



**PONNAIYAH RAMAJAYAM INSTITUTE OF
SCIENCE & TECHNOLOGY (PRIST)**

Declared as DEEMED-TO-BE-UNIVERSITY
U/s 3 of UGC Act, 1956



**EXTENSION AND OUTREACH PROGRAMMES
CONDUCTED THROUGH**

NATIONAL SERVICE SCHEME

**PONNAIYAH RAMAJAYAM INSTITUTE OF SCIENCE &
TECHNOLOGY (PRIST) DEEMED UNIVERSITY**

**LIST OF ACTIVITIES
ACADEMIC YEAR
2023-2024**

NSS REGULAR ACTIVITY DETAILS

S.NO	PROGRAMME	DATE
1	World Environment day	05 th June, 2023
2	International yoga day	21 st June, 2023
3	Swachta pakhwada activities	4 th July 2023
4	Anti-drug activity	25 th July 2023
5	Tree plantation	7 th Aug 2023
6	Voters registration	13 th Sep 2023
7	Swachh Barat Mission activity	1 st Oct, 2023
8	Meri Maati Mera Desh programme	7 th Oct 2023
9	Blood donation camp	12 th Oct 2023
10	Women welfare programme (violence againsed women)	27 th Oct 2023
11	Voters awareness programme	09 th Nov 2023
12	Health awareness programme for adopted village people	15 th Nov 2023
13	International day of the elimination of violence against women	25 th Nov 2023
14	Women's in the society Challenges awareness program	24 th Jan 2024
15	National voters day	25 th Jan 2024
16	Entrepreneurship programme for NSS volunteers	6 th Feb, 2024
17	Cancer Awareness Programme	7 th Feb, 2024
18	Dengue Awareness Programme	13 th Feb, 2024
19	Blood donation camp	14 th Feb, 2024
20	Free Eye camp for School students	14 th Feb, 2024
21	Meendum Manchapai programe	15 th Feb, 2024
22	Village survey	16 th Feb, 2024
23	Entrepreneurship programme for under privileged village people	19 th Feb, 2024
24	Free Medical camp for School students	20 th Feb, 2024
25	Free Dental camp for School students	23 rd Feb, 2024
26	Free coaching for under privileged school students	23 rd Feb, 2024
27	Voters awareness programme	13 th Mar, 2024
28	General Health Camp for under privileged village people	25 th Mar, 2024

World Environment day on 05th June, 2023

PRIST NSS Cell was celebrated **World Environment day** on the 5th of June and aims at raising awareness and celebrating environmental action.

This year's campaign is celebrated under the theme **#Beat Plastic Pollution**. It highlights the need to take concrete action to achieve transformative change to tackle the climate crisis.

The human mobility implications of the climate and environmental crisis are profound. Every year, millions of people are displaced because of disasters. In 2022, disasters led to 32.6 million internal displacements, the highest ever record of internal disaster displacements (Internal Displacement Monitoring Centre's Global Report 2023). According to the World Bank, without early and concerted climate and development action, over 216 million people could become internal climate migrants by 2050. Concrete action is urgent. This event served as a reminder of our collective responsibility to protect our planet.

Outcome of the program:

Awareness about environment preservation and conservation created among students in the World Environment Day activity.



Samplings donated to public

International yoga day on 21st June, 2023

Duration in days: One day

Date: 21/06/2023

Name of the event: International Yoga Day

Organized by: NSS

Venue: University Premises

Total Number of participant: 150

Objective: To celebrate Yoga day in Society.

Details: PRIST NSS Cell has organized **Yoga Day Event** on 21st June 2023. The program was started at 7:30 AM at the Open auditorium in the presence of Dean Dr.L.Chinnappa and Dr.R.Manikandan under the guidance of Vice - Chancellor Dr.T.V. Christy. The event aimed to promote Yoga, to create awareness, about its benefits and encourage a healthy lifestyle among participants.

Outcome of the program: 150 Students has been participated in Yoga Day celebration



Students has been participated in Yoga Day celebration

Swachta pakhwada activities on 4th July 2023

NSS organized **Swachta pakhwada** activities on 04.07.2022 at Vallam Municipal Office and University Premises. On the day of Swachh Bharat Fortnight inauguration, students and faculty members took pledge of cleanliness. A signature campaign was also organized to create awareness on keeping the campus clean and green. Further to the inaugural event, a seminar was conducted on “Awareness on Green Environment”. More than 100 students and volunteers engaged themselves in various activities including cleaning the surroundings of library building, hostel buildings, department buildings and administrative building. Apart from these, students were involved in removal of mesquite trees from the University campus and planting saplings in both academic and residential campuses. Awareness programmes and competitions were also conducted for students to bring about visible changes in the surroundings and to efficiently deal with waste disposal.

The volunteers gathered all the waste and trash bags to the place where the university arranged for the removal of collected wastes. The whole cleaning drive was quite inspiring and motivating for the NSS team members.



The volunteers gathered all the waste and trash bags.

Anti-drug activity on 25th July 2023

Duration: One day

Date: 25/07/2023

Name of the event: Anti Drug Activity

Venue: Seminar Hall

Organized by: NSS

Number of participants: 120

Objective: To create awareness against prevention of drugs

Details: PRIST NSS Cell had organized Anti drug Activity. The students and staff gathered to take a pledge, reaffirming our commitment to the prevention of drugs and its consumption, serving as a reminder of the importance of being far from such consumption. Dean Dr.L.Chinnappa motivated and guided for this activity and conducted by NSS Program Coordinator Dr.R.Manikandan and Programme Officer Dr.T.Veeramani.

Outcome of the program: Students had participated in the Anti Drug Activity



The students and staff gathered to take a pledge

Tree plantation on 7th Aug 2023

Tree Plantation programme was organized by The NSS units of PRIST Deemed to be University at University Premises, on 07-08-2023. NSS Volunteers, students are plant saplings in premises. Our

faculty had also explained about the trees and the importance of tree plantation. At the end of programme there was a photo session with Dean, faculty and students.



NSS volunteer plant the saplings in premises.

Voter's registration programme on 13th Sep 2023

PRIST NSS Volunteers and staff a pledge was taken: "We, the citizens of India, having abiding faith in democracy, hereby pledge to uphold the democratic traditions of our country and the dignity of

free, fair and peaceful elections, and to vote in every election fearlessly and without being influenced by considerations of religion, race, caste, community, language or any inducement.”

The students will be aware of the constitution and the political system of our country. They will get to know the importance of free and fair elections in our democratic setup, so that they can exercise their voting rights in a free and fair manner.



PRIST NSS Volunteers and staffs involved the awareness programme

Swachh Barat Mission activity 1st Oct, 2023

The campaign involves the construction of latrines, promoting sanitation programmes in the rural areas, cleaning streets, roads and changing the infrastructure of the country to lead

the country ahead. It was launched on the 145th birth anniversary of Mahatma Gandhi on 2nd of October. In this connection Pond Cleaning at adapted village was organized by our NSS cell. Around 100 NSS volunteers actively participated in the event. Our NSS volunteers removed unwanted plants, plastics and sand that were present near the pond. They also helped to paint the walls surrounding the pond.



Pond cleaning at adapted village

Meri Maati Mera Desh programme 10th Oct 2023

"Meri Maati Mera Desh" envisions a unified celebration of India's soil and valour, commemorating the nation's journey of freedom and progress. By connecting with the land and honoring our culture, this program has instilled a sense of national pride and has inspired future generations to protect India's cherished heritage. The said event conducted by the NSS unit of PRIST on Saturday, 7th of October 2023, was attended by 75 volunteers and 5 faculty members including Dr. T.V.Christy, Vice-chancellor.

The event was conducted to emphasize upon the importance of 'Maati' or soil on which we all depend upon for our survival and sustenance. The occasion was celebrated by putting maati into the pot or 'Kalash' to display our commitment to sustainable growth and our surroundings. It is believed that it represents life around us and indicates as to how we need to be empathetic towards our Motherland and Maati with the spirit of "Not me, but you."



Blood donation camp on 12th Oct 2023

PRIST University students participated in a Blood Donation camp at our University premises jointly organized by Thanjavur Medical College Blood Bank on **12th Oct 2023**; around 80 students from

our University participated in the event and donated their blood for a noble cause. Our Vice Chancellor and Registrar were commencing the event; the NSS Programme officer coordinated the event.



Our NSS Coordinator was donate the blood

Women welfare programme (violence against women) 27th Oct 2023

The PRIST University NSS Cell held a combined event with the Ministry of Women and Child Development and the District Social Welfare Office to educate college students on the right to a high-quality life for all Indian people. In order for women to live in peace and harmony in Indian society, Bharatiya Stree Shakti works to empower women and promote gender equality. In India and elsewhere,

the notorious "Nirbhaya" case sparked intense indignation and widespread condemnation. The effects of modified laws and policies were examined by the Indian government's Ministry of Women and Child Development (MWCD). The goal of the study "Tackling Violence against Women: A Study of State Intervention Measures" was to record the shifts in the number of violence against women cases that were registered.

The awareness given by Mrs.M.VIMALA District Social Welfare Officer. Mrs.A.Juliya field officer, Mrs.N.Elamathi MWCD coordinator. Totally 150 girls students involve the programme.



The awareness given by Mrs.M.VIMALA District Social Welfare Officer

Voters awareness programme on 09th Nov 2023

Voter's awareness programme on 09th Nov 2023 the theme of "NAM VIRAL NAM KURAL"
.Around 50 volunteers involved and the awareness was created to the public through skit, puppet show, notice issued and Video Show in Vallam Puthur village.



Awareness was created to the public through notice issued

International day of the elimination of violence against women on 25th Nov 2023

Violence against women and girls remains one of the most prevalent and pervasive human rights violations in the world. Globally, an estimated 736 million women — almost one in three — have been subjected to physical and/or sexual intimate partner violence, non-partner sexual violence, or both, at least once in their life.

The solution lies in robust responses, including investment in prevention. However, alarmingly, data on how much nations are committing to counteract violence against women and girls remains glaringly

sparse. For instance, just 5% of government aid is focused on tackling violence against women and girls, and less than 0.2% is directed to its prevention.

We need more investment in women's organizations, better legislation, prosecution of perpetrators, more services for survivors, and training for law enforcement officials.

Our NSS Cell organized Nov25 -2023 campaigns Invest to Prevent Violence against Women & Girls will call on citizens to show how much they care about ending violence against women and girls and call on governments worldwide to share how they are investing in gender-based violence prevention. Join the global movement with the #NoExcuse slogan calling for urgent investments to prevent violence against women and girls. Dig deeper into the campaign's proposals –data, prevention, investments– and join the global movement with the #NoExcuse slogan to eliminate violence against women and girls.



Women's in the society Challenges awareness program on 24th Jan 2024



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Date: 23.01.2024

CIRCULAR

Sub: Guest Lecture on "Women in the Society and Challenges"- reg.,

It is informed that, an Inter-School Guest Lecture is conducted on **24.01.2024 (Wednesday)** at 11:00 am in 'PRIST' Block Seminar Hall - 1 floor, exclusively for the female students, on "**Women in the Society and Challenges**". Deans of all schools are requested to circulate the enclosed brochure to all the female students and staff members and make them to actively participate in the competition.

This programme is conducted as per UGC Communication dated January 10, 2024, under the '**Beti Bachao Beti Padhao (BBBP)**' initiative.


REGISTRAR 23/01/2024
REGISTRAR,
Ponnaiyah Ramajayam Institute of
Science & Technology (PRIST),
(Institution Deemed to be University
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THANJAVUR - 613 403, TAMIL NADU.

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The above Program is committed to measuring its impact and progress through a variety of metrics. These may include changes in community attitudes towards gender equality, increases in the number of women seeking education and professional opportunities, and reductions in gender-based violence rates. Regular evaluations and feedback mechanisms ensure that the program remains responsive to the evolving needs of the communities it serves.

Impact assessments also consider the broader societal changes resulting from the program's initiatives, such as shifts in workplace policies, improvements in legal frameworks, and advancements in women's representation in leadership roles. By systematically measuring impact, the program not only gauges its success but also identifies areas for improvement and opportunities for scaling up its efforts.



Lecturer on Women's in the society Challenges awareness

National voter's day on 25th Jan 2024

PRIST University NSS Units IV & V organized a special Voter's Day oath taking ceremony on behalf of the National Voter's Day on 25th January 2024, at our University Premises. 150 Student's from PRIST School of Business participated in the program and took Voter's Day special Oath. NSS Programme officers of the University Dr.R.Manikandan and Mr.Kannan coordinated the event.



Students took Voter's Day special Oath

Entrepreneurship programme for NSS volunteers on 6th Feb, 2024

Entrepreneurship programme for NSS volunteers on 6th Feb, 2024 at Coir Board of India Thanjavur. It offers a variety of entrepreneurship programs, including the Entrepreneurship Development Programme (EDP) and the Mahila Coir Yojana (MCY):



Entrepreneurship programme for NSS volunteers

Cancer Awareness Programme on 7th Feb, 2024

CANCER AWARENESS CAMP REPORT NSS unit of PRIST organized one day Cancer Awareness Camp in collaboration with MEENAKSHI Hospital, on 07.02.2024. The camp was inaugurated by Dr. ANJUGAM BOOPATHY Gynecologist, Chief Guest of the camp. Dr.Bakrudeen and Dr.Arunkumar delivered a lecture on Cancer Awareness with Power Point presentation. The Chief Guest of the camp delivered a wonderful lecture on Cancer Awareness. She gave detailed information about the cause and consequences of Cancer. NSS Cross volunteers made door to door awareness in village Kuruvadipatty, making people aware of the terrible disease of cancer. Vice- Chancellor Dr. T.V.Christy congratulated the Camp Director Dr. R.Manikandan and all the NSS volunteer on the successful organization of this camp.



Dr. ANJUGAM BOOPATHY Gynecologist inaugurated the event

A one day dengue awareness camp was organized by NSS CELL of our University on 13th February 2024 in association with Primary Health Centre -Vallam, Thanjavur. In this camp gave awareness about the dengue, especially about various stages of Aedes mosquito and growth like a pupa, larvae, worm and insect etc, The camp witnessed the enthusiastic participation of 100 volunteers with the help of 10 members from Primary Health Centre -Vallam. The awareness camp was really conducive to keep the environment free from dengue virus. The camp also disseminated a note of awareness to the volunteers who has undiminished concern for the society.



Awareness given to the public about the dengue

Blood donation camp on 14th Feb, 2024

PRIST University students participated in a Blood Donation camp at our college jointly organized by Thanjavur Medical College Blood Bank on **14th Feb, 2024**; around 70 students from our University

participated in the event and donated their blood for a noble cause. Our Vice Chancellor was commencing the event; the NSS Programme officer coordinated the event.



Volunteers donate the blood

Free Eye camp for School students on 14th Feb, 2024

PRIST NSS Cell Organized Free Eye Treatment to underprivileged School students. Agarwal Eye Hospital -Thanjavur accepted our request of our NSS Unit and deputed a team of doctors in a mobile van into the village. A public announcement was made and door to door communication is given by

volunteers to inform people to avail free health services. The response was excellent and about 150 School students and 100 village people came forward eye screening and about 40 people were identified as suffering with Cataract. The persons were immediately taken to surgeries were done to village people at the cost of free.



Free Eye camp for School students

Meendum Manchapai programe on 15th Feb, 2024

Tamil Nadu Chief Minister MK Stalin launched an environment-friendly initiative called Meendum Manjapai Vizhipunarvu Iyakkam. This awareness campaign on using 'yellow' cloth bag or 'manjapai' is **aimed at encouraging people to return to the use of this eco-friendly bag and discard the plastic bags**. Our PRIST NSS Cell promotes the same and creates the awareness to public.



Encouraging people to return to the use of Manjapai eco-friendly bag

Village survey on 16th Feb, 2024

A large section of India's population lives in rural areas. It was thus pertinent to know the quality of life of the people in the villages, which in turn largely depended on the facilities available to the villages. Our NSS team gathered data at Vallam Puthur village regarding the presence of several infrastructure facilities and the village's unemployables.



NSS team gathered data at Vallam Puthur village

Entrepreneurship programme for under privileged village people on 19th Feb, 2024

Entrepreneurship programme for under privileged village people on 19Th Feb, 2024 at Coir Board of India Thanjavur.

The Coir Board offers a variety of entrepreneurship programs to support the coir industry, including:

Entrepreneurship Development Programme (EDP)

Our PRIST NSS CELL Organize a one day program for village people belongs to Munnayampatti that covers a range of topics and includes field visits to coir processing units. The program is conducted by professional agencies and is designed to help entrepreneurs run their coir units more effectively.



Entrepreneurship programme for under privileged village people

Free Medical camp for School students on 20th Feb, 2024

Health Camp was organized at Government school Vallam by NSS Cell PRIST along with Meenakshi Hospital Thanjavur.. During the Program General Health Check-up the following was carried out by the students under the guidance of faculty:-

- BP Monitoring
- Random Blood Sugar
- Haemoglobin estimation
- BMI Checking
- Mobile Exhibition with propaganda
- Pamphlet distribution
- Mass Awareness Program

The program was much appreciated by everyone who witnessed the event and it was effective, doubts raised by the public were cleared. We got feedback from the public that the programme was good and more informative and created awareness.



Free Medical camp for School students

Free Dental camp for School students on 23rd Feb, 2024

The NSS Wing (Unit IV and V) of PRIST University along with PHC Dental Centre Vallam, organized a special Dental Camp for the students and staff members of Government school vallam. A Complete dental care advice is given to the 135 students and Oral care products were given free of cost to the students. Dr. R.Manikandan, NSS Coordinator of PRIST University and NSS Programme officers of the University Dr.T.Veeramani and Mr.S.Kannan coordinated the event.



Dental care advice and Oral care products were given free of cost to the students.

Free coaching for under privileged school students on 23rd Feb, 2024

With the National Eligibility-cum-Entrance Test (NEET) around the corner, the PRIST NSS Cell Organize free coaching classes for government and aided school students for our adopted villages.

The classes, which begin at 9.15 a.m. and end at 4.30 p.m., are conducted by government and aided school teachers. Every subject is taught for one-and-a-half hours, and students also take up a mock test, which is held on Saturdays, to familiarise themselves with NEET's pattern. Earlier, the department had sent out a direction in November to begin NEET coaching after school hours, with tests and extra classes on weekends.



Voters awareness programme on 13th Mar, 2024

"We, the citizens of India, having abiding faith in democracy, hereby pledge to uphold the democratic traditions of our country and the dignity of free, fair, and peaceful elections, and to vote in every election fearlessly and without being influenced by considerations of religion, race, caste, community, language, or any inducement," the PRIST NSS volunteers and staff pledged.

The pupils will understand our nation's political system and constitution. In order for them to exercise their right to vote in a free and fair way, students will learn the significance of free and fair elections in our democratic system.



PRIST NSS volunteers and staff taken pledged

General Health Camp for under privileged village people on 25th Mar, 2024

National Service Scheme PRIST Deemed to be University, Thanjavur conducted General health camp on 25.03.2024 .The objective of conducting the health camp was to create awareness of general health among the people, provide general health care services and counseling them on basic healthcare and hygiene. The people were from different age groups & had problems like diabetes, low BP, hypertension, hypotension, obesity .The elder people were suffering from knee, back and neck pain, and other types of musculoskeletal problems. Most of the female population was overweight and obese.



Health inspection