMME”



Event Name: Skill Development Programme

Place: PRIST Deemed to be University

Date of the Event : 17.09.2019

Map: Latitude 10.72102° or 10° 43' 16" north:

Longitude 79.04313° or 79° 2' 35" east

Training and practice on the Microsoft Excel

TREE PLANTATION ON 20.09.2019

20th September 2019, the PRIST Deemed to be University inaugurated the One-Student-One-Tree Plantation in an effort to green the campus. The program is being implemented by all departments of PRIST, which is considered a university and a center for the Swachh Bharath project. 100 volunteers are helping to plant trees on our University's campus.

“TREE PLANTATION”



Event Name: Tree Plantation

Place: PRIST Deemed to be University

Date of the Event : 20.09.2019

Map: Latitude 10.72102° or 10° 43' 16" north:

Longitude 79.04313° or 79° 2' 35" east

Students are planting trees

PLASTIC AWARENESS PROGRAMME ON 26.03 2019

Our university's NSS volunteers raise a lot of awareness about the necessity of tree planting in the surrounding communities. It was done with the goal of raising awareness about the detrimental and catastrophic effects of using plastics and how they can be successfully addressed by making lifestyle adjustments. The university's NSS and non-NSS students, teachers, and non-teaching staff, totaling 100 people, enthusiastically engaged in the rally and in this effort by collecting plastic debris from the hamlet and properly disposing of it in designated containers. The NSS volunteers went to the adopted slum and held an awareness rally on the negative impacts of plastic use and how to manage it. The volunteers who participate in these rallies.

“PLASTIC AWARENESS PROGRAMME”



நாட்டு நலப்பணி திட்டம்

பிளாஸ்டிக் (நெகிழி) ஒழிப்பு
விழிப்புணர்வு பேரணி

மரம் வளர்ப்போம்!

மழை பெறுவோம்!



Event Name: Plastic Awareness Programme

Place: Vallam

Date of the Event : 26.03.2019

Map: Latitude: 10° 48' 0.00" N

Longitude: 79° 09' 0.00" E

Plastic awareness programme pamphlet

REPORT ON VILLAGE POND CLEANING ON 3.10.2019

On 3rd October 2019, the NSS Units I and II of PRIST Deemed to be University took part in a pond cleaning mission at Kuruvadipatti, Alakudi village, Thanjavur district. NSS Cell PRIST Deemed to be University, vallam, Thanjavur, organized this program. The pond cleaning initiative is being carried out with the help of 100 NSS volunteers and 57 village residents. Our NSS volunteers cleaned up undesired plants, garbage, and sand along the pond. The pond was cleaned and restored to its former grandeur after becoming barren and infested with exotic crops such as parthenium and others. The volunteers were guided by NSS Program Officer (NSS UNIT-I and II).

“REPORT ON VILLAGE POND CLEANING”



Volunteers Cut Unwanted Trees



Event Name: Report On Village Pond Cleaning

Place: Kuruvadipatti, Alakudi village

Date of the Event : 3.10.2019

Map: Latitude: 10.754497252243242:

Longitude: 79.04310066990205

The volunteers gathered all the rubbish and debris

YOUTH AWAKENING DAY ON 15.10.2019

15th of October, the Birthday of our former President Late Dr. A.P.J. Abdul Kalam was celebrated as the youth Awakening Day in our college on 15.10.2019. PRIST Deemed to be University NSS Unit-I organized “Dr. A.P Abdul Kalam Birth Day - Youth Awakening Day”. Students are like clay; they can be modified in a way that will make their future bright and meaningful. With good efforts, we can mould the character of a student. 100 students was participated in the competition

“YOUTH AWAKENING DAY”



Event Name: Youth Awakening Day

Date of the Event : 15.10.2019

Place: PRIST Deemed to be University

Map: Latitude 10.72102° or 10° 43' 16" north:

Longitude 79.04313° or 79° 2' 35" east

Students participated in drawing competition

RASTRIYA EKTA DIWAS (NATIONAL UNITY DAY) - 30.10.2019

PRIST Deemed to be University observed the National Unity Day on 31st October 2019 to commemorate the birth anniversary of Sardar VallabhBhai Patel. This event was organized by the members of National Service Scheme unit of the university. This event will not only carry the message of “Unity in Diversity” but also permeate the youth with values assimilated by the knowledge and respect about the country’s diverse legacy. There was an active participation of 123 students and staff members in organizing the event and also pronounced involvement as goodwill ambassador in spreading the message about national safety, security and unity.

“RASTRIYA EKTA DIWAS (NATIONAL UNITY DAY)”



Event Name: Rastriya Ekta Diwas

Place: PRIST Deemed to be University

Date of the Event : 30.10.2019

Map: Latitude 10.72102° or 10° 43' 16" north:

Longitude 79.04313° or 79° 2' 35" east

Students taking pledge

AWARENESS PROGRAMME ON SAVING WATER RESOURCES 20.11.2019

PRIST University “NATIONAL SERVICE SCHEME – Unit IV and V” organized a “Awareness programme on saving water resources” on 20.09.2019 110 students from PRIST University participated various competitions like “Water Jet competition”, “Drawing Competition” and “Debate” to create awareness about the importance of Water resources and the need for saving it, Winners of the event were felicitated with Prizes and Certificates. NSS Coordinator of PRIST University Prof. Rajarajan and NSS Programme officers Mr.U.Vijayshankar and Mr.S.R.Elwin Guru Chanth coordinated the event.

“AWARENESS PROGRAMME ON SAVING WATER RESOURCES”



a. Technical speech



b. Participant leasing



C. Students are participated the drawing

Event Name: Water Resources Awareness Programme

Date of the Event : 20.11.2019



d. Prize distribution

Place: PRIST Deemed to be University

Map: Latitude 10.72102° or 10° 43' 16" north

Longitude 79.04313° or 79° 2' 35" east

AWARENESS PROGRAMFOR “SEEDSCOLLECTING FORMING”EXHIBITION

Agriculture forms the back bone of Indian economy. Agriculture is defined as the art, the science and the business of production, processing, marketing and distribution of crops and livestock for the benefit of human beings in the most of the developing economies, agriculture contributes significantly in their national income. Thus development of agriculture leads to economic development. Indian economy is predominantly an agricultural economy.

Our 115 NSS volunteers organized a special Exhibition on creating Environmental Awareness and the Significance of Eco Friendly Products at seminar Block on 22nd and 23rd January2020. Around 35 Exhibitions various Seeds and models were displayed and 1500 students from various schools and colleges visited the Exhibition and enjoyed.

“AWARENESS PROGRAMFOR “SEEDSCOLLECTING FORMING”EXHIBITION”



Event Name: Awareness Programfor “Seedscollecting Forming”Exhibition Place: PRIST Deemed to be University

Date of the Event : 22.01.2020

Map: Latitude 10.72102° or 10° 43' 16" north:

Longitude 79.04313° or 79° 2' 35" east

Students from various schools and college visited the exhibition

WORLD ENVIRONMENT DAY OBSERVATION ON 11.02.2020

In celebration of World Environment Day, PRIST NSS CELL, Intach, Little Scholar Matric School, Clean Thanjavur Movement, and National Green Corps, Thanjavur organized an online quiz competition on 11th February 2020. It was held on the Palace Campus. The competition was attended by 100 kids. The program was presided over by Prince Bhabaji Bhonsle, convener of INTACH. The rewards were presented to the winners by DR. RADHIKA MICHAEL, President of CTM. Following up on Corona awareness and government guidelines, the program was carried out.

“WORLD ENVIRONMENT DAY OBSERVATION”



Event Name: World Environment Day Observation Place: Palace ,Thanjavur

Date of the Event : 11.02.2020

Map: *Latitude: 10° 48' 0.00" N*

Longitude: 79° 09' 0.00" E

Students took part in an environmental awareness programme.

ROLE OF YOGA IN SOCIAL EMPOWERMENT on 28.02.2020

In gratitude of the overall importance of yoga in people's life, a special lecture on "Role of Yoga in Social Empowerment" was given on the eve of Revered Swamiji Vethathri Maharishi's 106th birthday celebrations at PRIST Deemed to be University, Vallam, Thanjavur. On 28th February 2020. Under the competent leadership of the institution's Director of Physical Education, 100 participants, including NSS and other students, as well as faculty members, enthusiastically participated and did various Asanas. 100 NSS volunteers (62 men and 38 women) took part in the Yoga Demonstration, and 50 volunteers (20 men and 30 women) took part in the Yoga Awareness Rally. The lesson began with prayer, then a warm-up, followed by many uplifting asana, breathing exercises, and relaxation techniques. Surya namaskar, which has enriching advantages, was also practiced by participants. Mr. Katthikeyan, the yoga director, underlined the importance of daily yoga in preventing diseases, strengthening the core, and staying calm. The NSS coordinator encouraged students to live a healthier lifestyle by practicing yoga and engaging in outdoor activities. He also underlined the importance of breathing exercises and relaxation techniques in improving their competence while living a stress-free existence.

“ROLE OF YOGA IN SOCIAL EMPOWERMENT”



Event Name: Role Of Yoga In Social Empowerment Place: PRIST Deemed to be University

Date of the Event : 28.02.2020

Map: Latitude 10.72102° or 10° 43' 16" north:

Longitude 79.04313° or 79° 2' 35" east

Yoga practice

TB AWRENESS PROGRAMME

The Community Health Nursing Department with NSS CELL PRIST was created TB AWRENESS to the public through skit, puppet show, in Munnaiyampayyi village on 3rd March 2020. The programme was felicitated by Dr.JOYMARRY JACQUELINEB MO Thanjavur, Dr.PUNITHAVATHI Head, and Health Department Budhalur. Mr.A.G.KANNAN Field Publicity officer, Mr.R.RAJKUMAR, Field TB awareness nodal officer Buthalur &NSS Programme Coordinator PRIST.

“TB AWRENESS PROGRAMME”



Event Name: TB Awareness Programme
Date of the Event : 03.03.2020

Place: PRIST Deemed to be University
Map: Latitude 10.72102° or 10° 43' 16" north:
Longitude 79.04313° or 79° 2' 35" east

Lecturer for – TB day event